



**Look no further. We can train you.  
Part-time adult upgrading. Tuition is FREE.**

Your Local Adult Learning Centre offers the following part-time programs:

**Computer Basics for Employment**

(all year round, Georgetown, Acton & Milton)

10 week Computer Course content includes:

- Free skills assessment and orientation ▪ Employment focus
  - Introduction to MS Office Applications
  - Introduction to Email and Internet
  - Web and Employment Research
  - On-line Learning

**Read\*Spell\*Write\* Program**

(all year round, Georgetown, Acton & Milton)

Improve your employment and life skills in:  
Reading ▪ Writing ▪ Spelling ▪ Basic Math

**Sheridan ACE Academic Upgrading Program \*\***

(Evenings Georgetown)

Prepare for College Entrance—Earn Grade 12 Equivalency

Meet requirements for Apprenticeship/Pre-apprenticeship

English - Math - Science (Biology and Chemistry)

\*\*ACE certificate recognized by all Ontario Colleges

**Want to know more? Information Night Weds Jan 12  
drop in to 72 Mill St. Ste 207 Georgetown 6.30 pm**

For further information and a free assessment:

**Call: (905) 873 2200**

[www.literacynh.org](http://www.literacynh.org)

Literacy North Halton is a non-profit charitable organization #107782609  
-RR0001 and is supported by the Ministry of Training; Colleges and  
Universities; United Way of Halton Hills; United Way of Milton; community  
agencies and individuals. This Employment Ontario service is  
partially funded by the Government of Ontario.



# CVC hosts Chinese delegation

A delegation of 25 representatives from the People's Government of Jiangxi China visited Credit Valley Conservation (CVC) last month to study best practices for protecting natural ecosystems.

Jiangxi is a province of the People's Republic of China located in the south part of the country. The delegation consisted of mayors from 11 municipal governments of Jiangxi Province in addition to directors and chief engineers from regional and county Water Authority Bureaus.

During the visit, CVC presented

information to the delegation about some the key issues facing the Credit River watershed: climate change, drought and flooding, urban development and habitat loss. CVC also shared how it copes with these issues through a range of restoration and stewardship programs.

Jiangxi, an area of technological development, is home to Poyang Lake, the largest fresh water lake in China. The lake provides habitat for approximately 500,000 migratory birds and is a popular destination for nesting.

## I NEVER WANTED TO BE SEEN NAKED.

## DUMP THE WEIGHT FOR GOOD

*Bio-identical Hormone Replacement Therapy, PMS,  
Peri-Menopause, Menopause, Infertility, Thyroid Imbalance,  
BHRT, Detoxification, Saliva Testing*

New Customized  
Weight Loss  
Program



**Avita Integrative Health  
& Restoration Clinic**  
5A Conestoga Drive, Ste 300, Brampton  
**905-455-0488**  
[www.avitaintegrativehealth.ca](http://www.avitaintegrativehealth.ca)

# Make this the Year.

Let's cross "Hearing Test" off your list of resolutions

At the Georgetown Hearing Clinic, we have spent the last 17 years helping to bring back the gift of hearing to many people struggling with a hearing disability. Call today to begin the journey and make this your year for better hearing...



Georgetown Hearing Clinic  
99 Sinclair Ave. Suite 210 Georgetown  
905.873.6642