

May is

Physiotherapy Month

Need to build strength, eliminate pain, and function better physically? Physiotherapists do that!

OTTAWA (May 2011) – Did you know that physiotherapists enable independent living for seniors, help return injured workers to their regular duties, and restore mobility in children who've sustained fractures or sprains? Physiotherapists do that — and more!

May is National Physiotherapy Month in Canada and it's the perfect time to celebrate the wide-ranging benefits physiotherapists provide to the health and well being of

Canadians. Physiotherapists are primary health professionals who treat the root cause of problems, provide individualized treatment plans, and apply preventative techniques that go beyond offering only temporary relief of symptoms.

Registered physiotherapists are university educated in the health sciences, allowing them to understand the body and know what keeps it from moving well. They work in both private and public practice settings

across Canada where they treat a variety of conditions and provide valuable education on mobility, body strength and endurance.

This National Physiotherapy Month, The Canadian Physiotherapy Association invites all Canadians to learn more about what physiotherapists do. Access to a physiotherapist is easy and does not require a physician referral. Learn more and find a physiotherapist near you at www.physiotherapy.ca.



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