

Georgetown Hospital cafeteria among nine workplaces honoured

The Halton Region Health Department recently recognized nine Halton workplace cafeterias that have made a commitment to healthy living by successfully achieving their 2010 Eat Smart!— Workplace Cafeteria award.

Among those recognized was the Georgetown Hospital cafeteria.

Eat Smart! is a provincial award pro-

gram designed to recognize workplace cafeterias that provide and promote healthy eating and food safety. The presentations were made at a breakfast networking event for Halton workplaces held at Rattlesnake Point Golf Club in honour of Canada's Healthy Workplace Month.

"Congratulations to these Halton workplaces," said Halton Regional Chair Gary

Carr. "To receive the Eat Smart!— Award of Excellence, workplaces must comply with 14 nutrition standards and six food safety standards."

As part of the Eat Smart! program, Halton Region Health Department staff meet with the workplace wellness team and food service provider to review the standards relating to food safety and nutrition.

To learn more about the Eat Smart! program, visit www.halton.ca/eatsmart. To be added to the mailing list for future workplace health networking meetings, please contact Halton Region by dialing 311, 905-825-6000, ext. 7887, toll free 1-866-4HALTON (1-866-442-5866), or TTY 905-827-9833 or visit their website at www.halton.ca/workplacehealth.

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