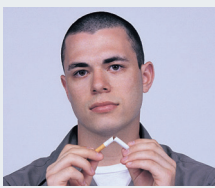


**THURSDAY,**  
February 10, 2011

4 Pages



### TAKE THE CHALLENGE

Are you driven to quit smoking?  
You should be  
**PAGE 2**



### WINTER WORKOUTS

It's important to maintain your fitness  
during winter's chilly months  
**PAGE 3**

# HEALTH CARE

Special pullout section



*Now ear this!*

Cory Soal of Georgetown Hearing Clinic checks out the ears of Vimmi Singh, who will be coming on staff with Soal soon. The hearing clinic, which has been serving Halton Hills for 15 years and was named the 2011 Readers' Choice winner for Favourite Hearing Specialist, is located at 99 Sinclair Ave., Suite 210. *photo by Ted Brown*



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