

Young's
Pharmacy & Homecare

- Experienced Pharmacy
- Home Health Care
- "Know Risk" Health Services
- Renaissance Woman Boutique
- Post Office
- Cosmetics
- Gift Area



Meet our Pharmacy Professionals

Main Store and Dispensary 905-877-2711
Home Health Care 905-873-4021
Post Office 905-873-7798

Guide to caring for aging parents

BAYNES PHYSIOTHERAPY
GEORGETOWN

256 Main Street South
905-873-4964

- * Arthritis
- * Car Accident Injuries
- * Sports Injuries

Baynes for your pains.

Your parents want to stay in the place they call home. We can help.

Services include:

- Meal Preparation
- Respite Care
- Light Housekeeping
- Palliative Care
- Medication Reminders
- Shopping & Errands
- Alzheimer's / Dementia Care
- Incidental Transportation

Call for a free, no-obligation appointment
905.463.0860

- Special Discounts to Halton Hills Chamber & CARP Members
- Coverage for Veterans under the VIP Program

Home Instead
SENIOR CARE

To us, it's personal.

www.homeinstead.com/3019

Bennett Health Care Centre

"Long term care that feels like home".

For a tour please call Robyn
905-873-0115, ext. 8512

1 Princess Anne Drive, Georgetown L7G 2B8
www.bennetthealthcarecentre.ca

- 1 Talk to your parents about their fears, needs, priorities, and wishes as they get older.
- 2 Have the name and phone number of your parents' doctor, lawyer, pharmacist, hair dresser, grocery store, cab service, and seniors' transportation service in case you should need to call them.
- 3 Make a few calls to find out about seniors' services in your parents' community, such as meal delivery services, home-maker programs, adult daycare, in-home healthcare, meal companion services, pet therapy programs, etc.
- 4 If you live far away, make sure that you have the name of a neighbour, friend, or volunteer who can check in on your parents if there's trouble.
- 5 Make sure their home is safe. Install smoke detectors that work, install anti-scald devices, fall-proof the house, and make sure there is adequate lighting.
- 6 Post important phone numbers, including emergency numbers, where they can easily see them.
- 7 Purchase a medical alert system so that your parents can push a button for help from anywhere in the house.
- 8 Make their home user-friendly. Use lever-style faucets and cabinet handles, raise toilet seats, install handrails and grab bars, and so on.
- 9 Visit seniors' housing facilities so you know what's out there, and if necessary, put your parents on waiting lists.

- 10 Make sure your parents have a will and power of attorney that is up to date in order to avoid any future problems.
- 11 Call them every day or two just to say hello and to see if everything's alright. If you can't do this, have family, friends, or volunteers alternate calls or visits.
- 12 Encourage them to stay active. Look into bowling leagues, bingo nights, book clubs for seniors, dance lessons for the elderly, travel tours, seniors' associations, etc. They will thank you for it.
- 13 If you feel that your parents' driving skills have become questionable, perhaps it's time to make some changes. Start by elevating their pedals, raising their seat, and installing larger mirrors. Have their eyesight checked by an ophthalmologist and talk to their pharmacist and doctor about their prescriptions to see if their medication could be affecting their driving skills. Look into seniors' driving safety courses.

Denise Dilbey
Broker

ROYAL LEPAGE
Meadowdale Realty, Brokerage
Independently Owned and Operated

416-919-9802
905-877-8262
519-853-8467
Toll Free: 1-866-865-8262
www.ddilbey.com

Committed to providing you with exceptional professional services

- Proven sales success in marketing Residential, Farm, Commercial & Country properties.
- 20 years of marketing & sales performance.
- Seniors Real Estate Specialist – Dedicated to adults 50+ & their families.

"Moving Beyond Expectations"

Proudly Serving

Acton • Brampton • Caledon • Erin • Halton Hills • Hillsburgh • Georgetown
Guelph • Eramosa • Milton • Mississauga • Orangeville • Rockwood & Surrounding Areas

Mississauga's Newest Rental Retirement Community

Book your tour today! Ask about our move-in incentives!

5575 Bonnie Street, Mississauga, ON

Call 905.566.4500
or visit vivalife.ca to book your tour!

VIVA Retirement Communities
MISSISSAUGA

At The Georgetown Hearing Clinic, we are committed to your individual hearing needs. Find out how we can help.

The GEORGETOWN HEARING CLINIC 905-873-6642
99 Sinclair Avenue, Suite 210

Cory Soal
Hearing Inst. Practitioner

- On-Site Audiologist • Repairs
- Hearing Tests • Batteries
- Home Service Available
- Affordable Pricing • Custom Made Musician, Industrial & Swim Plugs
- Hearing Aid Prescriptions and Fittings
- ADP, WSIB, DVA Authorised Dispensary

Serving the community of Halton Hills and surrounding areas since 1992

HALTON HILLS SENIORS RECREATION CENTRES

415 Queen Street, East Acton ON L7J 2N2 519-853-5951

#9-318 Guelph Street Georgetown ON L7G 4B5 905-877-6444

Enjoy life in good company

Family OPTICAL
Serving the community for over 22 years

Professional Eye Exams Arranged

- Eyeglasses •
- Sunglasses •
- Contact Lenses •

GEORGETOWN 905-873-3050
BOLTON 905-857-5556
www.familyoptical.ca

Quality & Vision In Sight

Georgetown BOWL

Senior Leagues Daily

Keep fit, Bowl a bit!

905-877-9922

ACTON HOME HARDWARE

Making Your Home Safe

519-853-1730
www.homehardware.ca

Salon 51

Full Hair Care

Pleasant and Friendly Environment
New Clients Always Welcome

51 Main Street
Downtown Georgetown
905-877-6761