Stick with your high blood pressure treatment, or you may be in for a nasty surprise.

Canadian Coalition for High Blood Pressure Prevention and Control
http://aorta.library.mun.ca/bp

Best Buy CORRECTION NOTICE

To our valued customers: We apologize for any inconvenience caused by an error in our flyer dated: July 23 - July 29.

Product: Wii Console. Please note that this video game console bundle advertised on pop-up page 2 of the July 23 flyer does not include 2 Wii remote controllers, as previously advertised. This bundle only includes 1 remote controller & 1 Wii Motion Plus accessory. SKU: 10144994 / 10144991

FUTURE SHOP
CORRECTION NOTICE

Starcraft II: Wings of Liberty (PC/Mac) 10090117/10148137. On the July 23 flyer, please note that page 2 is missing the fine print details required for the Trade 2 get Starcraft II Free promotion advertised on the Front Cover. Be advised that the offer is only "valid on PLAYSTATION3, Wii, and Xbox360 games. See futureshop.ca/usedgames for full details and list of eligible trade titles. Games must include boxes. No duplicate titles accepted, regardless of console. Some titles may be excluded. No dealers please. See in-store for details. Credit from trade-ins is applied to free game. One trade 2 promo redemption per customer. Excludes Vaughan, Nanaimo, and Kelowna locations".

We sincerely apologize for any inconvenience this may have caused our valued customers.

G 51 **BINGO** B 11

GEORGETOWN OPTIMIST CLUB

13439 Hwy. 7

Every Thursday at 7 pm

Price $5.00 per Five Game Session (3 Sessions)

CASH PRIZES

Call CLAY 905-873-1709 for details.

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HST INCLUDED

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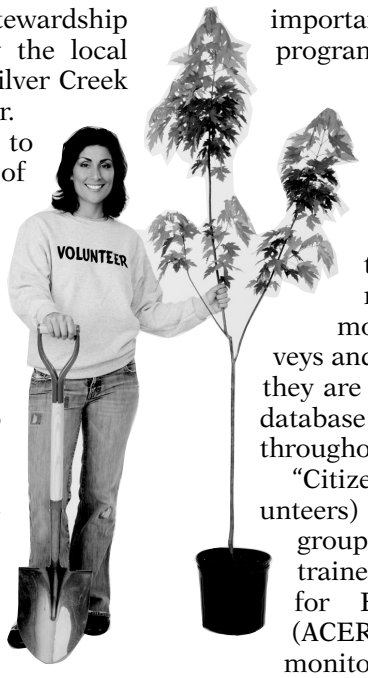
905-877-3388

Want to be a citizen scientist? Willow Park to survey its trees this week

Want to know more about how to identify trees and monitor their growth?

Willow Park Ecology Centre Stewardship Committee (WPECSC) has partnered with the Ministry of Natural Resources through their Stewardship Rangers program to survey the local WPEC in the floodplain of Silver Creek where it joins the Credit River.

One goal for WPECSC is to plant and encourage success of vegetation that is native to this South-Central Ontario eco-zone area. Plantings were done in this former trailer park through previous volunteer events and school programs. Now it's time to assess our results to date and establish a baseline to monitor future growth and changes to the naturalized environment



On July 28, 29, and 30, WPECSC volunteers and the Rangers will be working together to sample the 2.1-hectare eco-park. First, invasive species will be identified and removed from specific 20x20m quadrants. Then, participants will record the small regeneration trees, mature trees and woodlot "health". This will give an idea of where to plant what types of trees in the future. If you visit the park you might see stakes with markers to identify the areas being surveyed, please don't disturb the markers as they are important to the future of the program.

This is only the start of the monitoring and regeneration plan. Later, a team of volunteers will revisit and record the progress of the chosen sites annually. The public can monitor the initial surveys and yearly progress when they are posted to the Internet database of various survey sites throughout the province.

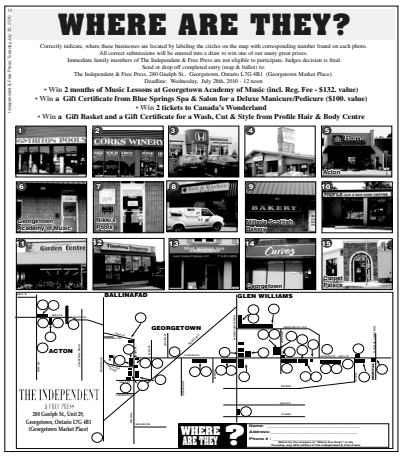
"Citizen scientists" (aka volunteers) are invited to join the group on Wednesday to be trained by the Association for Education Resources (ACER), who helps establish monitoring programs using Smithsonian protocols. Then take part as a volunteer on Thursday or Friday (or in the future) in a great outdoor local project.

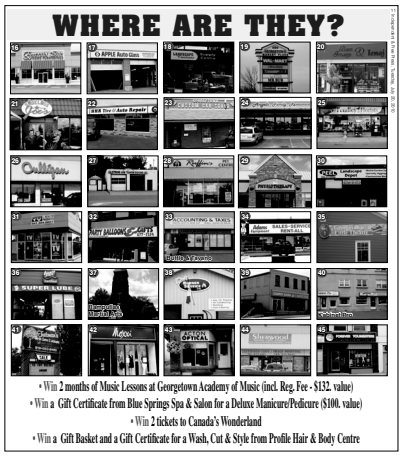
Call 905-702-9055 or e-mail tundeotto@hotmail.com

DON'T FORGET!

... TO SEND YOUR BALLOT FOR THE *"WHERE ARE THEY"* CONTEST TO US! THERE ARE GREAT PRIZES!

DEADLINE IS EXTENDED TO 3PM WEDNESDAY JULY 28, 2010





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