

# GEORGETOWN FITNESS BOOT CAMP

As low as  
**\$5.00** a class

Georgetown's **ORIGINAL** and  
**#1 fat loss program**

**Expect these RESULTS:**

**3-5% Reduction in Body Fat**

**5-12 Pounds of Weight Loss**

**1-3" decrease in your midsection (minimum)**

**100% Gain in Energy + Self Confidence!**

**No Contracts - Just a Commitment to your Health**

**NO MATTER YOUR AGE, SIZE OR  
FITNESS LEVEL, YOU CAN ACHIEVE  
GREAT RESULTS.**

**Also  
located  
in Acton**

**647-988-4237 • georgetownfitnessbootcamp.com**



## Aiding Japan

Several students between Grades 3-5 who belong to the International Club at Glen Williams Public School have taken up a number of activities to raise funds for the Japan Disaster Relief Fund. Under the guidance of teacher Deborah Waitson, club members have been making hundreds of paper cranes and selling them, as well as undertaking a penny drive, totaling more than \$500. Pictured above (from left) are International Club members Tera Boisclair, Trinity Presswood, Zoe Tavenor, Jenna Leclair, Jamie Budnikas, Emily Vandenberg.

*Photo by Eamonn Maher*

**5<sup>TH</sup>  
YEAR**



**CHARTWELL**  
SENIORS HOUSING REIT

# SENIOR STAR COMPETITION

Do you **SING, DANCE, or PLAY** an Instrument?

You could be the

**CHARTWELL SENIOR HOUSING  
2011 SENIOR STAR**

Call today to find out how!! **905-799-7273**

**Join us for this fun-filled event!**

Cheer on your favourite Senior Star participant in our regional musical competition. Refreshments served.

RSVP by June 10th as space is limited!

**THURSDAY, JUNE 16TH | 2:00 - 4:30 PM**

**FLOWER CITY SENIORS CENTRE**

**CHARTWELL SELECT GREENWAY  
RETIREMENT VILLAGE**

100 Ken Whillans Dr., Brampton  
Call 905-799-7273

**V I S I T U S A T W W W . S E N I O R S T A R . C A**