



## Reading has its rewards

Halton Hills Public Library summer student Faith Pember (centre) was surrounded by the Siriska family (from left) Justin, 9, Rebecca, 5, Sarah, 7 and Benjamin, 10, as they dropped by the Georgetown Branch to sign up for the Summer Reading Club, which encourages kids to read all summer long. Both readers and non-readers can join. Kids will receive a free poster and booklet (printed in both English and French) and a calendar to keep track of their reading. They'll earn prizes and stickers and could even win a \$25 bank prize from TD.

Photo by Ted Brown



By Cory Soal  
R.H.A.D.

## ... Lend Me Your Ears

### HOW DOES LOUD NOISE CREATE HYPERTENSION?

It appears to affect the nervous system, signalling the peripheral blood vessels to constrict as though under attack/ This triggers a surge of adrenaline and other fight-or-flight chemicals into the bloodstream - a response that carries with it the potential for glandular or cardiovascular changes, in other words, unwanted noise creates the same final results as increased stress (try to avoid)!

### The Georgetown HEARING CLINIC

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Professional Arts Building  
99 Sinclair Ave., Suite 210  
Georgetown  
(905) 873-6642

### Tooth Chatter



### WORLD'S CHEAPEST STRESSBUSTER - A SMILE!

Put on a happy face! An annoying musical adage - or sound medical advice? Score a big grin for science. Research shows that the physical act of smiling - even when you don't feel like it - can measurably reduce stress and improve your mood. Psychologist Paul Ekman of the Human Interaction Lab at the University of California, San Francisco, has discovered that faking a smile produces the same changes in brain activity, respiration, skin temperature, and heart rate as a genuine feel-good smile - and these physical changes promote a sense of well being. Smiling may also boost your mood because it elicits positive responses from people. Faking a smile won't jolt you out of a serious depression, notes Ekman, who has been studying facial expressions for 30 years. But it can lift your mood and help you relax! So when in doubt, smile! Smile awhile, give your frown a rest!!!

Creating confident smiles since 1982.

Alexander Trenton, DD, F.C.A.D. (A)  
Denturist  
Georgetown Denture Clinic,  
18 Church Street,  
Georgetown, Ontario  
**905-877-2359**

(Across from the Library and Cultural Centre)



**HALTON HILLS**  
*Working Together Working for You!*

### CLASS ENVIRONMENTAL ASSESSMENT

#### NOTICE OF COMPLETION

#### THE REHABILITATION OF STEWARTTOWN ROAD BRIDGE

The Town of Halton Hills has initiated a project for the rehabilitation of the Stewarttown Road Bridge. The structure carries Stewarttown Road over Black Creek in the Hamlet of Stewarttown. Recent inspection reports have recommended, because of the condition of the structure, major repairs to the structure and the posting of a load limit. The rehabilitation works are planned to be completed by late 2010.

The project is being planned under **Schedule B** of the **Municipal Class Environmental Assessment** for Road Projects. Subject to comments received as a result of this Notice, and the receipt of necessary approvals, the Town of Halton Hills intends to proceed with the construction of this project.

The project plans and other information are available at the following location.

**G. D. Jewell Engineering Inc.**  
2155 Leanne Blvd.,  
Suite 200A  
Mississauga ON L5K 2K8  
Telephone: (905) 855-1593  
Mon-Fri: 8:00 am - 5:00 pm

Interested persons should provide written comment to the municipality on the proposal within 30 calendar days from the date of this Notice. Comment should be directed to either Mr. Chris Mills, P. Eng. or Mr. Kasey Bartusevicius, P. Eng. at the addresses listed below.

If concerns arise regarding this project, which cannot be resolved in discussion with the municipality, a person or party may request that the Minister of the Environment make an order for the project to comply with Part II of the Environmental Assessment Act (referred to as a Part II Order), which addresses individual environmental assessments. Requests must be received by the Minister at the address below within 30 calendar days of this Notice. A copy of the request must be sent to the Town of Halton Hills to the address given below. If there is no request received by August 8, 2010, the project will proceed to construction.

Minister of the Environment  
135 St. Clair Avenue West  
10th Floor  
Toronto ON M4V 1P5

This Notice issued July 9, 2010.

