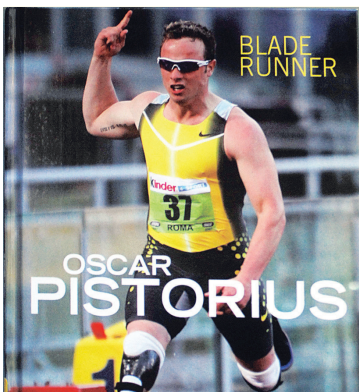


# Fall reading

Library staffers review their favourite fall selections



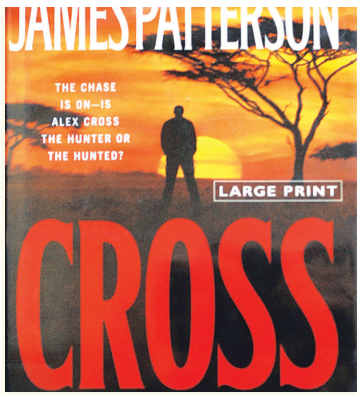
## Blade Runner by Oscar Pistorius (Non-Fiction)

Oscar Pistorius defines himself as an athlete, but not a disabled person. Though he was forced to have his legs amputated at an early age due to a birth defect, he spent his early years knowing he was different, but did not think of himself as disabled. In this book, Pistorius tells an inspiring story of his rise to the Paralympics.

He describes the support of his family and the childhood events that led him to an athletic career, especially the influence of his school's sport teams. But what is more interesting, he describes his life as an athlete: the training he undertook, the intricacies of perfecting running style and posture, and the mental control that every athlete must strive for in order to achieve optimum performance.

It is a fascinating book, about the courage and determination any athlete must have to be a world champion.

Reviewed by Clare Hanman



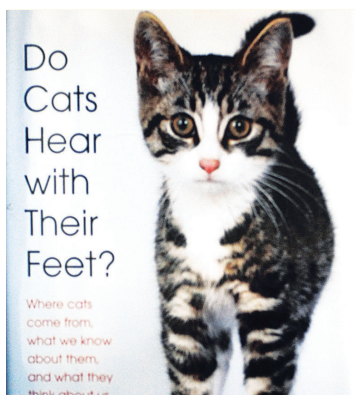
## Cross Country by James Patterson (Fiction)

Alex Cross, a Washington, D.C. police detective/psychologist, is on the hunt for a monster called the Tiger who has ties to the African underworld.

When Cross' college girlfriend Ellie and her family are brutally murdered by the Tiger and his thugs, Cross decides to pursue him to Nigeria, alone. There he encounters corrupt government officials, and a strongly organized gang of teenaged gangsters headed by the warlord, the Tiger. Will Alex be able to stay alive and catch this brutal killer?

This suspenseful, violent mystery is the 14th in the series about Alex Cross. Cross Country is available in regular and large print, on CD and as a downloadable digital audio book from [www.downloadcentre.library.on.ca](http://www.downloadcentre.library.on.ca).

Reviewed by: Lisa Hunziger



## Do Cats Hear with Their Feet? by Jake Page (Non-Fiction)

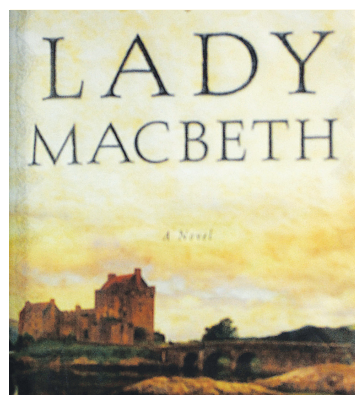
They share our homes with us, dig through our flower bed, skulk about the streets, yowl at each other and persuade us with their purrs.

Yes, cats are around us everyday, but do we really understand how they got here and what makes them tick? In this book, nature journalist Jake Page explores the full history of the cat as a species, from its origins as African wildcats, through domestication brought on by our own agricultural society, to the clever, revered, and sometimes disliked animal we know today.

He describes the reasons behind many cat behaviors, their lives as predators and their love/hate relationship with humans.

Even dog lovers will appreciate learning why cats are the way they are in this informative and entertaining book.

Reviewed by Clare Hanman



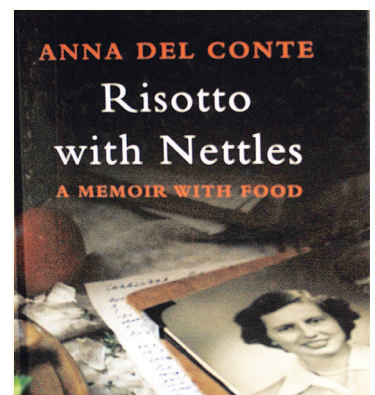
## Lady Macbeth by Susan Fraser King (Fiction)

Many of us are familiar with the villainous Lady Macbeth portrayed by Shakespeare in his classic play. However, this novel is based on the real life and times of Lady Macbeth in the warrior society of 11th-century Scotland. Lady Gruadh (Rue), the last female descendent of Celtic Kings, is a teenager when she is forced to marry a powerful Scottish lord.

Soon Rue is pregnant, but her husband is killed in battle by Macbeth who immediately marries her, which is his right as victor. Rue gives birth to a son and, resentful at first, gradually begins to see that Macbeth is a good, if ambitious, man whose destiny is to become King of Scots.

Together they plot to overthrow Duncan the inept King who is bringing Scotland to ruin.

Reviewed by Etta De'ath



## Risotto with Nettles: A Memoir with Food by Anna Del Conte (Non-fiction)

Better known in England, and reported to be one of Nigella Lawson's culinary inspirations, Anna Del Conte, a food writer of Italian decent, presents her memoir accompanied by recipes inspired by her stories.

She describes her childhood in Milan, Italy, her young adulthood spent in a war-torn and politically confused country, and her marriage to an Englishman, and her adjustment to England's culture. Her dismay at Britain's limited repertoire of pasta, namely macaroni and cheese or spaghetti with meatballs, led her to suggest a pasta history and cook book to the wife of a small scale publisher. The publisher husband loved the idea, and so began Anna's food writing career.

Credited as the person who introduced Britain to proper Italian pasta, this memoir is a culinary delight, peppered with authentic Italian recipes and an interesting glance into how one woman introduced a country to Italian cuisine.

Reviewed by Clare Hanman

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