

Tooth Chatter



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Volunteers from Saint Alban the Martyr Anglican Church in Glen Williams assemble as they unload a Food for Life truck. Among those volunteering are (from left) Jean Culverhouse, Doug Bryant, Sebastian De Souza (Food for Life driver), Eva Murdock, Keyn Heo (Food for Life volunteer, in truck), Karen Bonham (Food for Life Outreach Program Liaison), Don Robinson and John Langtry.

Photo submitted



Glen's St. Alban's to launch Food for Life program

By **TED BROWN**
Staff Writer

Most churches organize outreach programs to help those in need of help, friendship, funding and spiritual inspiration.

But Saint Alban the Martyr Anglican Church on Main St. in Glen Williams has embarked upon a somewhat unique program to reach out to the needy in the area.

Fr. Aaron Orear at St. Alban's has organized a number of volunteers to work with Food for Life Canada, a food recovery program based in Oakville, to provide free food to those in need.

"The people from Food for Life go into grocery stores, bakeries, and other food outlets and pick up food that is destined for landfill sites," said Orear, "There is nothing wrong with the food, it's just been cleared from the shelves.

"Once collected by the Food for Life truck, it is taken to various outlets—many of them are churches, synagogues or mosques—and volunteers unload the trucks then sort the food into various categories," said Orear.

After it's sorted, those people in need can drop by and pick up what they need—be it breads, vegetables, or other such food items.

"One thing that makes this program unique is there is no 'proof of need' like in many food banks, and there is no need to register," said Orear, "We simply take people at face value—if they need food, we can provide food."

At St. Alban's, the program will kick off Tuesday, Oct 5.

"The (Food for Life) truck will arrive at St Alban's at 1 p.m. with a load of food," said

'We simply take people at face value— if they need food, we can provide food.'

—Fr. Aaron Orear

Orear, "Our volunteers will unload it and sort the food into its various categories, then at 2:30 p.m., the doors open and people in need of the food can drop by until 4 p.m."

Orear said they may deliver to some people, those who are house-bound, or have mobility problems.

After 4 p.m., any leftover food will be taken to the Georgetown Bread Basket Food Bank, as St. Alban's has no storage facilities.

Orear said although there is no registration necessary to pick up food, the vol-

unteers would appreciate clients calling ahead, especially if they had a special event, or unique need— so the volunteers can order more food, if necessary.

"We're a small church and sometimes funding outreach can be difficult," said Orear, "But this program is great— this is not a budget item so no funds must be raised, simply some volunteers helping with the distribution of the food— and in doing so, reaching out to help those in need."

Although Orear says they have about a dozen church parishioners volunteering so far, he hopes to pick up a few more people who could lend a hand, so the volunteers aren't overtaxed.

"I think we need 15 to 20 volunteers to draw from," said Orear, "That way we don't have the same people working every week, and can spread out the workload."

Anyone wishing to volunteer at St. Alban's can call the church office at 905-877-8323. In addition, those needing food can call the same number, so the group has a target of how much food to order to meet their needs.

Food for Life has operated in the southern part of Halton Region since 1995, but opening up St. Alban's as a distribution outlet marks the first location in north Halton.



By **Cory Soal**
R.H.A.D.

... Lend Me Your Ears

A diminished social life is one of the most difficult aspects of age related hearing loss. Many people avoid drawing attention to their hearing loss by having fewer social contracts when it becomes difficult understanding what is being said. The result is an altered and lonely existence that family and friends may mistake for dementia.

Learning new strategies to cope with hearing loss could go a long way to restoring confidence and improving communication. The Hearing Clinic recommends the following: Inform people of the hearing loss so they may modify their speech; eliminate background noise; watch the speaker carefully and sharpen natural lip-reading abilities; ask the speaker to repeat what was said if necessary, and above all else; have your hearing thoroughly tested and properly fit with one of today's modern hearing instruments. Contact The Hearing Clinic if you or someone you know needs assistance.

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Best Buy CORRECTION NOTICE

To our valued customers: We apologize for any inconvenience caused by an error in our flyer dated: Sept. 17 - Sept. 23

Product: VTech Three-Handset Cordless Phone. Please note that this phone advertised on page 23 of the September 17 flyer DOES NOT have an answering machine, as previously advertised. SKU: 10146028

FUTURE SHOP CORRECTION NOTICE

Superman/Batman: Apocalypse (Blu-ray & DVD) 2182782/2182778. Please note that the incorrect price was advertised for these movies found on page 12 of the September 24 flyer. The correct price for the DVD version (M2182782) is \$24.99 and the correct price for the Blu-ray version (M2182778) is \$29.99.

We sincerely apologize for any inconvenience this may have caused our valued customers.

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