



Powerful presentation

Motivational speaker Spencer West from the Me to We Foundation (left, front and above) spoke to Georgetown District High School students in an assembly last week to motivate the school to embrace an Energy Challenge, which will run February to May 2011. The initiative, partnered by Halton Hills Hydro and the high school, will focus on student education of phantom power to reduce electrical energy consumption. Phantom power is electricity used by electrical devices when the device is not in use but still plugged into an outlet. Halton Hills Hydro provided energy meters to the students to be able to monitor their usage. Joining West were (from left) Halton Hills Hydro Conservation and Demand Management Officer Linda Boyer, and GDHS students Holly Hohban and Alex Jewel.

Photos by Ted Brown

Tuesday, Feb. 15

ASMP-Georgetown: A six-week Arthritis Self-Management Program (ASMP) will begin Saturday, Feb. 19, 10:30 a.m. to 12:30 p.m. in the Community room of the Georgetown police station 211 Guelph St., Georgetown. Please register before Feb. 16: <http://arthritis.akaraisin.com/e/asmp.aspx> or call Arthritis Connexx at 1-800-321-1433.

West African Drum group: If you are interested in this kind of drumming there is a group that meets at St. Andrew's United Church at the corner of Mountainview and Sinclair in Georgetown on the first and third Tuesday of each month at 7:30 p.m. All welcome. Info: Bev Whatmough, 905-877-9053.

Acton Bible Study: All are welcome to the continuing Bible Study, that is inspired by Dave Schiefel, held at Knox Presbyterian Church, Acton every Tuesday, 7 p.m. Light refreshments.

Calling all gardeners! Come join us when Lorraine Roberts from Plant Paradise Country Gardens in Caledon talks about "Plants that attract Beneficial Insects" at the Acton Horticultural Society meeting, 7:30 p.m., at Knox Presbyterian Church, 44 Main St. N., Acton. Info: Ruth 519-853-0009.

Cabin Fever Busters: break the winter blues at this free drop-in play group for kids from birth to five years old every Tuesday, 10 a.m. to 12 p.m. at The Salvation Army Georgetown Community Church, 271 Mountainview Rd S. Kids will have plenty of space to run & play while parents/caregivers can connect with other adults. Snacks and refreshments are provided. No registration required, just come on in! Info: Emily, 905-877-1374 or Emily_Allen@can.salvationarmy.org

Community Calendar

Euchre: Georgetown Seniors Centre hosts euchre first and third Tuesday and bid euchre second and fourth Tuesday, 7 p.m. at the centre on Guelph St. Admission \$2.

TOPS-Georgetown: meets Tuesdays at St. Andrew's United Church, 89 Mountainview Rd. S. Weigh-in: 6:30 p.m. Meetings follow at 7:30 p.m.

Wednesday, Feb. 16

Safeguarding the heart—Targeting the Ticker: seminar will be held 7 p.m. at Staying Alive Fitness, 11 Main St. N. in Acton. Marie Ramsey, Certified Kinesiologist, will provide participants with a better understanding of cardiovascular disease and approaches to improve the condition. Registration required, call Staying Alive Fitness, 519-853-2650.

Free health seminar: Learn about Advances in Cardiac Care in our Community with Dr. Michael Heffernan, Cardiologist with Halton Healthcare at the Southside Community Church, 7480 Derry Road, Milton. Presented by Halton Healthcare services in partnership with the Heart and Stroke Foundation of Ontario. Info/to reserve seat: 905-878-2383 (4379) or healthpromotion@haltonhealthcare.on.ca.

Georgetown Horticultural Society: welcomes all to its monthly meetings, 7:30 p.m. at St. George's Church on Guelph St. This month: Terry Kennedy on Orchids. Raffles and refreshments too. Info: www.geohort.com

Thursday, Feb. 17

Open Devotions: Prayers, scripture readings, music, refreshments, 7:30 p.m. at 20 Donaghedy Drive, Georgetown. All are welcome. Info: 905-873-0661. Sponsored by the Baha'is of Halton Hills.

