

The idea of the North

Canadians are united by certain ideas and traditions that built and sustain our nation.

In our art, literature and collective imagination, the idea of the North features prominently as one of these ideas. From Tom Thomson's *Jack Pine* to the poems of Robert Service, from the high adventure of the voyageurs to the establishment of the North-West Mounted Police (today's RCMP), the North represents the boundless potential of Canada. All Canadians share a common interest in the North, and, as we enter a new age of environmental challenges and technological innovation, the North remains a priority for our government.

Last year, I was able to see our majestic Arctic first-hand on a nine-day hike through Auyuittuq National Park on Baffin Island. In the short time I was there, we witnessed the dramatic effects of melting glaciers. While hiking past a huge glacier of Penny Ice Cap on day eight of our trek, we felt what seemed like a major earthquake. It was accompanied by an awesome roar, and suddenly, right in front of our eyes, a massive section of the glacier came crashing down the mountain, smashing everything in its

Michael Chong




path. Upon our return to Pangnirtung, local Inuit told us that the glaciers are retreating at a very rapid rate of 20 feet a year. While what we saw was only one event, it does corroborate what scientists are telling us about our warming climate, and brought home to me the impact of climate change.

While the exploration of our North has played an important role in our development as a nation, it also continues to play an important role today in demonstrating to other nations our sovereignty over this area. On July 21, Parks Canada embarked on a 10-day archaeological survey in Aulavik National Park to locate the HMS Investigator wreck and document Captain Robert McClure's expedition. Government officials found and documented the wreck and the grave sites of three sailors, the final resting

place of men who lost their lives looking for the North-West Passage. As the warming climate opens up new routes through the Arctic, our ability to document past exploration will be crucial in making the case for our sovereignty over the North.

In addition to documenting past explorations to demonstrate our sovereignty, we are also using advanced technological resources. That is why, on August 25, our government announced its support for the RADARSAT Constellation Mission (RCM). The RCM consists of a fleet of three state-of-the-art remote-sensing satellites. They will extend the 15-year archive of RADARSAT images, a rich source of geophysical information about Canada. These images are a critical resource of information documenting environmental changes and human habitation, and are of key interest to government policy makers and university researchers. RCM is part of our government's northern strategy to maintain Canada's sovereignty, to protect the fragile Arctic ecosystem and to encourage good governance, local control, and opportunity for Northerners.

—Michael Chong is the MP for Wellington-Halton Hills



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... Lend Me Your Ears

By Cory Soal
R.H.A.D.

NOISE INDUCED HEARING LOSS (NIHL)

There are several things that determine whether or not a sound can damage your hearing, including the loudness of the sound and the duration of exposure. Hearing loss can occur as a result of a one-time exposure to a loud sound, or repeated exposure to loud sounds. However, some individuals will be more susceptible to NIHL and there is really no way to tell who these individuals are:

Sounds louder than 80 decibels (dB) are considered dangerously loud and could potentially cause a NIHL. Below is a list of the dB level of some sounds that may be encountered during the course of a day.

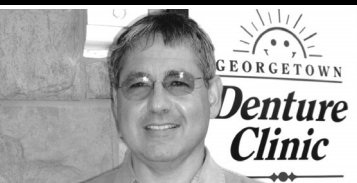
60 db	Average conversation level
70 db	Vacuum cleaner
80 db	Alarm Clock
90 db	Lawnmower
100 db	Chain saw
110 db	Rock Music
120 db	Jet during take-off
130 db	Jackhammer
140 db	Firearms

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Tooth Chatter



Denture Clinic

SORE SPOTS

The main reason for having sore spots is ill-fitting dentures. Your mouth is constantly changing and your gums are constantly shrinking. Also denture wear causes discomfort. It is always important to note that an ill-fitting denture does not have to be a worn out "old" denture. It is possible to have a new denture that is ill-fitting, but for many different reasons. It might not have been made right from the start.

OTHER REASONS FOR HAVING SORE SPOTS

As you get older, your body goes through many changes. Tissue can become more sensitive to pressure which can cause irritation. Medication can give you a "dry mouth". This makes it more difficult for the denture to suction to the roof of your mouth. It also can cause rubbing which causes sore spots.

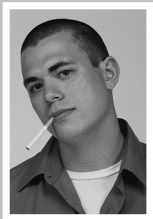
If you are having trouble with sore spots, contact our office for a free, no obligation consultation.

You do not need a referral; simply call our office direct.

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Alexander Trenton, DD, F.C.A.D. (A)
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Jack Harrison 905-877-4215
NO LATER THAN SATURDAY, SEPTEMBER 25TH, 2010