

Serves 10

**Ingredients**

- 2 tbsp butter
- 4 shallots, sliced
- 1/2 Spanish onion, diced
- 8 cups chicken or vegetable stock
- 5 small russet potatoes, peeled and chopped
- 1 box baby spinach (11oz)
- 1/2 tsp grated nutmeg
- 1/2 cup cream (5%, 10%, 18% or 35% —optional)
- salt and pepper to taste

**Method**

1. Melt butter in a large pot. Add shallots and onion, sauté until translucent, but not browned.
2. Add stock and potatoes. Simmer 20 minutes.
3. Add spinach and nutmeg. Simmer 10 minutes.
4. Let soup cool slightly, then puree till smooth with an immersion blender.
5. Add cream. Salt and pepper to taste.

Cook's note: if you are using, 5%, 10%, 18% cream in the soup, do not heat the soup to boiling after adding, or the cream will split. If you wish to reheat to boiling, use 35% cream and you will not have this problem. Also note, the cream is optional, you can choose to leave it out.



**What's Cookin': An introduction to dim sum eating**

**Lori Gysel & Gerry Kentner**



winners. Each dim sum plate has only one food item on it, but there may be 2-4 pieces of the same item. You can order a la carte as well, even if the restaurant is serving with the cart format.

If you choose one of the cart-style dim sum restaurants, you must go when they are very busy, so that the carts are continuously loaded with fresh hot food. Nothing worse than cold, congealing dumplings!

In case you decide to go on your own, and you're not sure what to order, here are a few of my favourites, that I highly recommend:

Ha gauu (pronounced har gow) — this is a delicate shrimp dumpling in a translucent wrapper, served steamed.

Char siu baau (pronounced chess sue bow) — fantastic fluffly white bun

filled with steaming barbeque pork in a sweet sauce. My absolute favorite!

Shaomai (pronounced shu my) — wonton wrappers jam packed with flavourful pork and shrimp then steamed. Often topped with crab roe.

Lo mai gai (have no idea how to pronounce it, I only know what it looks like) — this is sticky rice with some meat tidbits wrapped in a lotus leaf and steamed. You'll recognize the green lotus leaf package when you see it. You do not eat the leaf and the rice inside is rich, don't order too much!

Those are four of the most popular ones, so you shouldn't have trouble finding them at any dim sum restaurants. By the way, we eat dim sum exclusively in Toronto. Although we've tried a couple in Mississauga before, nobody does it like Chinatown in my opinion (although I've never tried north or east, so who knows!).

Have fun and keep cooking!

Send questions and comments to Lori and Gerry at [whatscooking@theifp.ca](mailto:whatscooking@theifp.ca)

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**Happy 90<sup>th</sup> Birthday**

**Ed Tellier**



With Love

From All of Your Family

Please join us at an OPEN HOUSE  
Sunday, January 15th, 2012  
At Gellert Community Centre

10241-8th Line, Georgetown  
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From 2-4 pm

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**Best Buy CORRECTION NOTICE**

Please be advised that the DVD version of The Tempest (WebCode: 2191542) advertised on the January 6 flyer, page 9, is no longer available for purchase as this format has been cancelled. The title will only be available as a Blu-ray Combo, which customers can still purchase as advertised.  
We sincerely apologize for any inconvenience this may have caused our valued customers.

**FUTURE SHOP CORRECTION NOTICE**

Please note that the incorrect savings claim was advertised for the KitchenAid 6.7 Cu. Ft. Stainless Steel Double-Oven Range (WebID: 10169198) found on page 17 of the January 6 flyer. The correct price for this range is \$1699.99 save \$350, NOT save \$700, as previously advertised.  
We sincerely apologize for any inconvenience this may have caused our valued customers.



**HALTON HILLS**  
Working Together Working for You!

**NOTICE OF MEETING**

**2012 BUDGET MEETING (Operating)**

Budget Committee will be commencing Operating Budget deliberations on Monday, January 16, 2012, at 6:00 p.m.

Please note all delegations for Operating matters will be heard on Monday, January 16, 2012. Accordingly, if you wish to address Budget Committee, please register by 12 noon on Friday, January 13, 2012 with Corporate Services - Clerk's Division at (905) 873-2601, ext. 2333. 4

1 Halton Hills Dr.,  
Halton Hills, ON L7G 5G2  
Tel.: 905-873-2600  
Fax: 905-873-2347

YOU ARE INVITED TO AN OPEN HOUSE TO JOIN IN THE CELEBRATION OF



**JOYCE HARDMAN'S 80TH BIRTHDAY!!**

Saturday January 14th, 2012  
between the hours of 1:00 pm and 5:00 pm  
at  
32 Churchill Crescent  
Georgetown, Ontario  
L7G 2N1

RSVP  
Patti Styles 905-331-7834  
email [styles@cogeco.ca](mailto:styles@cogeco.ca)



You are cordially invited to help us celebrate

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