

Booster Juice (Alan Haas, Owner)

Healthy and active has always been important to Alan Haas and his family. As the owners of Georgetown's new Booster Juice location at 210 Guelph Street, We provide our customers with freshly prepared, high-quality Smoothies and Food items that complements fast pace and energetic schedules with nutritional healthy products.

We at Booster Juice are all dedicated to providing our customers with a Premium Smoothie experience – enjoying a first-class product that is freshly prepared and presented in a lively, upbeat environment and delivered with service that is "Outrageously Great"! This is the Booster Juice Experience!

Booster Juice's products are made from 100 per cent pure juice and fresh fruits with no added sugars. Even more incredible, most of our Smoothie have over four servings of fruit... or as much as experts recommend for the entire day! Our products, from the fruit we use to the herbal Boosters, are a "clean energy" for your body, providing long-lasting, sustained energy.

In addition to our tasty Smoothies, Booster Juice also sells a nice selection of grilled sandwiches - including paninis, quesadillas and vegetarian wraps - as well as eight freshly squeezed juices.

Booster Juice encourages health living in our community through their sponsorships of local organizations like the Junior A Raiders, the Georgetown Skating Club, the Bantam Twisters, the Soccer Mustangs and the Halton Hills Blue Fins Swim Team.

"We look forward to seeing you in our shop."



210 Guelph Street, Georgetown 905-908-2161



JIM VU

Brilliant Gold Jewellery

To Jim Vu, his customers are as good as gold. Jim is the owner of Brilliant Gold Jewellery, a jewelry shop located in the Georgetown Market Place.

The store sells and repairs all types jewelry. Jim and the Brilliant Gold staff also do special orders for rare stones, such as natural pink diamonds, and work with clients to design and make custom jewelry.

Since opening Brilliant Gold Jewellery 23 years ago, Jim has seen a lot of changes. He has watched families grow and has seen children grow up and start families of their own. He has also seen changes in jewelry trends. Today, the younger generation looks for larger diamonds than previous generations did. While people were happy with half- or three-quarter-karat diamonds in the past, today's shoppers want one karat or more. Recent years have also seen a rise in the popularity of white gold.

What hasn't changed, Jim says, is the types of stones that people want. Diamonds are still the most popular, followed by sapphires.

Another thing that has remained the same is Brilliant Gold Jewellery's commitment to its customers.

"We keep a high quality of items that our customers deserve," Jim says. "Halton Hills is a good place for our business because the people appreciate the quality of our items."



Brilliant Gold Jewellery
280 Guelph St. Georgetown,
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Tel: 905-873-6662

Eramosa Physiotherapy Associates

A sports-related injury proved to be life changing for Meryl Da Costa. "I used to play rep soccer and I got injured," she says. "I had a really good physiotherapist who got me interested in the field."

Today, Meryl is a physiotherapist and the clinical manager of Eramosa Physiotherapy Associates' Acton and Georgetown locations. The local clinics are home to three physiotherapists and two massage therapists, and are affiliated with the University of Guelph Health and Performance Centre, giving them access to the centre's nutritionists, sports psychologists and sports medicine doctors.

Founded in Guelph, 15 years ago, Eramosa opened a clinic in Acton 10 years ago and in Georgetown six years ago. The team specializes in four key joints - back, neck, shoulders and knees - and can help with any type of complaint, from sports-related injuries to persistent pain.

Because physiotherapy is an ever-evolving field, Eramosa's physiotherapists are constantly attending courses and keeping up-to-date on the latest research and studies. In fact, the evolution of treatment is one of the aspects that Meryl enjoys most about her job.

"Physiotherapy is an evolving field with lots of areas of practise," says Meryl, who has been a physiotherapist for 14 years and with Eramosa for three. "It always changes, treatments evolve and there's always something interesting and new."



372 Queen Street, Acton
519-853-9292

333 Mountainview Rd. S., G'town
905-873-3103

MERYL DA COSTA



NICOLE MEIER, B.Sc., N.D.
Doctor of Naturopathic Medicine

Cornerstone Health Centre

"I treat causes, not conditions," says Nicole Meier, Doctor of Naturopathic Medicine and owner of Cornerstone Health Centre in Georgetown. "What a naturopathic doctor understands is that symptoms are telling a story about your body. You don't have eczema because you need cortisone cream. You have eczema because your body is trying to tell you it is inflamed."

Naturopathic doctors treat all chronic health concerns, including eczema, high cholesterol, headaches, hormonal issues, seasonal allergies and some really common complaints like fatigue and insomnia. Dr. Meier offers a variety of services and treatments, including nutritional counseling, acupuncture, traditional Chinese medicine and homeopathy.

"When someone comes to see me, I consider their whole health history. Nothing is insignificant. There is a reason that my initial appointments are 75 minutes long," Dr. Meier says.

After practicing in Georgetown for seven years, Dr. Meier opened Cornerstone Health Centre in 2009. Located in the downtown area, this eco-health centre was created with the intent of treating all aspects of health, from the physical body to the emotional and spiritual essence.

Cornerstone offers an exceptional team of health care providers including an Osteopath (Cand.), a Registered Massage Therapist, two certified Counselors and an Energy Medicine practitioner. In addition, Cornerstone offers a medical grade far-infrared sauna and the very popular food sensitivity testing - all in one healthy and co-operative location.



6 Guelph St., Georgetown
(across from St. John's United Church)
905-702-1944

info@cornerstonehealth.ca www.cornerstonehealth.ca

Marc Bezaire (The Club at North Halton)

Marc Bezaire first started working at a Windsor-area golf club when he was a teenager, he wasn't even a fan of the game. Fast-forward 20 years later: Marc is the Head Golf Professional at The Club at North Halton.

"I started to love the sport," he says. "I loved getting up in the morning to go to the club and have fun. And my parents loved it because they knew where I was from six in the morning until eight at night."

After 14 years in Windsor, Marc and his wife moved to Georgetown where he got a job as an Associate Pro at The Club at North Halton, a championship golf course that has been a hub of local golf activity since it opened in 1954. As the Associate Golf Pro, Marc ran the club's successful junior program, which has produced some excellent young golfers over the years, including five young golfers who are currently on golf scholarships in the United States. The upcoming season will be Marc's first as Head Pro at the prestigious golf course.

"I love the interaction with the members and creating long-term relationships with them," Marc says. "When I started here, I didn't know anybody. Within a year, I had 500 new friends."



363 Maple Ave. W.,
Georgetown
905-877-5236

www.northhaltongolf.com

MARC BEZAIRE



VINCE RUSO

Vince Ruso, Red Lemon

Red Lemon like you have never seen before! The hair salon will soon be undergoing a major transformation and the end result is sure to amaze. "The renovation is a natural part of our growth," says salon owner Vince Ruso, who opened Red Lemon in 2006. "We want to create a very comfortable environment for our team members and their clients." Growth and education are integral parts of Red Lemon's philosophy. The salon's stylists attend trade shows and education seminars across the continent in order to keep up-to-date on the latest styles, products and techniques. Vince even opened a second salon - Fringe by Red Lemon - so young stylists could have a friendly and highly energetic salon in which to hone their skills. "We like to grow and enrich our stylist's lives," Vince says. "Only then can the team and the salons reach their fullest potential."



905.702.9982

redlemon.ca