

bulk barn ^{sale} scoop up the savings

Friday, May 13 to Thursday, May 19, 2011

Redskin Peanuts
roasted and salted **2.29**
/lb .51/100g

Cashew Pieces, Roasted
salted and unsalted **7.89**
/lb 1.74/100g

Broken Nut Roll Oh Henry! **3.49**
/lb .77/100g

Pure Chocolate Bridge Mix **3.99**
/lb .88/100g

Dry Roasted Almonds
assorted flavours **6.89**
/lb 1.52/100g

Honey Roasted Peanuts **2.59**
/lb .57/100g

Caramel Corn **2.99**
/lb .66/100g

Wine Gums **2.99**
/lb .66/100g

SAVE \$3.00 ON YOUR TOTAL PURCHASE OF \$10.00 OR MORE BEFORE TAXES* AVAILABLE AT **bulk barn**

COUPON EFFECTIVE UNTIL **Thursday, May 19, 2011**

Coupon valid only at this/these location(s):

GEORGETOWN 235 Guelph St.
(905) 873-9611 – NEW STORE!

Limit one coupon per store visit. THIS OFFER EXCLUDES THE PURCHASE OF GIFT CARDS. *All applicable taxes shall be payable on the full value of the merchandise. While supplies last. We reserve the right to limit quantities. Coupon cannot be used in conjunction with the 10% Seniors' & Students' discount. No mechanical reproductions accepted.

Every Wednesday, Seniors* & Students* save 10% on all regular priced products.

* Must provide valid identification. Excludes gift cards. Cannot be used in conjunction with any other promotional offer.

Visit our Website www.bulkbarn.ca



All references to savings claims are in comparison to our regular retail prices. While supplies last. On advertised items, we reserve the right to limit quantities.

Van-tastic idea

The Real Canadian Superstore recently hosted a food drive to aid local food banks where the goal was to fill a Halton Police SUV. The store offered pre-made \$5 food bags with pre-selected items to donate. Helping to fill the van were, from left, store manager Jeffery Chisholm, Halton Police Community Support Officer Maureen Andrew, Lisa Wells of Georgetown and store manager Aaron Kornacki.

Photo by Calvin Dyke



Gerrie honoured for volunteer efforts

By **LISA TALLYN**
Staff Writer

A Limehouse woman was recognized recently for the many volunteer hours she puts into her community.

Karen Gerrie was one of several Halton residents honoured with a Community Volunteer Award at a breakfast held in Oakville recently. The event was hosted by Volunteer Halton, an organization that celebrates volunteerism in the region. Four Community Volunteer Awards were handed out in total— Gerrie was the only recipient from Halton Hills— along with 12 other Cheers to Volunteers awards— three of those to Halton Hills residents.

Those three recipients were Pauline Dunford who volunteers at Georgetown Hospital, and Links2-Care volunteers Rena Arbic and Real Tetreault.

Gerrie has put in more than 3,000 volunteer hours in the 12 years she's volunteered with Halton Police.

She volunteers as both a responder with the Halton Police Victim Services

Unit and the Communities on Phone Patrol (COPP) program.

Halton Regional Police Const. Maureen Andrew said as a volunteer with the Victim Services Unit Gerrie brings "comfort, consolation and appropriate resource information to grieving families of victims of sudden death, fatal motor vehicle collisions, suicides, sexual assaults and domestic violence to name a few."

As a volunteer with COPP, Andrew said Gerrie and other volunteers in the program are the "eyes and ears in the community, including community traffic surveys in high traffic areas or patrolling for and reporting on suspicious activities in the community.

"Karen believes herself to be hon-



KAREN GERRIE

oured and privileged to put aside her own needs, for the greater needs of the community," said Andrew. "The support, compassion, loyalty, comfort and guidance she provides to people in distress is immeasurable."

She said Halton Police Service is deeply indebted to Gerrie's commitment as are the many community members whose lives she touches and comforts on a regular basis.

"To some, Karen becomes a surrogate family member; to others she becomes an unconditional friend in a highly fraught or emotionally-charged situation," said Andrew.

She said Gerrie allows the police service to support families of victims in a non-judgmental and non-confrontational manner, "showing that we do care about the fundamental well being of victims in addition to the necessities of the police investigation, and to solidify our commitment to community partnerships."

Gerrie is appreciative of the award and said she was "really shocked" when she found out she would be a recipient.

Healthspan CLINIC + STUDIO
WELLNESS 905.873.8729
71 Mountainview Rd. N. Georgetown, ON

Julia Fountain • Naturopathic Doctor
Amelia Fratnik • Chiropractor
Carol Fantin • Reg. Massage Therapist

Studio Events May 2011

COOKING CLASSES with Chef Jenny
Amazing Grains: Quinoa, Millet and others
Mon, May 16th, 7:30 pm
Cooking for Weight Loss:
Sun, May 29th, 2 pm

MEDITATION CLASSES with Chantal Garneau
Meditation for Focus and Stability:
Sun, May 15th, 1 pm
Guided Meditation:
3 Wednesday evenings in
May 7:30 pm

For more info on services & on-line registration please visit:

www.healthspan.ca

GEORGETOWN LITTLE THEATRE PRODUCTIONS



IS HAVING A BOTTLE DRIVE
Saturday, May 14th
from 10 a.m. - 3 p.m.

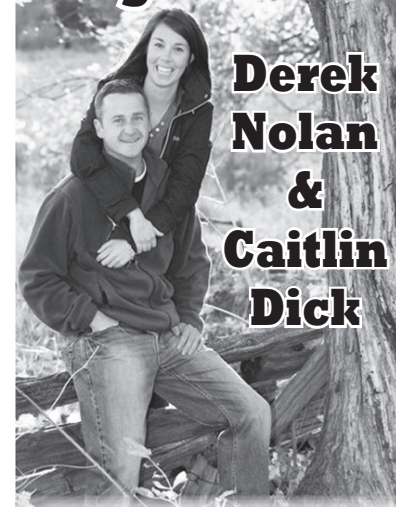
Drop Off:

- Georgetown Little Theatre Productions Studio, 33 Stewarttown Road
- Outside the Beer Store at Market Place Mall
- The Old General Store in Limehouse

Please donate your wine, beer, cooler bottles to this fund raising event.

Inquiries: 905-877-3422

Stag and Doe



Derek Nolan & Caitlin Dick

Saturday, May 14th, 2011
Acton Legion
Doors open 8 p.m.
Tickets \$10 at the door
Games, Prizes, Music, Food and Drinks!

1 EYE & 2 LEGS.

You can lose a lot more than your licence drinking and driving.