



Membership Renewals

April - June
2011

ActivEars Hearing Centre
Acton Veterinary Clinic
Adamson Spa and Salon
Allison's Farm Market
Ares Family Restaurant
Artcast Inc.
Atlantis Athletics
Bank of Nova Scotia
Bay Books & Collectibles
Bennett Health Care Centre
Blue Springs Golf Club/
A Property of ClubLink
BMO Bank of Montreal
Breakaway Courier
Canadian Tire Associate Store
Carney Electric Ltd.
Carpet Barn - Carpet One
Chalmers Esso Fuels
Communications & Power Industries
Canada Inc.
Concept Ford Inc.
Cornerstone Health Centre
Craig Teeter & Associates
Dave & Gerry Kentner
Dave Krause - Re/Max
Deacur Worthington & Associates Ltd.

Deforest Bros. Quarries Ltd.
DGH Doors
Dr. Anoop Sayal
Dr. Jones Chan Dentistry
Dreamscape Landscaping &
Lawn Sprinklers
Dryden Building Systems
Eagle Ridge Golf Club/
Property of ClubLink
Elliott Custom Brokers & Storage Ltd.
Emerald Isle Bedroom Gallery
Erik Schubert Excavating Ltd.
Field Performance Group Inc.
Findlay Roofing
Fishburn Building Sciences Group Inc.
GallerySoft Inc.
Georgetown Chevrolet Buick GMC
Georgetown Denture Clinic
Georgetown Toyota Sales
Glencairn Golf Club
Global Promotional Apparel
GMA LLP
Green-Port Environmental
Managers Ltd.
Halton Commercial Printers Ltd.
Halton District School Board

Halton Hills Community Energy
Corporation
Halton Hills Hydro Inc.
Halton Hills Paving
Halton Pool Guys
Halton Region Economic
Development, Small Business Centre
Hassell Automotive Ltd.
Helson Kogon Ashbee
Schaljo & Associates LLP
Hope Place Centres
Impact Heating & Air Conditioning
Inc.
Investment Planning Counsel
Halton Hills
J.S. Jones & Son Funeral Home Ltd.
Jeffery L. Eason B.A.,LL.B.
Barr. & Sol.
Johnson Associates Real Estate Ltd.,
Brokerage
K.M.S.G. Inc.
Kimaid Cleaning Service Inc.
Landscape Creations Supply Center
Lawlor & Company
Leferink Transfer Ltd.
McNally Limited

Mold-Masters (2007) Limited
North Halton Energy Solutions
North Halton Golf & Country Club
Ltd.
Nu-Kitchen & Bath Creations
Ollie's Cycle & Ski Ltd.
On Call Computer Technicians
OrangeCrate
Ormac Inc.
Park Motor Sales Ltd.
Partners in Progress
Paul C. Armstrong Insurance Brokers
Ltd.
Pets At Home
Pine Cone Music
Prosperity One Community
Banking & Financial Services
Re/Max Real Estate Centre Inc.
Red Lemon Hair Salon
Sandbox Travel
Silvana Bezina, Royal LePage
Meadowtowne Realty, Brokerage
Silver Creek Service Centre
Solinst Canada Ltd
Sopinka & Kort LLP
Barristers & Solicitors

Spherion
Spriggs Insurance Brokers Limited
Sterling Combustion Inc.
Studio Fourteen
Synergy Benefits Consulting Inc.
T.D. Williamson Canada ULC
Tackaberry Times
TD Waterhouse - Peter Moyer
Teamwork Business Solutions Inc.
The Georgetown Hospital Foundation
The Terra Cotta Inn
The Village Bookkeeper
Truck Watch Services Inc.
TV Marketplace.ca
Union Gas Limited
Vision 2000 Travel Group
Wastewise
Westerveld Contracting Ltd.
Wildwood Manor Ranch
Wildwood Realty Inc.
Wilson Pool & Hot Tub Supplies Inc.
Wyatt Hilts Electric
Wyldeewood Golf & Country Club
Young's Pharmacy & Homecare
Your Home Today Realty Inc.

Ask The Professionals

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PROFESSIONALS WANTED

to inform our readers & answer their questions

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Wendy Farrow-Reed
CHRP (Certified Human Resource Professional)

Q: Can plan sponsors (employers) play a meaningful role in encouraging better health among employees, and should they?

A: The answer to both questions is "a resounding yes".

When one takes responsibility for health, then prevention, early detection and healthy lifestyle habits fall into place. Employers can "encourage a sense of responsibility" with their health programs, and as a result, cause a real change in employees' attitudes and behaviour

Here is some good news for employers: most health plan members (95 percent) continue to consider their employer's offerings good. This means that only five percent of members feel that their plan is poor. Still the most popular aspects of health benefit plans remain prescription coverage and dental benefits-generally the two main aspects of a benefit plan, but also the most expensive.

Most plan members are happy about how their employers communicate information about their plans, too. Communication, and good access to information is key.

Synergy Benefits is uniquely qualified to arrange and communicate your company benefit program.

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Jeff Brookfield

Q: Some bricks are flaking on my chimney. What should I do?

A: Flaking sometimes occurs on a masonry chimney due to the moisture in the exhaust gases. The moisture gets absorbed into the brick and freezes in the winter when the warm exhaust gases stop flowing out the chimney. When water freezes it expands and over time and this freeze-thaw cycle leads to deterioration of the brick, clay tile, and mortar.

The top portion of the chimney is the most exposed area and therefore the most vulnerable to weather. Moisture may also enter the top portion of the chimney from the exterior if the cap is cracked or missing. As well, once the exhaust gases reach the top of the chimney, they may have cooled sufficiently for the moisture to condense, making the concentration of moisture higher at the top.

Once flaking has occurred, the brick requires replacement to prevent further deterioration. Qualified masons should be contacted for quotes and a detailed description of proposed repairs.

Mountainview Residence & Terrace

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Christoph Summer
Owner/Administrator

Q: When comparing retirement homes, what extra costs should I expect in the line of care?

A: Retirement home information packages should clearly indicate what care services are included in the basic cost of a room.

Generally included are such things as assistance with a weekly shower, administration of medications and emergency response. Many other services may also be included and this information should be "spelled out".

A list of any extra costs should also be readily available whether you require these services now or "down the road". Some services that may incur added costs include: checking blood sugar levels, giving insulin injections, taking blood pressure, blood tests, assistance dressing/undressing, grooming help and extra showers. Check to see if there is a choice of cost per service or an hourly fee.

Some residences will also charge per "treatment," a term which should be defined along with the costs.

Remember too, that the Community Care Access Centre (CCAC) can be consulted and some assistance may be provided through this avenue.

In short, ask many questions that pertain to your particular situation now, but also ask for a list of **included** care costs and **added** costs so that there are no unpleasant surprises in the future.