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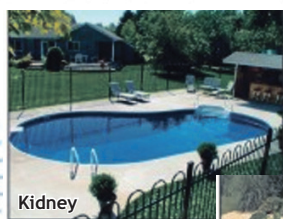
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## North Halton Twisters Bring A Friend Day



**BELOW:** Helaina VanSoelen (left) and Danielle Krause (right) share a smile with Olympic rower Rachelle de Jong, who brought water bottles from sponsor Royal Bank for all the girls in the league.

**ABOVE:** Best friends Riley Oliver (left) and Olivia Cook can't wait to hit the ice together.



As the North Halton Girls Hockey Association's season drew to a close on April 10, the players had the chance to hit the rink with their non-hockey buddies during the Twisters' annual Bring A Friend Day. More than 30 first-timers took to the ice with their friends as Twisters coaches and players taught them how to skate, slide and shoot the puck. The hour-long session included drills, fun and lots of laughter. For more Twisters information, visit [www.nhgha.com](http://www.nhgha.com).

Photos by Andrea Lefebvre

**BELOW:** The players and their friends get a hint of what they're in for as they gather at centre ice at the top of the hour.



## COLOURING CONTEST WINNERS



After much thought, debate and critical analysis, we are happy to announce the winners of the Independent & Free Press's Salute to Minor Hockey Colouring Contest. Congratulations to Michael Kovacs and Michelle Kozdras, who each won \$25 gift certificates from McDonald's. Thank you to everyone who entered!

Photos by Andrea Lefebvre