



Membership Renewals

January - March
2011

1596441 Ontario Inc.
A.H. Office Services
Active Choice
Acton B.I.A.
Acton Optical
AGL Marketing Limited
All Call Communications
Andrews Scenic Acres/
Scotch Block Winery
ANH Refractories Canada Inc.
Apex Tool & Die Ltd.
A-Plus Self Storage
Apple Auto Glass
Arnott, Ted, MPP
Wellington - Halton Hills
Avila Investments Ltd.
B & M Garage Door Inc
Badger Laser Toner
Bath and Kitchen Studio
Beaumont Mill Antiques & Collectibles
Better Cut Keys & Locks
Big Brothers Big Sisters of Halton
Bird Fuels
Blue Springs Flower & Gift Shop
Brampton Real Estate Board

Bulldog Appliances
Buttle and Tavano Professional
Corporation
Caldwell Securities Ltd.
CIBC
Cogeco Cable
Colonial Tree Service
Creative Embroidery
Works & Promotional Products
Crownseal Basement Waterproofing Inc.
Culligan
Curves
Deborah Gilmore, Broker,
Johnson Associates Real Estate Ltd.
Dek Electrical Inc.
Deker Electric Ltd
Dianne Penrice, Broker,
Johnson Associates Halton Ltd.
Dominion Lending Centres
Doorn Garden Centre
Downtown Georgetown BIA
Dr. Caroline Teske - Optometrist
Edward Jones - Georgetown
Elayne Tanner & Associates Inc.
Escarpment Views

Express Employment Professionals
Fargo Transportation Services Ltd.
Feet In Motion
Fibrenew Industries Halton/Peel Inc.
Flotech Canada Complete Plumbing
Fred's Towing
Galvcast Manufacturing Inc.
Georgetown Printing Ltd.
Georgetown Thai Cuisine
Glazed Expressions Ceramics Studio
Global Assets Solutions Inc.
Auctioneers, Appraiser, Liquidators
H3R Human Resources Services
Halton Hills Canine Services
Halton Hills Public Library
Halton Peel Communication Association
Halton Place Horse & Country
Holly Industries
Horizon Packaging, Community Living
North Halton
Identities
J.V. Clothing
JK Woodworks
Kelsey's
Leathertown Lumber Inc.

Literacy North Halton
Living Lighting
MacMillan's Gourmet Frozen Foods
Mary Kay Cosmetics - Barbara J. Martin
Metalscape
Mount Royal Painting Inc.
Mountainview Residence & Terrace
Norbram Group Insurance Benefits Inc.
North Halton Heating
Norval Plumbing Centre Inc.
NRJ Consulting
Perma-Shine Inc.
Power Quest Electric Ltd.
Purity Life Health Products
Saputo Dairy Products Canada G.P.
(Neilson)
Shelly's Chocolate & Gifts
Sheridan Nurseries
Shoeless Joe's Restaurant
Simply Yoga Simply Health
SouthWestern Energy Inc.
Sparkle Your Space
State Farm Insurance, Lora Greene
Stride
Styling Spaces

Superior Glove Works Ltd.
Technical Fastener Product Supply
Terra Cotta Cookie Co. Ltd.
The Carpet Palace Ltd.
The Garden Lady
The Georgetown Hearing Clinic
The Pita Pit
The Royal Academy of Arts & Education
The Sign Shoppe
The Spa on Main
TransCanada Energy Ltd.
TY Virtual Assistant
United Way of Halton Hills
Upper Credit Humane Society
Thrift Shop
Varanelli, Daniel, CGA, CFP
Virtually Working for You
Wal-Mart Canada
Wenham, Bruce CGA
William McKeown, Broker
& Janet McKeown, Sales
Woodchuck Farms Inc.
Yorkshire Enterprises Inc.
Young's Insurance Brokers Inc.,
Lily Jurkas

Ask The Professionals

Win a coupon for 50% off a Happy Ad with every question submitted For the Professionals by May 19th, 2011. features@independentfreepress.com or call 905-877-0301 ext. 237

PROFESSIONALS WANTED

to inform our readers & answer their questions

THE INDEPENDENT & FREE PRESS

Contact Special Features to find out about our booking specials 905-873-0301, ext. 237 features@independentfreepress.com

Synergy Benefits CONSULTING INC.

wfreed@synergybenefits.ca
905-703-8857
1-877-826-2468
www.synergybenefits.ca



Wendy Farrow-Reed
CHRP (Certified Human Resource Professional)

Q: Do Employer's have to provide time off for Employee's to vote?

A: A federal election has been called for May 2, 2011. Under the Canada Election Act, all employees who have the right to vote are entitled to three consecutive hours on election day, during voting hours, to cast their votes. Where an employee's hours of work prevent him or her from having the three consecutive voting hours required under the Act, the employer must allow the time for voting that is necessary to provide those three consecutive hours. The time off is paid and must be scheduled at the convenience of the employer. For example, if an employee usually finishes work at 5:00 p.m. and the polls close at 7:00 p.m., the employee must be allowed to leave work no later than 4:00 p.m. Where an employee has three consecutive hours that fall within the voting hours, but fall outside of his or her work hours, there is no obligation to provide time off from work.

AMERISPEC HOME INSPECTION SERVICE

360 Guelph St.,
Georgetown, ON
1-800-794-5880

www.GetEnergyGrants.ca
www.HomeInspectorsHelp.com



Jeff Brookfield

Q: What types of things do I need to do to properly maintain my home?

A: When we conduct inspections for buyers of homes, we look at some 400 items in the house; some structural, some safety and some maintenance items. However, once we leave the inspection, normally these things don't get checked again by homeowners. Every homeowner should be doing their own checks every 3 to 6 months. This includes replacing your furnace filter, test and replace batteries in smoke detectors, check ground fault circuit interrupters, check hand rails, check for a water heater temperature pressure relief valves, check the water heater temperature, clean out dryer vents, sump pump check and much more.

Every homeowner should put a plan in place to schedule in these simple checks and fixes. Go to HomeInspectorsHelp.com/homecheck-test and take our 6 question test to see if you're properly maintaining your home. It could save a life.

IN FOCUS physiotherapy

& WellnesCenter Inc.
324 Guelph St., Georgetown
Halton Gate Plaza
905-702-7891



JENNI VENERUZ

Q: I have had "clicking" and pain in my jaw for many years. It has recently become more painful and sometimes locks. Can a physiotherapist help me?

A: Pain in the jaw can be very debilitating and if left untreated can result in permanent disability and dysfunction. Physiotherapy is an excellent option for people with jaw issues. The goals of physiotherapy are to improve the biomechanics of the jaw, reduce pain and restore function. The physiotherapist will work with you and your dentist and/or orthodontist to develop the best treatment plan for you.

Exercises given are simple, painless and very effective. Most treatment can be done as a home program.

Jenni Veneruz has advanced training in the assessment and treatment of the TMJ (temporomandibular joint).