

Ask the Professionals

Black Friday - Halton Hills Thursday, November 24, 2011

ROSS *Bounce Back*
Ross Physiotherapy Solutions



Gerry Ross
H.B.Sc. PT, MCPA,
res. CAMT

905-873-7677

318 Guelph St.,
Georgetown

Q: Can I trust the internet for health information?

A: Yes and no. You must be sure that the information comes from a reliable source. Our clinic's website www.rossphysio.com has a clinical library with hundreds of great articles on muscles and bones, how they work and what can go wrong. These articles are written by registered physiotherapists (including yours truly) with the scientific references are noted in each article. There is a body map and a folder system so you can find what you are interested in quickly. You can also choose to be automatically notified when a new article is added to that particular section of the site. We see people every day who experience relief from pain that thought that they had to live with. We hope that our site and our work in Georgetown will help to manage unnecessary pain and disability.



Diana Coryn
Sales Representative

905-609-4613

dcoryn@amjcampbell.com
www.amjcampbell.com



Diana Coryn

Q: We are moving ourselves in the next month, where is the best place to get boxes?

A: It is very important when either moving yourself or with a professional moving company to ensure you are using good quality new boxes. This will secure your goods and you know that there has been nothing spilled in the boxes previously that may attract pests. AMJ Campbell has an online store www.amjboxes.com where you can order all of your packing supplies from your home and they will be delivered to your door within 3 - 5 business days. So whether you are moving with AMJ or not, check out our new on line store for all your packing material requirements and enter Promo Code HO15 for a 15% discount!

"We make our world significant by the courage of our questions and the depth of our answers."

~Carl Sagan

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ANY QUESTIONS

ABOUT THIS NEW SPECIAL

FEATURE CAN BE DIRECTED TO:

AMY SYKES

905-873-0301 EXT. 237

ASYKES@THEIFP.CA



Get the Scoop Ice Cream officially opens

The Turner kids all dressed the part for the official opening of Get the Scoop Ice Cream 28 Main St. S. and the Masquerade on Main. Here 14-year-old James as Austin Powers, six-year-old Nathan is a Ninja, 11-year-old Emily as Betty Boop and five-year-old Tristan as Michael Jackson, while mom Cathy Turner, owner, accepts a commemorative plaque from Mayor Rick Bonnette.

Photo by Jon Borgstrom

The Georgetown Choral Society
presents

40 YEARS - A Glorious Candlelight Christmas

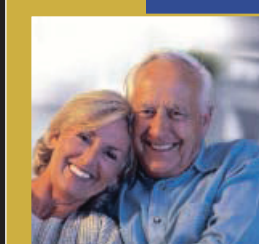
A. Dale Wood - conductor

Saturday, December 10th, 2011 8:00 pm

Georgetown Christian Reformed Church
11611 Trafalgar Road, Georgetown, Ontario



Tickets are \$25.00 and are available at Bergsma's Paint & Wallpaper (Georgetown Marketplace), McMasters Meat & Deli (110 Main Street), Pat's Prime Cuts & Deli (333 Mountainview Rd. S.), the Holland Shop (71 Mill St., Acton), from any choir member or on our website at: www.georgetownchoral.ca



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