



LIFE-SAVING MESSAGE

Region launches campaign
on importance of mammograms
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GET YOUR SHOT

Flu season has already begun;
consider a flu shot
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HEALTH CARE

Special pullout section

Hospital walk raises \$30,000

Elizabeth Jayde pushes her great-grandmother 94-year-old Mary Hayes while other great-granddaughter Britni Wing pushes 14-month-old Hailey Jayde, Mary's great, great granddaughter during Sunday's third annual Walk for Georgetown Hospital. This year's five-kilometre event drew more than 300 participants and raised \$30,000 for equipment that is not funded by the Ministry of Health. Top corporate fundraiser was Paul's Peeps, of Paul Armstrong Insurance Brokers, raising nearly \$8,000, and the top residents' team was Team Glen Williams with more than \$1,000. The top sports team was the Georgetown Raiders Jr. A Hockey Club, bringing in \$2,000 for their efforts.

Photo by Jon Borgstrom



Open House & Free Lecture Series

Saturday October 2nd, 10 am - 3 pm

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|-------|---------------------------------------|--|
| 11 am | Natural Snacks for Kids | A. Sparrow, RHN |
| 1 pm | Meditation for These Changing Times | M. LeRoy |
| 2 pm | Sleep Apnea: How can Osteopathy Help? | C. Webber, RMT (Student of Osteopathy) |



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