

HEALTH CARE

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Walk This Way... to a healthier lifestyle

Above: Special guest Tosca Reno (centre) does the honours of cutting the ribbon for the first annual Walk This Way Health Fair held Sunday at the Croatian Centre. Reno, a fitness model columnist and author of the *Eat-Clean Diet* series, helped Health Fair organizers Brent and Dawn Vickery (left) and Susan Wilson (right) kick off the event, which featured guest speakers and displays related to health care and healthy living.

Right: Alex Lavers and Jana Kridlova sample some fresh coconut milk at the Fair.



Photos by Ron Stiel

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