

# Kit Cat Club to host cat championships

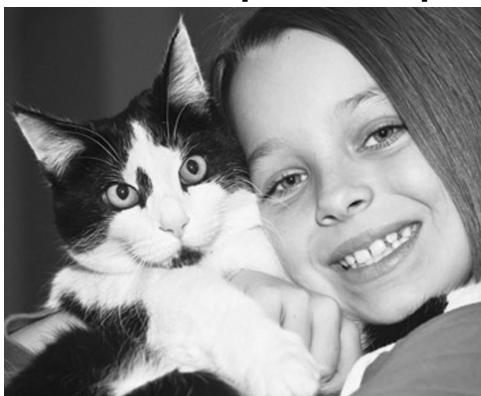
Join The Kit Cat Club for "Fun in the Sun", its first C.C.A. Affiliated Championship and Household Pet Cat Show, Saturday, July 16 and Sunday, July 17 at the Acton Curling Club, 242 Churchill Rd. N. Acton.

There will be up to 100 beautiful and unusual breeds of cats competing in five rings per day for top show honours with points scoring for National and Regional Awards in the Canadian Cat Association.

Also a variety of interesting vendors will be displaying and selling everything for the cat and its owner.

The show will be open to the public, 9 a.m. to 5 p.m. both days.

Admission \$7 adults, \$5 students (ages 5-17), \$5 seniors (\$9 with transportation)



and \$14 for a family (two adults and two children), under age five free.

Info: thekitcatclub.webs.com or call Sandra Baker, 905-702-5355.

## Wednesday, July 13

**Bruce Trail hike:** Level 1, 5-6 km loop hike on local trails. Depart at 9:30 a.m. from the Georgetown Market Place parking lot between Zellers and the grey medical building. Bring water and snacks. Lunch at a local eatery after the hike. Leader: Maureen, 905-873-9757 mosmith@cogeco.ca

**Family Storytime:** just drop in to the Georgetown library Wednesdays, 9:45 a.m., and Saturdays, 11 a.m.

**Crafternoons:** Kids, drop in anytime between 2 and 4 p.m. at either branch every Wednesday for a 15-minute craft. No registration required.

**Sleepytime Stories:** Wednesdays, 7 p.m. at the Georgetown library and Tuesdays, 7 p.m. at the Acton library.

**Nordic Pole Walking:** Wednesdays, 6:30 p.m. outside Gellert Centre; bring toonie for the Heart and Stroke Foundation. Led by certified Nordixx Pole Walking instructor Ginger Quinn, 905-691-9122. Sponsored by GEM Health Care Services www.gemhealth-carehalton.com

**Garden Eucharist:** 7:30-8 p.m. in the St. Alban's Outdoor Chapel on the banks of the Credit River, 537 Main St. Glen Williams, every Wednesday, weather permitting.

**Century Church Theatre, Hillsburgh** presents *Confusions*. Five interlinked stories on human eccentricities, running the full gamut of humour from sit-com to outright farce. Shows July 13-24. Tickets: \$23-\$27 inclusive. Group discounts. Box Office: 519-855-4586 www.centurychurchtheatre.com

**Words in Action:** a poetry experience, 7 p.m. with featured poet Beth-Anne Fischer at The Roxy, 6 Mill St. E. in Acton. Info: 519-853-1830 and www.roxycoffee.ca

## Thursday, July 14

**Youth Drop-in Basketball:** Thursdays, 1-2:30 p.m., at Christ the King Secondary School for ages 13-17 years. All skill levels welcome! Admission \$3.

**8th Annual Bill Laidlaw Memorial Golf Tournament:** at Eagle Ridge Golf Course. Open to everyone, shotgun start, best ball scramble, includes lunch, golf, cart, dinner, prizes, on course contests and live auction. Info: 905-877-6122, www.norvalunited.ca

**Summer euchre:** 7:30 p.m. at the Limehouse Memorial Hall. Sponsored by the Limehouse Memorial Hall Board. All welcome. Future euchres: July 21, 28; Aug. 4,

## Community Calendar

11, 18, 25; Sept. 1, 8, 22.

**Business After Hours** is hosted by Peel Landscape Depot, 5-7 p.m. Make new business contacts, meet old friends, and discuss mutual concerns. Info/to register: www.haltonhillschamber.on.ca or 905-877-7119.

**Imagination Station:** for kids aged 8-13 at the Georgetown library on Tuesdays at 2 p.m. and 7 p.m., and on Thursdays at the Acton branch, 10 a.m. Pre-registration required. Info: www.hhpl.on.ca.

**Book Parties at the Library** are for kids 6 and older. Tuesdays at 2 p.m. in the Acton Branch and at the Georgetown branch on Thursdays at 2 p.m. and Saturdays at 1 p.m. Pre-registration is required.

**Wii Fun:** Hey kids, between ages 8 and 13, come and play Wii! In the Georgetown Branch, Thursdays, 6:30-7:30 p.m. and in the Acton Branch, Fridays, 3-4 p.m.

**Downtown Acton Farmers' Market:** 3 and 7 p.m. on Willow St. between Mill and Church Sts. Info: www.downtownacton.ca

**Georgetown Optimist Bingo:** at the Club, 13439 Hwy. 7, Thursdays, 7-9 p.m.

**Tai Chi in the Park:** Free practice of Tai Chi will be held in Dominion Gardens Park, 7:15 p.m. Thursdays. Weather permitting.

