

Free hospital seminar with updates on cervical cancer and vaccinations

Do I Still Need a Pap? is the title of a free education seminar presented by Dr. Santina Andrighetti as part of Halton Healthcare Services' "Living Healthy" series.

Members of the public are invited to attend this update on cervical cancer and vaccinations. This event has been organized by Halton Healthcare Services in partnership with the Canadian Cancer Society and Wellspring. The event was made possible through an educational grant from Merck.

Dr. Santina Andrighetti, M.D., and Gynaecologist with Halton Healthcare Services, will speak about prevention,

early detection, and treatment options for women's cervical health issues including cervical cancer. The presentation will be followed by a question and answer period.

According to the Canadian Cancer Ontario, nearly 550 Ontario women are diagnosed with cervical cancer per year in Ontario. This cancer can be prevented and, in most cases, can be cured if treated early. Pap tests are used to detect cervical cancer before it has fully developed, which is when treatment can be effective. The HPV vaccination program is also working towards reducing cervical cancer by reduc-



ing the risk.

Individuals interested in how to protect themselves against a preventable disease are encouraged to attend

this seminar to learn more. The event will be held at the Georgetown Hospital Activity Room on Tuesday, April 26, with displays and refresh-

ments from 6:30 p.m. and the seminar commencing at 7 p.m. The hospital is located at 1 Princess Anne Drive, Georgetown.

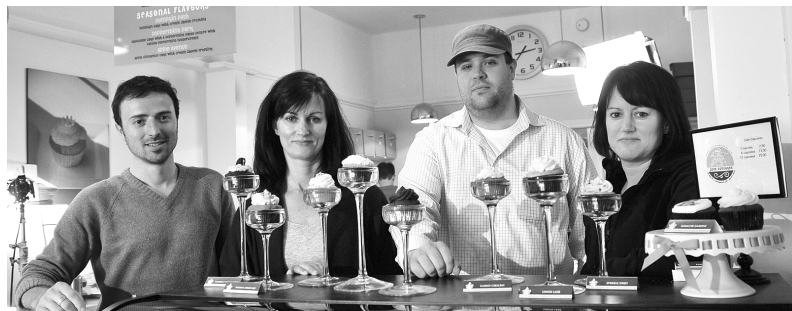
To reserve a seat for this free event, please contact 905-878-2383 (ext. 4379) or healthpromotion@haltonhealthcare.on.ca. There will be free parking at this event.

If you are unable to attend the event and would like more information on this topic, speak to your physician and contact the Cancer Information Service at 1-888-939-3333/ www.cancer.ca or Wellspring at 1-877-499-9904/ www.wellspring.ca.



Commercial is icing on the Just Cupcakes

Just Cupcakes, 98 Main St., S. in Georgetown was recently used as a backdrop for a commercial. Top right photo, from left, director Jake Kovnat, Debby Fritz, co-owner Just Cupcakes, Alex Colthart, Executive Producer Rawfootage Productions, and Rosey Crean, co-owner Just Cupcakes. Bottom right photo: Director Jake Kovnat adjusts camera angles during a break in shooting a "Copyright" commercial. Left photo: Debby Fritz co-owner of Just Cupcakes pipes icing during a break in the action.



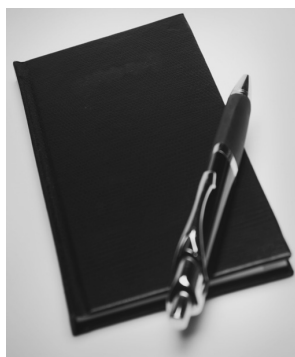
Photos by Jon Borgstrom

Creative Writing class to be offered

Welcome to Creative Writing— nine weeks inspiration— is a creative writing class to be offered on Mondays, 7-9 p.m., May 2 to June 20 at the Glen Williams Town Hall, 1 Prince St.

To register, phone Sheila Eastman: 905-826-8847 or e-mail brianhenry@sympatico.ca

This course will open the door to all kinds of creative writing. Class leaders will visit story writing and personal writing, children's writing and just for fun writing. You'll get a shot of inspiration



every week and an assignment to keep you going till the next class. Best of all, this class will provide a safe environment, where your words will flow and flower.

Instructor Brian Henry has been a book editor and creative writing teacher for more than 25 years. He teaches at Ryerson University and has led writing workshops everywhere from Boston to Buffalo and from Sarnia to Charlotte. But his proudest boast is that he has helped many of his students get published.

Please don't drink and drive



CH sets environment award nomination deadline

Do you know someone who has worked hard to protect, preserve or enhance our environment? Has an individual, business or organization shown leadership in reducing their impact on the environment? Does a local youth or a school group deserve special recognition for their environmental efforts?

The Conservation Halton Environmental Awards of Excellence are an excellent way to encourage, and recognize environmental leadership in the watershed. Your environmental hero can have committed acts of green that are large or small.

Show your appreciation by submitting a nomination for the Conservation Halton Environmental Awards of Excellence.

Previous winners of Conservation Awards of Excellence include residents, schools, multinational corporations, community environmental groups, government and national non-government organizations.

Candidates for an award can be nominated by any individual or organization. Nominations must be received by 5 p.m. on April 22 and can be submitted online, www.conservationhalton.ca or 905-336-1158 ext. 233.

Start Now!

Still time to join Spring Session!
Now until June 30, 2011 pro-rated fees for 10 or 9 weeks of relaxing yoga!

Locally since 1996

Simply Yoga

with
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<p>Rampulla's Martial Arts (14 Main St., South) TUES. 1:00 pm- 2:30 pm Beg/Inter 11 wks</p>	<p>Terra Cotta Community Centre (High Street, Terra Cotta, 15 mins. from Georgetown) * MON. 7:30 pm 9:00 pm Beg/Inter 10 wks</p>
<p>St. Andrews United Church (Mountainview & Sinclair, Georgetown) * FRI. 7:30 pm- 9:30 pm Beg/Inter 11 wks</p>	<p>TUES. MEDITATION 9:15 am- 9:55 am (no charge) 11 wks</p>
<p>Hillcrest Church (5th Sideroad & Trafalgar across from Pineview Public School) THURS. 8:00 pm- 9:30 pm Beg/Inter 11 wks</p>	<p>TUES. 10:00 am-11:30 am Beg/Inter 11 wks WED. 7:30 pm- 9:00 pm Beg/Inter 11 wks <i>Discounts for Students, Seniors & Families</i></p>

SPRING SESSION starting April 11-June 30, 2011. *No classes Friday, April 22, Monday, May 23 or May 24, 2011.
For registration please call 519-833-9402

St. Elias Ukrainian Catholic Church, Brampton

UKRAINIAN EASTER BAZAAR & PASKA SALE!!

SATURDAY, APRIL 16, 2011 • 12:00 NOON - 3:00 PM

Home baked Easter breads, baked goods, kids' Easter treats, Pysanky-hand painted Easter eggs, Easter meats, assorted Easter gifts, religious articles and books, snack bar.

Church Tours available.

In Brampton (On Heritage Rd. - 1 km west of Mississauga Road, north off Hwy. 7) Look for the Domes