

Keep current census—Town

Continued from pg. 1

Due to the mandatory nature of the form, governments, businesses, hospitals, organizations and universities consider it reliable and valid for use in the research or decision-making. Somerville said a voluntary form would not give this same level of comfort, and it would negatively impact municipalities' analyses of local issues.

Wards 3&4 Regional Councillor Jane Fogal, who seconded the motion, said she has only been selected to fill in the form once, and "I don't recall it being onerous in any way. So many people are using it in planning, whether it's government, social agencies, non-profits and it seems to be extremely valuable for the users. It strikes me that it is a huge benefit for very little effort by Canadians."

Somerville noted the federal government's contention that it received thousands of emails complaining about the invasive nature of the long form, during the 2006 Census conflicted with the federal government's own Privacy Commissioner who announced his office has received only three complaints in the last 10 years.

"Why do a huge number of people who value this not count?" added Fogal. "When so many people are speaking out about it and asking for it to be re-instated, why is the government sticking in its heels? People want the long form back and clearly they want it to be mandatory."

If the penalty is too onerous, she said, fix that but keep the mandatory nature of the long form. That penalty was up to three months in jail or a fine of \$500. According to stats, no Canadian has gone to jail over their failure to fill out the long form.

—With files from Torstar News Service

Photo by Ted Brown



Catching some air

Mike Lundy of Acton was flying high last week as he tried a few moves at Acton Skateboard Park.

Photo by Ted Brown



**...Lend
Me
Your
Ears**

By Cory Soal

R.H.A.D.

HOW DOES LOUD NOISE CREATE HYPERTENSION?

It appears to affect the nervous system, signalling the peripheral blood vessels to constrict as though under attack! This triggers a surge of adrenaline and other fight-or-flight chemicals into the bloodstream - a response that carries with it the potential for glandular or cardiovascular changes, in other words, unwanted noise creates the same final results as increased stress (try to avoid)!



TYPES OF TEETH, PORCELAIN OR ACRYLIC?
Most teeth used to make dentures are made of either acrylic (plastic) or porcelain. Years ago, porcelain had advantages over acrylic. However, acrylic has been significantly improved over the past few years. Acrylic teeth resist wear to a greater degree and have become much more attractive and natural looking. Both types of teeth are used for different reasons.

PORCELAIN TEETH

Porcelain is much harder than acrylic, however it is brittle like glass and tends to chip or fracture if dropped or overstressed by constant biting. Many people who have porcelain dentures complain of clicking sounds whenever the teeth meet. Porcelain teeth should be used when a patient has jaw joint problems such as TMJ (temporomandibular joint dysfunction). In these cases, it is important that a consistent bite is maintained with the least amount of wear deviation. Years ago porcelain teeth used to look much more natural. However, today acrylic's have come a long way, and it is very difficult to tell the difference between the two.

PLASTIC TEETH

Although porcelain is harder than plastic, the fact that acrylic may wear down a little sooner can be a distinct advantage. This wearing action may ultimately result in better preservation of the tissue and bone. Since porcelain teeth resist wear they do not absorb chewing stresses which may eventually traumatize the tissue and shrink the supporting bone structure. Acrylic teeth are the best choice where a denture meets with natural teeth, because porcelain teeth are much stronger than natural dentition. Acrylic teeth can be ground and reshaped allowing greater variation in tooth placement and design. Call our office direct for an appointment.

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