



By Cory Soal  
R.H.A.D.

## ... Lend Me Your Ears

### HOW DOES LOUD NOISE CREATE HYPERTENSION?

It appears to affect the nervous system, signalling the peripheral blood vessels to constrict as though under attack/ This triggers a surge of adrenaline and other fight-or-flight chemicals into the bloodstream - a response that carries with it the potential for glandular or cardiovascular changes, in other words, unwanted noise creates the same final results as increased stress (try to avoid)!

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## Tooth Chatter



### DENTURE MISHAPS!

I just couldn't forget to tell you about the fisherman who was reeling in the big catch, and just as he leaned over to reel the fish in, his lower denture slipped out! The fisherman had to choose between letting the fish go and diving for the denture before it sunk, or pull in the fish and let the denture go. Let's say that was one expensive fish!

And I mustn't forget the bartender! Showing off one night, opening one beer bottle to many with his dentures, came into our office the next morning with a hole the size of a beer cap in his upper denture! I promptly informed him that twist off caps were invented for his convenience, although not as popular for impressing the female gender!

If you think children are so sweet and innocent, just listen to these shenanigans! Like the little girl who stole grandma's denture right out of the denture bath, where it was innocently soaking, minding it's own business. She thought she would use them as a teething ring! Ain't that the cutest!

Now some kids are just a tad bit more aggressive than others. It's far too easy to just stalk innocent unsuspecting denture cups and swipe them when no one is looking! This particular baby decided Grandma was making one too many funny faces up close, and simply reached into granny's mouth and pulled out her lower dentures. And if that wasn't bad enough, to grandma's horror, proceeded to toss them helplessly across the room, where they sustained minor injuries colliding with the toaster oven! Grandma's little angel.

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**Alexander Trenton, DD, F.C.A.D. (A)**  
Denturist  
Georgetown Denture Clinic,  
18 Church Street,  
Georgetown, Ontario  
**905-877-2359**  
(Across from the Library and Cultural Centre)

## Wood carvers aid CASHh

Halton Wood Carvers recently donated \$11,907.37 to CASHh, which was the proceeds of the Toronto Maple Leaf Alumni game, that was held earlier this year. On hand for the presentation were (from left) Halton Wood carvers Mark Creighton, Bryan Turner, Alex Lulham, Joanne Markus of CASHh, Bonnie Malenfant and Brian Foubert. The 2011 fundraising hockey game is set for Sunday, Jan. 9 at the Mold-Masters SportsPlex. Tickets are going fast, call Bryan Turner, 905-877-6421. Again proceeds will go to CASHh.



Photo by Ted Brown

## Leave food on your front step

# Scout/Guide Food Drive set for Saturday

By **LISATALLYN**  
Staff Writer

Area residents are urged to add some items to their grocery list this week for the Scout/Guide Annual Food Drive Saturday Nov. 6.

Last year's drive netted the Georgetown Bread Basket Food Bank a record 50,400 lbs of food and organizers are hoping to bring in at least as much during the drive this year to help feed the 170 families, including 200 children, who regularly use the food bank.

The 200 scouts and guides will be out by 9 a.m. collecting the food and ask that those who wish to donate to have their items in the bag provided in today's *Independent & Free Press* on their front step by 8:30 a.m. The youths will be collecting in Georgetown, Glen Wil-

liams and Stewarttown.

"This is kids helping kids, but also helping the community," said Lynn Clark, a guider/scouter and co-ordinator of the food drive.

Items most needed are:

- peanut butter
- canned meats, stews, fish, soups
- cheese spreads
- canned juice and juice boxes
- canned fruit and vegetables
- pasta sauce
- cereal
- nutritious snacks for children including mini fruit cups
- macaroni and cheese
- instant coffee
- personal care items such as shampoo, toothpaste and brushes, deodorant, shaving cream and razors

Those who donate food are asked to

check expiry dates.

The youths will also be accepting monetary donations at the door. Names and phone numbers will be taken so the food bank can provide tax receipts for donations of \$10 or more later.

Volunteers are needed to help drive the youths on some of the collection routes and help out at the Alliance Church sort and pack boxes to be taken to the Georgetown Bread Basket.

Volunteers are asked to show up at the church, 290 Main St., S., as of 10 a.m. Volunteers will be needed later in the day at the food bank, 55 Sinclair Ave., to help with the unloading of heavy boxes (up to 50 lbs). Volunteering is a great opportunity for high school students to earn some community service hours.

For more information call the food bank at 905-873-3368.

# Do The WagJag!

## WagJag

How Do I Start Wag-Jagging?  
It's Easy! Go to [www.wagjag.com](http://www.wagjag.com), click on sign up, fill out your information, click on Georgetown in Home City and within minutes you will be registered to receive **FREE** email alerts with **LOCAL DEALS** sent directly to you! When you buy a deal - the voucher is emailed directly to you when the clock stops to print off and redeem! No third party pick up - no hassle, just **HUGE SAVINGS!!!**

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*Thank you Georgetown*

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- Halton Hills Police Services
- Georgetown Memorial Arena (& staff)
- Lions Club of Georgetown
- Bernia of Georgetown
- Halton Hills Sportsplex
- The Junk Boys
- Residents of Maple Ave. & River Dr. area

**A loud round of applause from all of us to all of you!**  
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