

**ALMEIDA, Hermano**

Peacefully, in the presence of his family, on Thursday January 26th, 2012 at his home in Georgetown. Hermano, in his 80th year, beloved husband of Deodata for 50 years. Loving father of Olga and her husband Joe Pacheco and Berta and her husband Geoff Riddle. Cherished vavo of Nicole and Megan. Dear brother of Jose, Lurdes, Luis and Maria DoCarmo. Predeceased by his brothers John, Miguel, Manuel and Guilherme and by his sister Escolastica. Friends were received at the J.S. Jones & Son Funeral Home, 11582 Trafalgar Road, north of Maple Avenue, Georgetown, 905-877-3631 on Sunday from 2-4 and 7-9 pm. Funeral Mass was held at Holy Cross Catholic Church, 14400 Argyll Road, Georgetown on Monday January 30th, 2012 at 10:00 am. Interment Greenwood Cemetery. In memory contributions to the Heart and Stroke Foundation would be appreciated. To send expressions of sympathy visit [www.jsjonesandsonfuneralhome.com](http://www.jsjonesandsonfuneralhome.com)

**FORD, Robert John (Bob)**

Passed away peacefully on Monday January 23rd, 2012 at Bethell House Hospice in Inglewood, Ontario at age 52 after a courageous battle with cancer. Loving son of Albert and Hazel (predeceased), brother of Linda (predeceased), David and Ken and long time companion to Caroline. Bob will be deeply missed by his family, close friends and colleagues. Friends will be received at the J.S. Jones & Son Funeral Home, 11582 Trafalgar Road, north of Maple Avenue, Georgetown, on Saturday February 4th from 1-2 followed by a memorial service in the chapel at 2:00 pm. As an expression of sympathy and in lieu of flowers, the family requests donations to Bethell House Hospice in gratitude of the loving care provided by the wonderful medical staff and volunteers. To send expressions of sympathy visit [www.jsjonesandsonfuneralhome.com](http://www.jsjonesandsonfuneralhome.com)

**GOULET, Henry**

Peacefully, on Monday January 30th, 2012, at Bethell House, Inglewood. Henry, in his 65th year, loved brother of Rudy Gagne, Glen Gagne, Kent Gagne, Claude Goulet and Marie Anne Roy. Predeceased by his parents Joseph and Alice Goulet; brothers Carl, Larry and Neil Gagne. Fondly remembered by his many nieces, nephews, great-nieces and nephews. Friends will be received at the J.S. Jones & Son Funeral Home, 11582 Trafalgar Road, north of Maple Avenue, Georgetown 905-877-3631 on Sunday February 5th from 2-4 and 7-9 pm. Memorial service will be held in the chapel on Monday February 6th, 2012 at 11:00 am. Cremation has taken place. In memory contributions to the Bethell Hospice Foundation would be appreciated. To send expressions of sympathy visit [www.jsjonesandsonfuneralhome.com](http://www.jsjonesandsonfuneralhome.com)

**IN MEMORIAM****BROWN**

In loving memory of our dear parents.  
Doris Brown, December 29th, 1996  
and Ted Brown, February 1st, 2003

Years go by  
Memories stay  
As near and dear as yesterday.

Lovingly remembered by,  
Betty Anne, Mary Lou, Ted and families

**SMITH, Allan (Smitty)**

January 19th, 2006

You're a very special Dad, one nobody else had except us. We miss your laugh and your comfort. We know that you're up there with your Mother, Cora and your son, Douglas watching over us.

Missed very much.

Love, Tammie, Gary and family

**Linda Joy Kost**

May 23rd, 1952 - January 31st, 2004

Her loving face I hope to see again,  
Though the days have passed away;  
Sleep on, dear wife, and take your rest,  
They miss you most who loved you best.

Love always, Whitey

**KIRK, William (Bill)** - In loving memory of a dear father and grandpa who passed away February 2nd, 1993.

Sadly missed.

Aaron, Christopher and Gary

# Program aimed to get Halton smokers to STOP

Smokers in Halton will once again have the chance to join others from across Ontario to enrol in the Smoking Treatment for Ontario Patients (STOP) Program and receive nicotine replacement therapy (NRT) free of charge to help them kick the habit.

"With the new year here, Halton Region is working to help smokers keep their resolutions and quit smoking," Halton Regional Chair Gary Carr said in a press release.

"By working with the Centre for Addiction and Mental Health to implement the STOP Program in Halton, we can help prevent chronic disease in our community."

The cost of nicotine replacement products can be a barrier to quitting for many smokers. The evidence-based STOP Program provides five weeks of free NRT.

NRT is a practical support for alleviation of nicotine withdrawal symptoms and has been demonstrated to be effective in helping individuals stop smoking, stated the release.

Anyone interested in participating in the program can attend an upcoming STOP workshop Thursday, Feb. 9. Workshops will be held in Oakville and Georgetown.

For more information or to see if you are eligible to participate and register for a workshop, call the Halton Region Health Department by dialing 311 or calling (905) 825-6000, toll-free 1-866-442-5866, or TTY 905-827-9833.

The STOP Program is conducted by the Centre for Addiction and Mental Health (CAMH), Canada's leading addiction and mental health teaching hospital, and is funded by the Ministry of Health and Long-Term Care as part of its Smoke-Free Ontario Strategy.

"To date, results from previous STOP

Program participants have shown an improvement of at least two times the typical quit rates," Dr. Bob Nosal, the region's medical officer of health, said in the release.

"Tobacco is a major cause or contributor to the five top causes of death in Halton Region and proven smoking cessation programs like STOP can help smokers lead healthier lives."

Besides providing NRT, STOP will offer educational material to encourage program participants to make broader changes to improve their health. Often, smoking does not occur in isolation, but rather accompanies other risk factors for disease, such as poor nutrition and lack of physical activity.

Introduced in 2005, through a partnership between CAMH and the Ministry of Health Promotion and Sport (now the Ministry of Health and Long-Term Care), the STOP Program has already provided free-of-charge nicotine replacement therapy and counselling support to an unprecedented 68,000 people from across Ontario.



**GARY  
CARR**

## Smooth tunes and an order of fries

Visitors to the McDonald's Restaurant on Guelph St. in Georgetown were recently treated to a performance by The Jamie Ruben Jazz Trio as part of the McCafe Music Tour. The Tour visited numerous McDonald's restaurants across the province.

Photo by Eamonn Maher



## A Worthy donation to Salvation Army



The Order of the Eastern Star recently presented a cheque for \$1,150 to The Salvation Army to be used in the Georgetown area to assist local families in need. On hand for the presentation, from left (centre) were Worthy Patron Mike Borgal, Major Darrell Jackson of the Georgetown Salvation Army and Worthy Matron Lillian Borgal. The trio were surrounded by members and visitors of Peace Rose Chapter #315, Order of the Eastern Star. When a new Worthy Matron (which is like the president of the group) is installed for the year, she chooses a charity and runs a series of draws during her term. All of the proceeds from these draws go to her chosen charity, known as The Worthy Matron's Project. Submitted photo