



Fall Into Good Health

FREE LECTURE SERIES & OPEN HOUSE

Saturday October 2nd

Meet the practitioners and ask questions, sample healthy snacks, try our delicious gourmet herbal teas.

11 am - Natural Snacks for Kids

A. Sparrow, RHN

1 pm - Meditation for These Changing Times

M. LeRoy

2 pm - Sleep Apnea: How can Osteopathy Help?

C. Webber, RMT (Student of Osteopathy)

Please Call to reserve your spot!

- * Naturopathy * Acupuncture
- * Registered Massage * Osteopathy
- * Holistic Nutrition * Counselling * Reiki

Cornerstone Health Centre

6 Guelph Street, Georgetown
905-702-1944

www.cornerstonehealth.ca



Wednesday, Sept. 29

Halton Hills 350 Carbon Think Tank: residents will share concerns, ideas and solutions at a 350 Carbon Think Tank event to be held at Silvercreek Espresso Bar, 112 Main St. S., Georgetown, 7-9 p.m.

Darts anyone? Men's Wednesday Night Dart League is looking for new players and returning players, at the Georgetown Legion, 127 Mill St., starting on Sept. 29 at 8 p.m. See you there.

Parent-Child Mother Goose Program: is offered Wednesdays, 1-2 p.m., Sept. 29 to Dec.1. Free. To register: 905-873-2960.

Alpha Course: on Wednesdays, Sept. 29-Dec. 8, 6:30-9:15 p.m. at Bethel Church, 365 Queen E., Acton. Info: 519-853-2121 or outreach@actoncrc.com, www.actoncrc.com.

Sales Seminar: Learn how to break the rules, add more clients and to sell more at Georgetown library, 6:30-8:30 p.m. Cost: \$20. Register: 1-866-4HALTON.

Thursday, Sept. 30

Brownbag Reading Series: 12 p.m. Bring your lunch and listen to *Tales of Mystery*, read by special guest Valerie Rigby at the Georgetown branch library (in the Gallery). Info: 905-873-2681.

Gathering for World Peace: All are welcome for devotions and prayers for the unity of mankind, music and refreshments, 7:30 to 9:30 p.m. in the Meeting Room, at the Georgetown Library. Sponsored by the Baha'is of Halton Hills. Info: 905-873-0661.

Ballinafad Hall Board euchre: at the Ballinafad Community Centre, 7:30 p.m. Cost: \$3/player. Light lunch, coffee and tea.

Monthly Acoustic Jam: 8-10:30 p.m. at

Community Calendar

the Georgetown Legion. Info: Wendi and Hugh, 519-856-9266 or email hhunter@thetank.biz

Friday, Oct. 1

Auditions: for Georgetown Globe Productions musical cabaret, *A Time to Remember—Georgetown Globe A Decade in Song*, at 7:30 p.m. (and 7 p.m. on Oct. 3) at St. John's Church, 11 Guelph St. Info: Cecily Restivo, cecily.restivo@gmail.com or 416-709-2220.

Video Dance Party: Halloween edition Acton Video Dance Party at the Acton Town Hall Centre for ages 7-14, 7-10 p.m. Tickets available at the door starting at 5 p.m. or online at videodanceparty.ca

Ham & Scalloped Potatoes Dinner: 6 p.m. at St. John's Anglican Church, Stewarttown. Cost: adults \$15; children (6-10 years) \$6; preschoolers, free. To reserve tickets, call Joan, 905-877-5797.

Saturday, Oct. 2

Annual Chicken Barbecue: 5-7:30 p.m. at Churchill Community Church, 14406 Churchill Rd. N., Acton. Dine-in or take-out. To reserve tickets: Helen, 519-853-2339.

International Flavours: A Taste of Downtown Georgetown features the restaurants and food venues in Downtown with your purchase of a passport, 905-873-4970.

Oktoberfest: at St. Alban's Parish Hall, Glen Williams, 6:30 p.m. For tickets/info call 905-873-6760.

See HALTON HILLS COMMUNITY CALENDAR, www.independentfreepress.com

SHOPPERS DRUG MART



New Location Open for...

Seniors Day

Thurs.

Sept. 30th



A Shuttle Bus will be available at these locations to our new store at 265 Guelph St. E.

BUSING AVAILABLE 9:30 AM - 2:30 PM

- 222 Mountainview Rd.
- 8 Durham St.
- 200 Halton Hills Dr.
- Hyde Park Dr.
- 24 Chapel St.
- 71 Main St. S.
- 11 Sargent Rd.
- 26 Hall Rd.
- 20 McFarlane (The Sands)



Celebrate the International Year of Biodiversity on the Bruce Trail.

Join OPG on Bruce Trail Day for guided hikes and fun family activities!

Sunday, October 3
10 a.m. – 3 p.m.

Learn more at opgbiodiversity.ca

ONTARIO POWER GENERATION

THE BRUCE TRAIL CONSERVANCY

