

St. John Ambulance offerings:

CPR workshop Nov. 13, Home Alone course Nov. 21

St. John Ambulance is offering a free CPR Workshop during CPR Month in November for area residents in Georgetown.

The workshop will be held 1-2 p.m., on Saturday, Nov. 13 at Georgetown Market Place.

St. John Ambulance wants everyone to know how to do CPR and believes every family should make learning CPR a part of their "stay healthy" plan.

St. John Ambulance, a registered charity, is offering the free one-hour CPR workshop intended to cover some of the basics of CPR, however, any donations would be appreciated.

The workshop is not a certification course. Anyone interested in attending should re-

serve their spot in advance. Call 905-469-9325 to register.

St. John Ambulance is happy to announce a new first aid course for children, age 9-10, who are going to be 'Home Alone' for the first time.

The one-day course covers topics such as how to walk home alone from school, how to answer the phone, what to do if someone comes to the door, what to do during a storm, how to call 911, fire safety and some basic first aid skills.

The course will take place on Sunday, November 21, 9 a.m. to 4 p.m., in Georgetown at the Mason's Hall. Cost is \$45/child. Call 905-469-9325 to register your child.

Sensory art exhibit opens tomorrow at The Roxy

The Ontario Trillium Foundation provided a grant for a Sensory Exploration Arts Program (SEA). The Bob Rumball Associations for the Deaf and Deaf-Blind Ontario Services partnered to bring this unique and creative program to members within the local deaf and deaf-blind community.

Many of the participants face huge obstacles in their daily lives and have developmental and/or physical disabilities. One of the exciting aspects of the program is encouraging the creative process by using the different senses to experiment with media. This

allows each individual the opportunity to further their sense of well being and growth through their own unique capabilities, and people who may not have had the previous opportunity to call themselves, artist, are given that chance.

Tomorrow, (Wednesday, Nov. 10), an art exhibition opens at The Roxy on Mill St. in Acton, 3-7 p.m.

While the art work will be up the entire month of November in space donated by The Roxy, residents will have an opportunity at the reception to come in and make art as well as see it.

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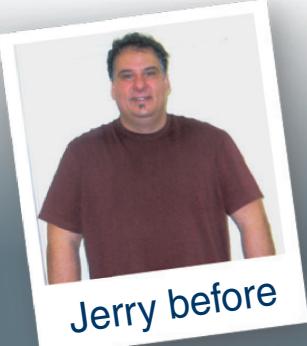
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