Ballinafad Hall Board euchre: at the Ballinafad Community Centre, 7:30 p.m. Cost: \$3 per player. Light lunch, coffee and tea.

Looking for work? Links2Care Em-

ployment Resource Centre, 45 Mill Street East, Acton offers free job search support. Come at 1 p.m. to hear about the hands-on Skilled Trades Training Programs available through The Centre For Skills Training & Development. Info: 519-853-5014.

Free Business Advice: A professional Business Consultant from the Halton Region Business Development Centre will be available at Halton Hills Public Library, Georgetown Branch to help you start or expand your existing small business. Register for a free one-hour consultation at 1-866-4HALTON or busdev@halton.ca

Bereavement Share and Support Night: Bereaved Families of Ontario-Halton/Peel is offering a general share and support night open to all adults who have lost a loved one, 7-8:30 p.m. at Norval United Church at the house next door, 486 Guelph St., Norval. Info/to register: Bereaved Families, 905-848-4337.

Bingo: hosted by Georgetown Optimist Club, 13439 Hwy. 7, Thursdays, 7-9 p.m. Cash prizes. Fundraiser for youth activities. Info: Clay, 905-873-1709.

Beer & Bible: is held 7:30-9 p.m., year round on Thursdays at the Copper Kettle Pub on Main St. in Glen Williams. The evening, hosted by St. Alban's in the Glen is casual. Join whatever nights you can for an informal Bible discussion. Everyone is welcome. Bring your Bible and purchase a beverage.

Prenatal care: Is there a baby in your future? Halton Region Health Department Healthiest Babies Possible prenatal program is accepting registration for its six-week program Thursdays at Ontario Early Years Centre-Georgetown, 96 Guelph St. To register: 1-866-442-5866. Info: www.halton.ca.

Sexual assault counseling: One-to-one counselling for women and teen girls, now offered in Milton every Monday and Thursday. Free, confidential ser-

vice for women and teen girls who have experienced relationship, sexual and/or family violence. No names, no judgement, just support! For more information or to book an appointment, please call Nicole at Sexual Assault & Violence Intervention Services, 905-825-3622, or leave a message at 905-691-8569.

Friday, Feb. 18

Texas Hold'em is hosted by Optimist Club of Georgetown on the third Friday of every month, from Sept. to June. Registration is at 6:30 p.m.; game starts at 7 p.m. sharp at the Optimist Hall, Hwy 7. Tickets \$50. For tickets call John, 905-877-2931 or David, 905-702-0120.

Winter Drop-In Storytimes: Halton Hills Public Library offers free drop-in 30-minute programs for grownups and young children include stories, music and lots of fun at the Gellert Centre on Fridays, until March 4 at 10:30 a.m. Info: 905-873-2681 ext. 2520 or www.hhpl.on.ca

After-school program: Nassagaweya Presbyterian Church, 3097 - 15 Sideroad, just east of Guelph Line invites children, ages 4-8 and ages 9-12, to an after-school program designed for each age group, 3:30-5:15 p.m. Info: 905-854-1055 or visit www.nassagaweya.com.

Friday night euchre: resumes 7:30 p.m. at Georgetown Legion. Admission: \$2. Everyone welcome.

Friday Dinners: 6-7 p.m. at Georgetown Legion, 127 Mill St. \$5 includes dinner and coffee/tea. Desserts \$1 extra. Dinners continue every Friday night until June. Info: 905-877-4413.

Nordic Pole Walking: Mondays and Fridays 10-11 a.m. indoors in the Dufferin Centre (\$2 entrance fee) in Prospect Park, Acton. Led by certified Nordix Pole Walking instructor Ginger Quinn, 905-691-9122, Sponsored by GEM Health Care Services www.gemhealth-carehalton.com