

Friday, Feb. 11

Drop-In Storytimes: Halton Hills Public Library offers free drop-in 30-minute programs for grownups and young children include stories, music and lots of fun at the Gellert Centre on Fridays, until March 4 at 10:30 a.m. Also at the Georgetown Branch on Saturdays, until March 5 at 11 a.m. and Wednesdays, until March 2 at 9:45 a.m. Info: 905-873-2681 ext. 2520 or www.hhpl.on.ca

After-school program: for children, ages 4-8 and ages 9-12, 3:30-5:15 p.m., at Nassagaweya Presbyterian Church, 3097 15 Sideroad, just east of Guelph Line. Info: 905-854-1055 or visit www.nassagaweya.com. Also Feb. 18, 25.

Toonie Movies: at the Georgetown Seniors Centre. For \$2 enjoy a new release movie, popcorn and drink. Call the Centre for more details, 905-877-6444.

Friday night euchre: 7:30 p.m. at Georgetown Legion. Admission: \$2. Everyone welcome.

\$6 Friday Dinners: 6-7 p.m. at Georgetown Legion, 127 Mill St. includes dinner and coffee/tea. Desserts \$1 extra. Dinners continue every Friday night until June. Info: 905-877-4413.

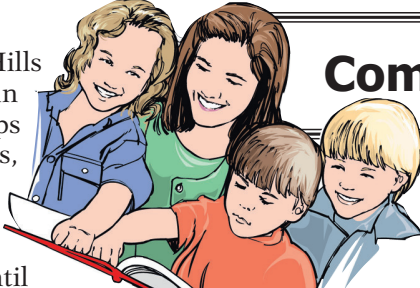
Nordic Pole Walking: Mondays and Fridays 10-11 a.m. indoors in the Dufferin Centre (\$2 entrance fee) in Prospect Park, Acton. Led by certified Nordixx Pole Walking instructor Ginger Quinn, 905-691-9122, Sponsored by GEM Health Care Services www.gemhealthcarehalton.com

Saturday, Feb. 12

Breast Health seminar: Breast Health and its connection to digestion will be presented by Cynthia Simmons HD, D.H.M.H.S., C.T.T., 10 a.m., 40 Preston St. in Georgetown. Info: 905-875-7895.

Humane Society kittens: 11 a.m. to 2 p.m. at Pet

Community Calendar



Valu, 235 Guelph St. Georgetown. Kittens available from the UCHS's Kitten Foster and Adoption Program to approved homes for \$160 cash, includes spay/neuter, age appropriate vaccinations and microchip. Info: www.uchskittens.blogspot.com or Barb, 905-873-8547.

Valentine Tea: hosted by Trinity United Church in Acton, 11 a.m. to 3 p.m. featuring home-made fancy sandwiches, cranberry scones, vegetables, squares, cookies, tea and coffee. Admission: \$7 per person, children under 5 are free. There is also a bake table, raffle, penny table and live music. Info: church office, 519-853-2090.

Valentine dinner and dance: will be hosted by the Friends of Terra Cotta in support of Terra Cotta Centre for Environmental Learning, at the Terra Cotta Inn. Enjoy a cocktail reception (6 p.m.), followed by dinner (7 p.m.), dancing, and draws for great prizes. For more information or to purchase tickets, contact Julie McManus, jmcmanus@creditvalleyca.ca or 905-670-1615 ext 418.

Moonlight Owl Prowl: Come explore the nighttime as you call and listen for owls, 6-8 p.m. at Terra Cotta Conservation Area. This outdoor hike will teach you how to make an own owl call while discovering the mysteries of silent flight and more for these master predators. This program is free with admission to Terra Cotta Conservation Area. Registration is required. Register online at www.creditval-



leyca.ca/education or call 905-670-1615 ext. 221.

Hungry Man Breakfast: will be served 8-11 a.m. at the Georgetown Legion Branch 120, 127 Mill St. Cost is \$6 for adults and \$3 for kids under 12. Take-out is also available. Future dates: March 12.

Men's Toonie Breakfast: is held on the second Saturday of every month until June, 8-30-9:30 a.m. at Bethel Church 365 Queen St. E., in Acton. Enjoy bacon, eggs, toast, coffee, and more. Just \$2! Info: www.actoncrc.com

Nordic Pole Walking: Saturdays, 9-10 a.m. at Creature Comfort Co., 92 Main St. S.- bring toonie for CASH or UCHS. Led by certified Nordixx Pole Walking instructor Ginger Quinn, 905-691-9122, Sponsored by GEM Health Care Services www.gemhealthcarehalton.com.

Free curling: 9 a.m. to 12 noon. All ages welcome. Go on the ice, receive instruction, throw some rocks and sweep H-A-R-D! All you need to wear are layers of warm clothing and bring a clean pair of running shoes. All curling equipment provided. Curling is a fun, active, affordable sport. Info: Michelle Laidlaw, Club Manager, Brampton Curling Club (905-451-4015) or www.bramptoncc.com.

Sunday, Feb. 13

Have A Heart For Animals: Staying Alive Fitness's Valentine's fundraiser to benefit the Upper Credit Humane Society will be held Feb. 7-21. Drop off any cat and dog supplies or monetary donations at Staying Alive Fitness, 11 Main St. N., Acton during business hours. Cat Adoption Day will be on Sun., Feb. 13, 10 a.m. to 1 p.m.

Free skating: courtesy of Ted Arnott, MPP Wellington-Halton Hills will be held at the Mold-Masters SportsPlex, 2-3:20 p.m.

More CALENDAR, pg. 31



Valentine Special

Until February 19, 2011

BOTOX
COSMETICS & FILLERS
UP TO 30% OFF
ASK US HOW

Laser Hair Removal

Full Face Package of 5 \$700.

Bikini Package of 5 \$725.

Silkpeel

Full Face Package of 4 \$370.

Endymed 3Deep Skin/Body Tyte

Face Package of 4 \$650.

Neck Package of 4 \$550.



The All **New ULTRA SHAPE**
Redefines Focused Ultrasound
The New Gold Standard in Non-invasive Fat Reduction & Body Contouring



"PINCH AN INCH" with ULTRA SHAPE V.3

New Year, New You!!

New Years Resolution for 2011: Lose weight, tone body, look and feel good!
How: **Free consultation!!**

Where: Milton Medical Center

Ultra Shape V.3

WHAT:
The non-invasive, alternative to plastic surgery! Designed for the reduction of fat deposits by ultra sounds waves. No downtime, you can resume daily activity post treatment!

HOW:
The fat is absorbed by the bodies metabolism. It is either turned into energy, or sent to the circulatory system, and then on to the liver. In the liver the fat is then processed as any other fatty acid, such as with foods.

WHERE:
Abdomen, Flanks (love handles), Thighs, Buttocks

***On average, one sees a circumference reduction of 4 cm and as much as 10 cm after 3 treatments!**



200-1225 MAPLE AVENUE, MILTON 905-693-6400
(BEST BUY & BRICK PLAZA) www.mmc1.ca