

WALK (OR RUN) THIS WAY

Community walks for charity

Saturday, Sept. 25
Upper Credit Humane Society Bark Around the Park Walkathon: presented by St. Mary's CBM at the CBM Sales Facility, 12522 Fifth Line, Limehouse. Rain or shine. Registration at 10 a.m. with the 4.5 km walk starting at 11 a.m. Leashed, socialized dogs welcome. Cash barbecue, fun dog games, nail trims, agility trials, bouncy castle, face painting and more. Bring the whole family! For pledge forms and information email uppercreditevents@gmail.com, visit www.uppercredit.com or call 519-215-1773.

Run for the Wells: at Gellert Community Park. Registration, 8-9 a.m. with Kids 1 km Fun Run where kids can carry water to experience on a small scale what their peers in Africa do daily, 9 a.m. 5Km Run, 9:20 a.m. and 5Km Power Walk, 9:30 a.m. Awards ceremony immediately following. Enjoy refreshments and family-friendly

activities such as bouncy castle. To register go to www.runningroom.com. Proceeds to World Vision for deep bore water wells for African villages. Info: info@runforwells.com or Renate, 905-702-9987 or www.runforwells.com

Sunday, Sept. 26
Third Annual Walk for Georgetown Hospital: takes place in the Georgetown Hospital Courtyard and includes the Walk, lunch, awards and entertainment. Registration will begin at 9:30 a.m., the walk will start at 11 a.m. at the Georgetown Hospital Courtyard, and ends at 12 noon at the Courtyard as well. This is a 5km walk through Georgetown—route is now online. This fun-filled morning makes equipment purchases possible, for which the Hospital does not receive funding from the Ministry of Health. To sign up go to www.Georgetownhospitalfoundation.ca or call 905-873-0111 ext 8221.



Winning team
 Winners assistant store manager Colleen Cryer presents a cheque to Winners Walk of Hope in support of Ovarian Cancer Research organizer and ovarian cancer survivor Lesley Ryan. It represents the \$275,000 that the store donated chainwide to the event. At the recent Georgetown Walk, about 80 participants raised \$14,000.
 Ray Lavender photo



SuperWalkers for Parkinson Disease
 More than 70 participants turned out to the SuperWalk for Parkinson Disease earlier this month, raising \$23,336—nearly \$7,000 more than last year.



Photos by Ray Lavender

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