**Beer & Bible** is held 7:30-9 p.m., year round on Thursdays at the Copper Kettle Pub in Glen Williams. All welcome.

## Friday, July 15

**Community Dinner:** 6 p.m. at St. Alban's Anglican Church, 19 St. Alban's Dr. All welcome to enjoy a free, homecooked meal and enjoy quality time with family or friends. The church has a few stairs to the eating area. If you require assistance please call ahead. 519-853-2711. Hosted by the Acton Community Hub Team, and Knights of Columbus, in partnership with St. Alban's Anglican Parish. (Freewill offerings welcome.)

**Wing Night:** featuring the band called Bad Weather, 7-11 p.m. on the Acton Legion patio, weather permitting. The wings will be sold 6-9 p.m. All welcome.

**'Diane's Stitchery Sale':** hosted by Norval Presbyterian Church, July 15, 10 a.m. to 7 p.m. and July 16, 8 a.m. to 5 p.m. Part proceeds to 'Mission and Outreach'.

**More at [www.theifp.ca/whats-on/events/](http://www.theifp.ca/whats-on/events/)**

# Ask The Professionals

Win a coupon for 50% off a Happy Ad with every question submitted for the Professionals by July 31, 2011. features@independentfreepress.com or call 905-877-0301 ext. 237

## Elayne Tanner & Associates Inc.

### Elayne M. Tanner

PhD (C), RSW, BA, BSW, MSW, Dip Soc Adm  
Counselling & Psychotherapy

Milton 905-854-0801

www.etasolutions.com



Elayne M. Tanner

**Q:** I'm a single dad with a preteen daughter. Her mother is not involved. I have no idea how to parent a child of this age, let alone a girl. I do not have a lot of money but I do have coverage for some counselling from my workplace. Can you help me?

**A:** Without a doubt! Girls at this age need self-confidence and guidance so they are not easy targets for peer pressure. Without it they follow and do what the other kids suggest will make them 'fit in' and be popular. They are children and do not know how to set boundaries and guidelines for themselves. That is what you have to do for your daughter. When you come in I will spend some time with both of you together. Other times I will meet with each of you alone. I will get to know your daughter and earn her trust. I will explain to both of you that I will keep her confidentiality as much as possible unless I feel that she is at risk. That way she can share her secrets with me.

When you and I meet alone, we will discuss house rules and boundaries. A child of this age needs clear expectations, curfews and responsibilities to show her that she is an important part of a family and to ensure her success. She must be taught that engaging in high risk behaviour such as drug use, alcohol or sex at her age is not acceptable and that it is ok to say no to her friends. Most important, she has to know that unlike her mother, you will not abandon her or stop loving her no matter what she does. Her self-esteem has been damaged and with guidance you will rebuild it so that she stays safe and does not look for love from strangers to feel valuable.

## Halton Hills Speech Centre

211 Guelph St., Ste #5,  
Georgetown L7G 5B5  
905-873-8400  
www.haltonspeech.com



Karen MacKenzie-Stepner

**Q:** My daughter has difficulty pronouncing some of her sounds. How much speech therapy will she need to correct her problem?

**A:** Unfortunately, that is not an easy question to answer. The frequency and length of therapy depends on many factors such as the age of the child, the type and severity of the difficulty, the child's ability/willingness to participate in therapy, parent's commitment and their participation in therapy and home assignments. It is important to note that there is no direct relationship between the type of difficulty and length of therapy. A child with articulation difficulties does not necessarily require less treatment than a child who has a stuttering or language difficulties. An adult with voice difficulties may require more therapy than an adult who has language difficulties following a stroke. After an initial assessment, the Speech Language-Pathologist would make suggestions regarding the frequency and length of therapy sessions based upon the findings. However, it is important to realize that these are suggestions and ultimately, as the parent and payer of the services, you get to decide the length of therapy.

## IN FOCUS physiotherapy

& WellnesCenter Inc.

324 Guelph St., Georgetown  
Halton Gate Plaza  
905-702-7891



JENNI VENERUZ

**Q:** What can an Occupational Therapist do for me?

**A:** An Occupational Therapist is a Registered Health Professional and a very important part of your healthcare team. Occupational therapy services may include services such as comprehensive evaluations of the client's home and other environments (workplace, school), recommendations for adaptive equipment (wheelchairs, walkers etc.) and training in its use. An Occupational Therapist will also provide guidance and education for family members and caregivers. Occupational therapy practitioners have a holistic perspective, in which the focus is on adapting the environment to fit the person. They will help the client set and achieve realistic therapy goals.

**In Focus Physiotherapy Inc. is please to welcome Siobhan Smith, Registered Occupational Therapist to our team!**

## SUSAN S. POWELL

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FAMILY LAW  
350 RUTHERFORD RD. S.  
(Plaza 2, Suite 320)  
on the Corner of Steeles & Rutherford



SUSAN S. POWELL

905-455-6677

**Q:** My husband and I have separated. We want to have a Separation Agreement but my husband does not want to pay a lawyer to prepare it. Can we do it on our own?

**A:** In order to have a valid Separation Agreement you need to have full financial disclosure from each other which is done by each of you preparing a Financial Statement and swearing in the presence of a commissioner (usually a lawyer) that the statement is true. You also both need to obtain independent legal advise from your own lawyer. The Separation Agreement must also be in writing and dated and signed by the parties in the presence of witnesses.

If you are missing any of the criteria then the Separation Agreement is weakened and could possibly be overturned in the future by the court. It is best to make notes for your lawyer setting out what you and your husband agree upon and the lawyer will draft the Separation Agreement and ensure your rights are being protected and help you to negotiate any issues that you are unable to agree upon with your husband.