

Continued from pg. 17

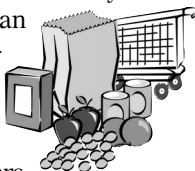
Monday, Feb. 28

Georgetown Osteoporosis

Support Group: meets 7 p.m. at the Georgetown Salvation Army Community Church. Anyone interested in obtaining further information about osteoporosis is welcome to attend. Info: Pam Lowden, 905-702-9276.

Nutrition Shopping Tour: 7-8:30 p.m. conducted by registered dietician

at the Metro grocery store, 367 Mountainview Rd. S., Georgetown. Customers will learn how to make healthier food choices during a routine shopping trip. Partici-



pants must call to reserve a spot: Metro pharmacy, 905-702-1131.

Tuesday, March 1

Alzheimer Support group: An opportunity for family caregivers (caring for someone with Alzheimer's Disease or a related dementia) to receive information and share their personal journey with others meets 7-9 p.m. at the Halton Regional Police Station, 217 Guelph Street. Call for more information at 1-800-387-7127. Open to all family caregivers.

Georgetown Seniors AGM: The Annual General Meeting of the Georgetown District Seniors Centre will be held 1 p.m. at the Centre, 318 Guelph Street, Unit 9, Georgetown. Info: 905-877-6444.

West African Drum group:

Community Calendar

If you are interested in this kind of drumming there is a group that meets at St. Andrew's United Church at the corner of Mountainview and Sinclair in Georgetown on the first and third Tuesday of each month at 7:30 p.m. All welcome. Info: Bev Whatmough, 905 877-9053.

CFUW Georgetown: is hosting a speaker from the Oakville Chapter of Canadians in Support of Afghan Women. This organization is actively involved in aiding women with human rights struggles by providing

education, through the funding of schools and resource centres and has its roots in Halton. See www.canadianssupportafghanwomen.ca Everyone is welcome to come 7:30 p.m. at St. Alban The Martyr Church parish hall, 537 Main St., Glen Williams. All welcome. Refreshments (bring your own mug). Info: www.cfuw-georgetown.ca

Wednesday, March 2

Bruce Trail

hike: Level 1, 5-6 km loop hike on local trails. Depart at 9:30 a.m. from the Georgetown Market Place parking lot between Zellers and the grey medical building. Bring wa-



ter and snacks. Join us for lunch 31 at a local eatery after the hike. Leader: Maureen, 905- 873-9757.

Thursday, March 3

Get Knitting: 7-8 p.m. at Halton Hills Public Library, Georgetown Branch. This group of knitting enthusiasts welcomes knitters and those who would like to learn for an hour of friends, books and all things knitting-ish! The knitting doctor will be in to provide help with a pesky pattern or other knitting questions. Info: 905-873-2681 or visit www.hhpl.on.ca

Ballinafad Hall Board euchre: at the Ballinafad Community Centre, 7:30 p.m. Cost: \$3 per player. Light lunch, coffee and tea.

More CALENDAR, www.independentfreepress.com

Independent & Free Press, Thursday, February 24, 2011

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