**Kasey Bartusevicius, P.Eng.**  
Project Manager  
G.D. Jewell Engineering Inc.  
2155 Leanne Blvd., Suite 200A  
Mississauga, ON, L5K 2K8  
Phone: 905-855-1592  
Fax: 905-855-5428  
E-mail: [kasey@jewelleng.ca](mailto:kasey@jewelleng.ca)

**Chris Mills, P.Eng.**  
Director of Infrastructure Services  
Town of Halton Hills  
1 Halton Hills Drive  
Halton Hills, ON, L7G 5G2  
Phone: 1-877-712-2205  
Fax: 905-873-3036  
E-mail: [chrism@haltonhills.ca](mailto:chrism@haltonhills.ca)

1 Halton Hills Dr.,  
Halton Hills, ON L7G 5G2  
Tel.: 905-873-2601  
Fax: 905-873-2347

## Community Calendar

**Tai Chi in the Park:** Everyone is welcome to practise Tai Chi in Dominion Gardens Park, free, 7:15 p.m. every Thursday until Sept. 2. Weather permitting.

**Bingo:** hosted by Georgetown Optimist Club, 13439 Hwy. 7, Thursday nights, starting July 15, 7-9 p.m. Cash prizes. Fundraiser for youth activities.

**Limehouse euchre:** during the summer will be weekly, 7:30 p.m. at Limehouse Memorial Hall. All welcome.

### Saturday, July 17

**Hungry Man breakfast:** will be held at the Georgetown Legion Branch 120, 127 Mill St., 8-11 a.m. Cost is \$5 for adults and \$2.50 for kids. Take-out is also available.

**Movies In The Park:** in Prospect Park, Acton, presented by Party Cinemas. Movie: *Avatar*, a family-oriented outdoor movie nights. This year

with a new 40' wide screen! Admission is free, however please bring a non-perishable item for the Acton Foodshare food bank. There will be very affordable authentic movie concessions available on site. Starts at dusk - arrive early for best seating! Info: [www.partycinemas.com](http://www.partycinemas.com).

**Kittens:** at Pet Valu, 235 Guelph St. Georgetown, 11 a.m. to 2 p.m. Kittens available from the UCHS's Kitten Foster and Adoption Program to approved homes for \$160 cash, includes spay/neuter, age appropriate vaccinations and microchip. Info: [www.uchskittens.blogspot.com](http://www.uchskittens.blogspot.com) or Barb, 905-873-8547.

**Georgetown Skating Club:** skaters will be skating at the Georgetown Market Place Mall on July 17 and July 18, 12-4 p.m. Please watch the skaters perform on artificial ice in the mall's Centre Court and get your registrations in early. See you there! Any questions please contact [info@georgetownskatingclub.ca](mailto:info@georgetownskatingclub.ca) or go online at [www.georgetownskatingclub.ca](http://www.georgetownskatingclub.ca)



### Wednesday, July 14

**Bruce Trail hike:** Level 1, 5-6 km loop hike on local trails. Depart at 9:30 a.m. from the Georgetown Market Place parking lot between Zellers and the grey medical building. Bring water and snacks. Leader: Maureen, 905-873-9757 [haltonhillshikers@yahoo.ca](mailto:haltonhillshikers@yahoo.ca)

**Willow Park After Dark:** 8-9:30 p.m. This is a fun evening in the park for families. Learn about small bugs, creatures, and bats that inhabit the park at night. Call 905-702-9055 to take part.

**Thursday, July 15**  
**Evening Bruce Trail hike:** Level 1, 5 km loop hike on local trails. Depart at 6:15 p.m. from the Georgetown Market Place parking lot between Zellers and the grey medical building. Bring water and snacks and of course your insect repellent. Leader: Janet, 519-853-1285 [haltonhillshikers@yahoo.ca](mailto:haltonhillshikers@yahoo.ca)



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[INFO@FORGECOACHINGANDCONSULTING.COM](mailto:INFO@FORGECOACHINGANDCONSULTING.COM)



### Congratulations Stephanie Cousens

on graduating from  
Mohawk College.  
Good luck in B.C.

Love Mom, Dad & Deron



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905-873-6871 30 McClure Crt.  
(across from Dominion Gardens)