

Your Health



NEWS AND INFORMATION FROM GEORGETOWN HOSPITAL FEBRUARY 2011

HHS Receives Provincial Award

Halton Healthcare Services (HHS) was awarded a GOLD Quality Healthcare Workplace Award by the Ontario Hospital Association (OHA) and the Ministry of Health and Long-Term Care – HealthForce Ontario.

HHS was acknowledged for organizing annual patient safety expos that provide staff with opportunities to showcase and be recognized for their good work. The OHA additionally recognized HHS for having a strong commitment to quality improvement and quality workplace initiative metrics and evaluation processes.



HHS is amongst the first organizations in the province to achieve this prestigious award recognizing organizational efforts to improve healthcare workplaces in ways that contribute to providers' quality of work life and the quality of care and services.

Chronic Disease Self Management Program

Do you have one or more chronic conditions such as diabetes, kidney, heart or lung disease, arthritis or any other conditions? Join us for a free, six week group based program to learn more about goal setting, overcoming barriers, positive thinking, general nutrition, communication with healthcare professionals and more! Caregivers and spouses are also welcome to come.



Georgetown:

Every Wednesday from March 2 – April 6, 2011
9:30 a.m. – Noon

Halton Region Health Department, 93 Main St. South, Georgetown

For more information on these sessions or to register please contact Betty Clara at 905-845-2571, ext. 5900 or email maximizeyourhealth@haltonhealthcare.on.ca

GHVA Raffle Winners Announced

Congratulations to the winners of the Georgetown Hospital Volunteer Association (GHVA) Valentine's Day Raffle! Pauline Jamieson was our first prize winner of a Bulova Watch, donated by *Fire and Ice Jewellers* in Georgetown. Theresa Mitchell won the second prize, Swarovski Earrings, donated by *The Niblick Pub* in Oakville. Thank you to everyone for supporting the GHVA's efforts to raise funds for our community hospital.



Email a Patient

Halton Healthcare Services is pleased to offer a complimentary patient email service for those that cannot come in for a personal visit. Log onto www.haltonhealthcare.com and find the link to **Email a Patient** under **Quick Links**. A Georgetown Hospital volunteer will print your message on special paper, seal it and arrange for delivery.



Come Join our Volunteer Team at Georgetown Hospital!

The Georgetown Hospital Volunteer Association (GHVA) Gift Shop and Coffee Kiosk is in need of more volunteers. The shop offers a selection of beautiful gifts, jewellery, cards, flowers, toiletries, reading materials, snacks and beverages. This is an opportunity to help the hospital without working directly with patients but still meet new people and have fun! The morning shift is preferred but other shifts are available. Weekends are suitable for youth 16 years and older. Contact Janice at 905-873-0111, ext. 8153 or jcown@haltonhealthcare.on.ca for more information.

Third Annual President's Cup Golf Tournament

The Third Annual President's Cup Golf Tournament is being held at the Club at North Halton on Monday, July 25, 2011. The event includes lunch, a shotgun round of golf with cart at a premier private club, a silent auction and an awards dinner. Entry free is \$275 per person. Sponsorship opportunities are also available. For more information please contact the Georgetown Hospital Foundation at 905-873-4599.



Living Healthy Seminars

Please join us at the following FREE Health Education seminars provided by Halton Healthcare Services. Displays start at 6:30 p.m. Seminar starts at 7:00 p.m.

Thursday, March 31, 2011

Health Benefits of a Nordic Pole Walking Program

Klaus Schwanbeck, Ph.D

Oakville-Trafalgar Memorial Hospital, 327 Reynolds Street, Oakville

Wednesday, April 6, 2011

Prostate Cancer Prevention: What to do if you have it

Dr. Richard Casey, HHS Urologist

Southside Community Church, 7480 Derry Road, Milton

Monday, April 11, 2011

Our Family – Our Food: Empowerment through the love of food

Sandra Saville, Registered Dietitian and Julia Hanna, Julia's Ritorno

Halton Regional Centre, 1151 Bronte Road, Oakville

Reserve a seat by email at healthpromotion@haltonhealthcare.on.ca or by phone at 905-878-2383, ext. 4379.

Halton Healthcare Services is a Smoke Free Environment

As a healthcare organization, it is our responsibility to provide a healthy environment for patient treatment and recovery.

Thank you for not smoking anywhere on the properties of:

- Georgetown Hospital
- Milton District Hospital
- Oakville-Trafalgar Memorial Hospital

