

# GBC opens season with yummy concerts

To launch the Georgetown Bach Chorale's 2010-11 season, this innovative group of singers offers two evenings of jazz standards accompanied by a sumptuous multi-course meal.

Vocal solos, duets, quartets accompanied by a jazz combo include such popular hits as *Autumn Leaves*, *Stormy Weather*, *Satin Doll*, *Cry Me a River*, *Hit that*

*Jive Jack*, and *The Look of Love*.

Put yourself in the mood for autumn, help take the chill out of the air, and treat yourself!

Autumn Leaves, Autumn Feast, Autumn Memories begins at 6:30 p.m. at 157 Main St. South, on October 22 (sold out) and again on October 23, and there are only a few tickets remaining. Please call 905-873-9909.



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Continued from pg. 13

**Friday, Oct. 22**

### Guitar maintenance and restringing workshop:

free at Pine Cone Music. Topics: general maintenance on electric/acoustic guitars to keep them in optimum playing condition as well as the ins & outs of changing the strings. RSVP: lessons@pineconemusic.com or 905-873-1000 or www.pineconemusic.com

**Fall Drop-In Storytime:** 10:30 a.m., Fridays, until Nov. 26 at the Gellert Centre.

**Youth dance:** 7:30-10 p.m. at the Gellert Centre.

**Joint Halton Hills Seniors Centres dance:** 7 p.m. at the Acton Legion. Tickets: 905-877-6444/519-853-5951. All welcome.

**After school program:** 3:30-5:30 p.m., hosted by Nassagaweya Presbyterian Church, 3097 15 Sideroad, for children, age 4-9 and ages 10-12; program designed for each age group. Info: 905-854-1055 or www.nassagaweya.com

**Euchre:** 7:30 p.m. at Georgetown Legion. Admission: \$2.

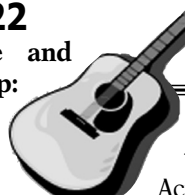
**\$5 Friday Dinners:** 6-7 p.m. at the Georgetown Legion, 127 Mill St. includes dinner and coffee/tea. Desserts \$1 extra.

**Acton Nordic Pole Walking Group:** meets Mondays and Fridays, 10-11 a.m. in Prospect Park, Acton. Led by certified NPW Instructor Ginger, 905-691-9122.

**Saturday, Oct. 23**

**Crop for Cancer:** 9 a.m. to 4 p.m. Silent auction and scrapbooking event at Knox Church, Georgetown. Proceeds to Cancer Assistance Services of Halton Hills. Everyone welcome to stop by to bid on nearly 100 auction items or call 905-877-7700 and register to scrapbook.

**Humane Society kittens:** 11 a.m. to 2 p.m. at Pet Valu, 235 Guelph St. Georgetown. Info: Barb, 905-873-8547 or www.uchskittens.blogspot.com.



## Community Calendar

**Dance and Silent Auction:** 8 p.m. to 1 a.m. at the Acton Legion, hosted by Team Canada Healing Hands for Haiti, to raise funds to help send a Canadian medical team to Haiti. Live music by Itchy and Scratchy; silent auction - Haitian art and items from local businesses; free Haitian food, cash bar. Tickets: \$30 (tax receipt available), children under 16 free; available at Accountants on Main 905-877-7200, Halton Hills Speech Centre 905-873-8400, Healing Hands for Haiti 905-702-9964, Eric Doubt ericdoubt@healinghandsforhaiti.org

**Indoor Garage and Bake Sale:** 8 a.m. to noon at St. Andrew's United Church, 89 Mountainview Rd. S. Lots of great treasures to find and some fantastic baked goods by the United Church Women's group. BBO available.

**Fall Drop-In Storytime:** 11 a.m. at the Georgetown library.

**Limehouse Kiln Society:** hosts its Annual General Meeting at Limehouse Memorial Hall, 10 a.m. until noon. A guided walk will be offered after the meeting for those who were unable to attend the celebration in June. Check out the website at limehousekilns.ca

**Oktoberfest Dinner:** 5:30 p.m., join the people of St. John's United Church, 11 Guelph St. for a delicious authentic three-course German Dinner along with lots of music, fun, and games. Cost: \$25 per person. Cash bar. Tickets: church office mornings, 905-877-2531 or David and Jackie MacFarlane, 905-877-7668.

**Wine & Cheese Auction:** The public is invited to the Georgetown Seniors Centre, 318 Guelph

St. A \$10 ticket gets you a catalogue, bid number, and wine and cheese. The Centre opens at 5:30 p.m. for the silent auction/viewing. Live auction at 7 p.m. Tickets 905-877-6444.

**Semi Annual Roast Beef Dinner:** at Knox Church, Ospringe (corner of Hwy 125 and 124) starting at 5 p.m.; three sittings. Tickets (adults \$13, children \$6) call or email Nora, 519-856-4453, nhowlett@albedo.net. Takeout is available but preordered only.

**Ontario Early Years Newcomers Breakfast:** free, 9 a.m. to 12 p.m. at 96 Guelph St. This is an excellent opportunity for families with young children aged 0-6 years of age to learn more about the resources and support offered by the Ontario Early Years Satellites in both Georgetown and Acton. Info: Jennifer, 905-873-2960.

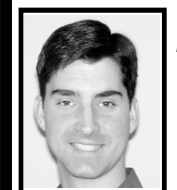
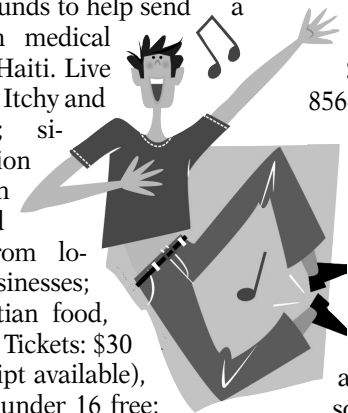
**Georgetown Family Together Drop-In:** 9 a.m. to 12 p.m. This is a free informal program for families with children, aged 0-6 years. Come out and enjoy activities such as art, sensory play, active play and circle time at the Ontario Early Years, Georgetown, 96 Guelph St. Info: Jennifer, 905-873-2960.

**Sunday, Oct. 24**

**Auditions:** will be held for the Georgetown Children's Chorus musical, Ticket to Christmas, 6-9 p.m. Kids aged 7 to 12 are welcome to audition. Call 905-877-6841 for details or to make an appointment.

**Bruce Trail hike:** Level 2, 10 km. An all-day hike in the Boyne River Valley—a hilly and spectacular trail. We'll climb Murphy's Pinnacle and see for miles and miles! Depart at 9 a.m. from the Georgetown Market Place parking lot between Zellers and the grey medical building. Bring water and lunch. Leader: Maureen, 905 873-9757, haltonhillshikers@yahoo.ca

**More HALTON HILLS COMMUNITY CALENDAR, www.independentfreepress.com**



**... Lend Me Your Ears**

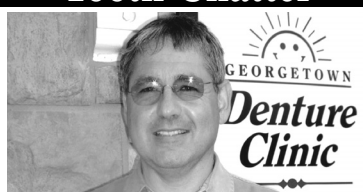
By Cory Soal  
R.H.A.D.

### HOW DOES LOUD NOISE CREATE HYPERTENSION?

It appears to affect the nervous system, signalling the peripheral blood vessels to constrict as though under attack/ This triggers a surge of adrenaline and other fight-or-flight chemicals into the bloodstream - a response that carries with it the potential for glandular or cardiovascular changes, in other words, unwanted noise creates the same final results as increased stress (try to avoid)!

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