

Students to pedal for a cause

A dozen students from Christ the King Secondary School will travel to the Dominican Republic in February on a relief mission and have set up a bike-a-thon fundraiser for Saturday to help offset the costs of building supplies.

The students are covering their own travel and accommodation expenses while on the trip and require an additional \$5,000 to help build homes for families in need.

So from 8 a.m. to 8 p.m. this Saturday (Nov. 13) at CtK, the Dominican dozen will take turns pedaling on stationary bikes

in order to raise funds for the Dominican HOPE mission.

Taking part will be Paige Camirand, Julia Holland, Christian Preto, Jacob Carrillo-Hayley, Mary Karger, Natacha Rueda, Kelsey Grant, Nick McKnight, Patrick Ryan, Leslie Hale, Holly Owens, Paul Zearth.

Donations can be made at CtK on the day of the bike-a-thon or can be made by contacting teacher Meaghan O'Brien by email at ObrienM@hcdsb.org or by calling 905-702-8838 ext. 3051.



Tree Huggers opens

Lovable Little Tree Huggers, an online natural parenting store, recently held its official grand opening at Roxy Coffee in Acton. Owned by Laura Nunn (second from left), the business specializes in cloth diapers, organic mother and baby products, and babywearing products. On hand for the opening were, from left, Nunn's husband Andrew, Councillor Mike O'Leary and Mayor Rick Bonnette. For more info visit www.lovablelittletreehuggers.com or contact Nunn at laura@lovablelittletreehuggers.com.

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Seasonal Influenza (flu) Immunization Clinics

It's not too late to vaccinate against seasonal flu! The Halton Region Health Department is offering free seasonal flu immunization clinics to all Ontarians six months of age and older. Children under 9 years of age needing a second dose are also invited. No appointments are necessary.

- For best protection against influenza, yearly immunization is recommended.
- If you have a fever or do not feel well, postpone your visit to a later date.
- Please wear a short-sleeved shirt.
- Visit www.halton.ca/flu to learn more about influenza and for the most up-to-date clinic information.

Thursday, November 11	4:00 p.m. – 8:00 p.m.	Halton Regional Centre, Auditorium	1151 Bronte Road, Oakville
Tuesday, November 23	4:00 p.m. – 8:00 p.m.	St. Catherine of Alexandria School	407 Barber Drive, Georgetown
Saturday, November 27	10:00 a.m. – 2:00 p.m.	Halton Regional Centre, Auditorium	1151 Bronte Road, Oakville
Wednesday, December 15	4:00 p.m. – 8:00 p.m.	Halton Regional Centre, Auditorium	1151 Bronte Road, Oakville
Thursday, Jan. 6/2011	4:00 p.m. – 8:00 p.m.	Halton Regional Centre, Auditorium	1151 Bronte Road, Oakville
Thursday, Jan. 20/2011	4:00 p.m. – 8:00 p.m.	Halton Regional Centre, Auditorium	1151 Bronte Road, Oakville

Please let us know as soon as possible if you will have an accessibility or accommodation need at a Halton Region hosted event or meeting.

1151 Bronte Road, Oakville, Ontario L6M 3L1
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11/11/2010

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