



IN FOCUS

Acton • Georgetown •
Glen Williams • Norval •
Limehouse • Stewarttown
• Ballinafad • Hornby

LETTER FROM IN FOCUS



This is my dog, Molly. She is a Golden Retriever and, next month, she will be celebrating her 11th birthday. That's pretty old in dog years.

But when it comes to this particular dog, age doesn't necessarily bring wisdom. Just last month, my old, semi-arthritic dog jumped up on the kitchen counter, reached back into the deep, dark recesses and pulled a paper plate containing my brother's leftover birthday cake to the edge. She then proceeded to knock the cake onto the ground, leaving the plate on the counter, and devour the remaining orange pop-flavoured cake.

That alone wouldn't really be such a big deal. When she was a puppy, she ate half of a cake mere hours before my youngest brother's birthday party. But a few things were different this time: 1) She is much, much older and should know better. 2) The cake was pushed waaaay back on the counter where she (theoretically) shouldn't have been able to reach it. And 3) she decided to pair the cake with a side of candle, eating the big 4 candle that was stuck in the top of the cake...but not the 2 candle that was beside it. I guess a moderate serving of dyed wax really brings out the subtle flavour of orange pop cake.

So when they say you can't teach an old dog new tricks, they're probably right: old dogs seem to think them up all on their own.

But that's enough about my sugared-up dog. Let's get to the matter at hand: this jam-packed edition of *In Focus*. In these pages, you will find dozens of photos from around town, including the first ever Acton Winter Carnival, the Halton Hills Chamber of Commerce's Taste of the Chamber and much, much more. So sit back, relax and catch up on what your friends, family and neighbours have been up to this month.

Happy March!

Andrea Lefebvre
ALefebvre@theifp.ca

SLEEP APNEA?



Sleep apnea affects over 1 person in 15, it's more prevalent in men and 90% of those affected may be going undiagnosed and untreated. Chronic sleep apnea is a serious condition that not only robs people of rest, it can be detrimental to your health. The dangers of sleep apnea can be reduced through therapy and that's where Young's can help. Our short questionnaire will quickly determine if you're at risk. If you are, call your doctor. We'll also show you the effective usage and care of the latest equipment and make sure you get the full benefits of your therapy. If you think you have sleep apnea, don't delay, call your doctor or Young's today.

Guardian

YOUNG'S
Pharmacy & Homecare



...another reason to make our pharmacy your pharmacy!

47 Main Street In Downtown Georgetown Phone: (905) 877-2711
www.youngspharmacy.com

Valentine Chocolate Sale



Kathy Bowman, Susan Ferenczy and Eva Murdock keep things running smoothly in the boardroom.



Anna-Marie Dennis (left) and Iona Lodd drum up some business in the lobby.

Valentine's Day came early to the Georgetown Hospital when the hospital's volunteers hosted their annual Valentine Chocolate Sale on February 7. Patients, visitors and staff had an array of sweet treats to choose from, including candy kabobs, peanut butter cups, candy pizzas and all types of tasty chocolate. Proceeds from the sale were donated to the hospital. Thank you, volunteers!
Photos by Andrea Lefebvre

You could see your photo here! Email your favourite picture to **ALefebvre@theifp.ca** or drop it off at the Independent & Free Press office

March 2012
VOLUME 6 ISSUE 3

IN FOCUS is published 12 times per year by the The Independent & Free Press, a division of Metroland Media Group Ltd.

The Independent & Free Press
280 Guelph Street, Unit 29
Georgetown, Ontario, L7G 4B1
Telephone: 905-873-0301
Fax: 905-873-0398
www.theifp.ca

Publisher
Ken Nugent

Special Features Co-ordinator
Andrea Lefebvre
905-873-0301, ext. 236
ALefebvre@theifp.ca

Advertising Sales Representatives
Cindi Campbell
Felicia Fasulo
Jennifer Spencer
Amy Sykes
Natasha Vuksic

Design/Production
Dolores Black, Mary Lou Foreman,
Shelli Harrison, Kevin Powell

The contents are protected by copyright and may be used only for personal non-commercial purposes. All other rights are reserved and commercial use is prohibited. To make any use of this material you must first obtain the permission of the owner of the copyright. For further information contact the Independent & Free Press at 905-873-0301.

The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertising beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise, and beyond the amount paid for such advertisement.

GENERAL NOTICE: Copyright in letters and other material submitted to the Publisher and accepted for publication remains with the author, but the Publisher and its licenses may freely reproduce them in print, electronic or other forms of publications.

IN FOCUS IS A PRODUCT OF
**THE INDEPENDENT
& FREE PRESS**