

HILLSVIEW - NEWS FROM THE SENIORS CENTRES

Georgetown Seniors Centre to offer summer Active Living programs

By **FLORENCE RIEHL**
Georgetown Seniors Centre

A fantastic Seniors' Month Celebration BBQ was held on Friday. The delicious beef on a bun, salad, roll, and desserts were all prepared by the Culinary Class from the Georgetown District High School. Thanks to all the cooks who helped in the preparation. Great job!

The entertainment, The Jukebox, supplied us with music we

all remembered and could dance to. Everybody left with smiles on their faces and boxed dinners for the next evening. A huge vote of thanks go out to Terri and Sherry for arranging the whole evening and to those who helped with serving and clean up. Those who attended had a great time. Sorry some of you could not make it.

On June 8, two young ladies, Katie and Mackenzie, arrived at the Centre with a huge tray of cupcakes and a huge tray of chocolate cookies for members of the Centre. They both attend public school but had forgone a special day at their respective schools to do this community deed. Katie and Mackenzie, we hope you enjoyed your morning as much as we enjoyed your goodies. Please come again. You are always welcome.

As I reported in my last column the Centre is offering a number of Active Living programs to keep you moving all summer long. Bone Builder, Zumba Gold, Dance Fitness, and Still Sizzlin' are all on our schedule starting the week of July 4th. Call 905-873-2601 ext. 2275 or check the

website www.haltonhills.ca or details. Stay cool and stay fit!

The drop-in programs also go on throughout the summer months. We never close, we just doze.

You have been aware that on a couple of occasions we have received grants from a couple of sources. There seems to be some misunderstanding of how this

money can be used. First of all applications for grants specify some capital items, eg. chairs, dish washer, fans, etc. When the grant money comes it must be spent on those items specified. Grants are never received for the general upkeep of the Centre. That is still the responsibility of the membership through fees and fundraisers. There are let-

ters posted about the Centre to explain the latest grant received from New Horizons. Take a minute to read them.

June 27 is the last date to sign up for our day trip to St. Jacobs, on July 28. This is your opportunity to spend a summer day visiting the market, having lunch out and a seat at the theatre. Please call 905-873-1210.

Acton Seniors Centre members asked to fill out survey

By **JULIE CONROY**
Acton Seniors Centre

Members please fill out a members' survey at the front desk and return to Michelle or Wendy. Your input is very important. Some members may have received one already by email.

The Centre has purchased a pair of lovely wooden coffee tables to replace the glass one the chocolate bunny demolished.

Have you noticed the bright red comment box? If you have a suggestion or comment, please fill out a sheet and drop it in the box.

When I walked into the Centre last Tuesday, the room was in darkness and everyone was enjoying the movie on the large screen plus coffee and popcorn. The movie on Tuesday, June 28 at 1 p.m. will be *Calendar Girls*. I know everyone will enjoy seeing this movie.

There is a Friday morning group of avid shuffle board players. Is anyone interested in playing on an additional day, perhaps on a Monday or Tuesday morning? There is a sign up sheet if you are interested. Can't drop in? Just phone 519-853-5951 and ask for your name to

be put on the list.

Have you purchased your ticket for the Maple Lodge BBQ chicken dinner on Thursday, June 30? The evening will have a Hawaiian theme and the South Pacific dancers will be here to entertain you. Ladies get out the grass skirts and leis and gentleness, the shirts you bought in Hawaii, and never wear.

The Centre will be closed on Friday, July 1 for Canada Day.

The person whose name was drawn this week had not put his loonie in the box. Next week the weekly 50/50 should be just over \$200.

Input wanted!
Mississauga Halton Community Care Access Centre (CCAC), which governs Halton Hills, is inviting the local community to Your Health, Your Way— a free evening seminar, on Wednesday, June 29, 6:30-7:30 p.m. at the Mississauga Seniors Centre, to offer answers about seniors' health and support services and how to access them. Anyone interested, is invited to register by calling 905-855-9090, ext. 2070 or email yourhealthyourway@mh.ccac-ont.ca. Info: www.yourhealthyourwaymh.org.

You think you know a great deal? Prepare to be shocked!

Find great deals and more at **flyerland.ca**

STORES • FLYERS • DEALS • COUPONS • BROCHURES
CATALOGUES • CONTESTS • PRODUCTS

Take the Insurance Quiz

Learn how to save lots of money.

True False

- Red cars are more expensive to insure than any other colour
- My loyalty discount offsets any savings I would get by changing insurance companies
- Higher rates mean more coverage
- No fault insurance means 'It's not my fault'
- Males pay more than females for car insurance

The answer to all of the above is FALSE. Surprised?

Your CHAMPION for better PRICING

Save hundreds...even thousands of dollars by shopping around for your car insurance. You can save money without impacting your coverage. InsuranceHotline.com is safe, FREE and easy to use with absolutely no obligation. Click to save today!

InsuranceHotline.com
Your search engine for lower insurance rates

For more information go to www.InsuranceHotline.com/myths