



The "Sproutman"

Turn Your Kitchen into A "Farmacy"

Discover the Healing Medicines in Micro Greens & Baby Greens

What you put into your body every day has more of an impact on your health than anything else. But some foods have more healing power than others! Discover how a diet rich in micro-greens and baby vegetables contain a juggernaut of concentrated phyto-chemicals that can prevent and reverse disease.

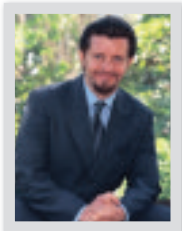
"Sproutman" Steve Meyerowitz is one of the world's leading proponents of sprouting, juicing, fasting, wheatgrass, indoor gardening, raw foods and pure water.

Dr. Brian Clement

Dealing With Disease and Cancer... Achieving Vital Health

You Will Discover The Secrets To:

- Rejuvenate Your Body & Mind
- Dealing With Cancer, Disease and Life-Threatening Illness
- Pain & Fibromyalgia, Headaches & Migraine
- Forgetfulness & Irritability, Insomnia & Fatigue
- Increase Energy, Strength and Endurance
- Healing Yourself Naturally for Vibrant Health



Guest Speaker
Dr. Brian Clement
Director of the World Famous Hippocrates Health Institute and Leading Author of Living Foods for Optimum Health



2 FANTASTIC SPEAKERS

Thursday, April 19, 2012

Guest Speakers (6 pm - 10 pm)

Croatian Centre • 9118 Winston Churchill Blvd, Norval, Ontario (10 mins North of the 401)

FREE Donations will be accepted at the door!
For more info visit www.walkthiswayorg.ca

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Kenzie MacDermid, Mortgage Agent
FSCO #M08001440

Directly representing more than 30 banks to serve our clients better and save them money. Why work with one bank when you can access them all?

Renew or Refinance NOW & SAVE!
Mortgage rates are on the rise.

Consider a...

Current situation	Balance	Payment
Mortgage (@ 5.25%)	\$ 160,000	\$ 953
Car Loan	\$ 18,000	\$ 540
Credit Cards/PLC	\$ 15,000	\$ 450
Penalty to break mortgage	\$ 3,000	\$ 0
Total	\$ 196,000	\$ 1,943

Now consider a...

New Mortgage	Balance	Payment
Mortgage (@ 3.09%*)	\$ 196,000	\$ 926.56
Car Loan	Paid off	-
Credit Cards/PLC	Paid off	-
Penalty to break mortgage	Paid off	-
Total	\$ 196,000	\$ 926.56

*Rate subject to change. OAC. Payments based on 25-year amortization

That's a monthly savings of \$1025.44!

2012 Readers Choice Award Winner!



To find out how you can save on interest and improve your cash flow, call:

The MacDermid Group Mortgage Professionals

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