

Nail Care

- * Acrylic Nails
- * Natural Manicures
- * OPI Products
- * 25 Years of Experience



Studio 97

hair salon

NEW CLIENT SPECIAL

Wash, Cut & Style

plus Any Nail Service

\$45⁰⁰

for both!
(a \$90 value)

• New Clients Only,
Limit One Coupon Per Client
Expires April 30th, 2012
Taxes, gratuities extra.



by **Sherry**

Hair Care

- * Men's, Womens & Children Cuts
- * Colour, Highlights
- * Updos, Bridal Hair



by **Ally**

10 Mountainview Rd. S., Georgetown (at Guelph St.)

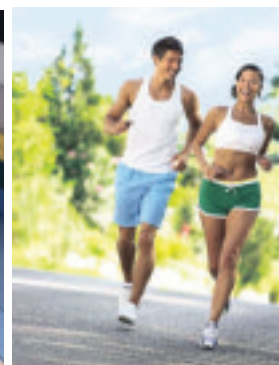
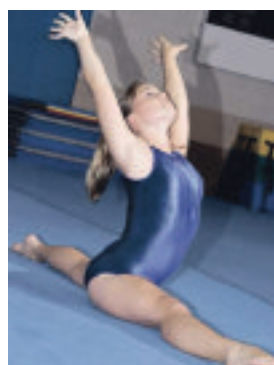
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ACTIVE HEALTH & PERFORMANCE REHAB

Exercise therapy for peak fitness and athletic performance

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- Instruction by Certified Kinesiologists
- Advanced Endurance Training
- Active injury rehabilitation
- Metabolic Based Weight Loss
- Biomechanical assessments
- Sport-specific training
- VO2 max testing
- Customized programs for gym-goers



We identify your weakest links and then create the perfect program to help you move with precision, reduce injury and achieve optimal health, fitness and performance.

Inquire about our customized GREAT GOLFER and MARATHON RUNNER PREP PROGRAMS for spring!

Call **905.877.3181 / 416.358.8602** or Email **activehealth@bell.net**

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