

Your Health



NEWS AND INFORMATION FROM GEORGETOWN HOSPITAL AUGUST 2011

Fourth Annual Walk for Georgetown Hospital

This family event features morning and lunchtime refreshments, prizes, post-walk performances by Centre Stage and the Georgetown Choral Society, as well as children's entertainment. Best of all, funds raised will go to the CT Scanner and Emergency Department Expansion Project.



When: Sunday, September 25, 2011

Where: Georgetown Hospital Courtyard

NEW for 2011 – pledge prizes! The more funds you raise, the larger the gift certificate you will receive from our Pledge Prize Sponsor, *Georgetown Marketplace*.

Register on-line at www.georgetownhospitalfoundation.ca and start collecting pledges today!

Special thanks to our sponsors: *Georgetown Marketplace, Unilock, Spriggs Insurance, Olon, Solinst, McDonald's, Maple Lodge Farms, Best Western Plus Milton, and Ollie's Cycle & Ski.*

For more information and sponsorship opportunities, contact Nicole Hand, 905-873-0111 ext. 8220 or nhand@haltonhealthcare.on.ca.

Come Volunteer with us!

The Trinkets and Treats Gift Shop has **Retail Volunteer Positions** available. Meet new people, have fun and help raise funds for your local hospital. Not comfortable working with cash? Why not volunteer in the mornings and work the coffee kiosk. Weekend shifts are suitable for working people or youths 16 years and older. Contact Janice at 905-873-0111, ext. 8153 or jcwen@haltonhealthcare.on.ca for more information.



GHVA Raffles Galore

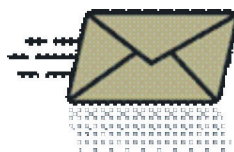
Purchase your tickets now for the following Georgetown Hospital Volunteer Association (GHVA) raffles:

- Handmade Quilt "Nightfall" measuring 86" x 96" donated by C.F.U.W – Georgetown Quilters. Lottery Licence M329751
- Victorian Baby Doll, donated by E. Taylor. Lottery License M329773

Items are on display and tickets are available in the hospital Gift Shop. Tickets are \$2 each or three for \$5. Draw date is September 30, 2011 at Noon at Georgetown Hospital, so be sure to get your raffle tickets before then.

Email a Patient

Halton Healthcare is happy to offer a complimentary patient email service for those that cannot come in for a personal visit. Log onto www.haltonhealthcare.com and under Quick Links you will find the link to email a patient. A volunteer will print your message on special paper, seal it and arrange for delivery.



Grow Your Career. Live Your Lifestyle.

At Halton Healthcare Services – a modern, progressive healthcare organization serving Oakville, Milton and Halton Hills – we are committed to quality patient care. At our hospitals, you'll find a team-oriented environment and a community atmosphere that values your individual contributions and celebrates your caring approach and genuine interest in our patients and their well-being.



As we continue to meet the needs of our growing communities, we have a variety of full-time and part-time career opportunities

- nursing and non-nursing at our three hospitals in Georgetown, Milton and Oakville.

Take this opportunity to live and work in your community.

Apply on-line at www.haltonhealthcare.com.

Halton Healthcare Services is a Smoke Free Environment

As a healthcare organization, it is our responsibility to provide a healthy environment for patient treatment and recovery.

Thank you for not smoking anywhere on the properties of:

- Georgetown Hospital
- Milton District Hospital
- Oakville-Trafalgar Memorial Hospital

Halton Diabetes Program

Having problems controlling your blood sugar? We are here to help you.

The Halton Diabetes Program provides diabetes education and self management support to adults with diabetes and their families. Certified diabetes educators work with people with diabetes and their doctors to build a plan for successful living.

The Halton Hills site of the Halton Diabetes Program is located at the Georgetown Hospital. For more information, please contact Colette Sewell, Coordinator at 905 873-0111, ext. 8540.



Watch Out for West Nile

West Nile is a virus that is found in wild birds and carried by mosquitoes, who can then infect humans with a single bite. The months of August and September are peak months for West Nile Virus (WNV) and people of all ages are at risk. Here are some tips to follow to avoid getting bit!

Protect yourself. Wear long-sleeved shirts, long pants, socks and shoes when outdoors in the evening or early morning. Use an insect repellent approved by the Pest Management Regulatory Agency (PMRA).

Remove standing water. Remove or change all standing water around your home to reduce potential mosquito breeding areas.

For more tips and information on WNV, log on to www.halton.ca.