

WOW! Words on water from local water expert

by your local Culligan lady & neighbour, Debra McIlvenna

Health Canada estimates unsafe drinking water causes 90,000 illnesses every year. News headlines warning of contaminants and pesticides in tap water have stirred controversy and confusion.

Canadians are also learning that water in single disposable plastic bottles isn't an environmentally friendly solution to their drinking water concerns.

Reverse Osmosis, often referred to as RO, is an advanced water purification method that was initially developed by the U.S. Navy to produce drinking water from sea water. It is a membrane technology that works by forcing water under

pressure through the very tiny pores of a semi-permeable membrane. Modern RO units for the home are regarded as one of the most efficient and effective ways to reduce impurities.

Did you know that your body is made up of 72% water? As such it is vital to every process in the body and cleanses the body of toxins that affect our well being. To maintain a healthy level you should drink 8-10 glasses each and every day.

Reverse Osmosis water complements any weight loss program as there are no excess mineral salts like in ordinary tap water. It is also recommended for cook-

ing, juices and mixes, as well as for coffee, tea and ice cubes. People concerned about low sodium diet and baby formula to name a few would benefit from RO water.

Reverse Osmosis water costs just pennies a day, does not require additional energy to produce and provides clean, pure water that tastes great!

One of the most wonderful things an entire family can enjoy is quality drinking water. Imagine great tasting, healthy water right from your own faucet. You will find so many uses for high quality water when it is available right at your fingertips.



SHOP LOCAL DIRECTORY

SHOP SMART... SHOP HALTON HILLS

AIR CONDITIONING

ASBUILT CLIMATE CARE

- Pool Heaters
- Gas Piping for BBQ's
- Air Conditioning

Over **20** Years

905-877-8023
www.AsbuiltClimateCare.com

AIR CONDITIONING & HEATING

Brooks Heating & Air

sales • service • installations
furnace air conditioning fireplaces
in floor heating water heaters

905-877-3100
licensed TSSA contractor
10 years experience

www.brooksheatingandair.ca

AIR CONDITIONING & REFRIGERATION

MK HEATING & COOLING RESIDENTIAL | COMMERCIAL

Installations & 24 Hour Service
Air Conditioners, Chillers,
Coolers & Freezers, Furnaces,
Boilers & Gas Piping

Call **MIKE KECK** 905.462.1709
mk_heating_cooling@cogeco.ca

APPLIANCES

BULLDOG APPLIANCES

We Sell **APPLIANCES**
Plus **PARTS & SERVICE**

Water Softeners,
Coolers,
R.O.s, U.V.s

Showroom located at
55 Sinclair Ave., Unit 2
Georgetown

Call **905-702-1182**

CARPENTRY

STOYLES CARPENTRY

RENOVATIONS
KITCHENS
DRYWALL
DECKS
BASEMENTS
BATHROOMS

QUALITY WORKMANSHIP
905-877-3950

Satisfying customers in the
Halton area for over 20 years!

CUSTOM STONE WORK

SENSATIONS IN STONE

Enhance the beauty and value of your home with the enduring look of stone.

Fireplace surrounds
BBQ islands / Custom projects

Call Philip for a FREE consultation
(905) 877-0296
evenings (905) 877-1527
www.sensationsinstone.com

FLOORING

WHEELER flooring

Custom Installations of Hardwood, Tile and Stone
Baseboard & Crown Moulding

Call **Mike Wheeler** for an estimate
905-702-3815
www.wheelerflooring.ca
Serving Halton Hills & Surrounding Area

LAWN & GARDEN

Lawnmower & Tractor Sales & Service

Pre Season Repair & Warranty for:

- Husqvarna
- Toro
- Murray
- Briggs

BLADE & CHAIN SHARPENING
Pick Up & Delivery Available
905-877-0157

Adams EQUIPMENT
SALES SERVICE RENT-ALL INC.
334 Guelph St., Georgetown

PAINTING

Bauer Painting

Let's Get Your **FREE ESTIMATE** done!
Now booking into summer.

- interior
- exterior
- decks
- fences

Excellent References Available

Best Rates in Town!
Ask for Kevin **Call Today**
905-703-1221

PAINTING

Jane McKenzie
interior painting & decor

We Paint the Walls of Your Home
BONDED TRUSTWORTHY FRIENDLY

- Residential Painting
- Colour & Design Consultation

Quality Workmanship guaranteed

Call or email Jane at:
905-703-4517
janedesign61@bell.net

SEPTIC

ED PEAVOY SEPTIC PUMPING
30 YEARS EXPERIENCE

PUMPING OF
• HOLDING TANKS
• SEPTIC TANKS
• AROBIC TANKS

Lic. by the M.O.E.

Pump and Servicing
Pressure Line Flushing

519-833-9180
Toll free 1-877-232-0229
P.O. BOX 709, ERIN, ON

SEPTIC

Robert Noble Limited

SEPTIC TANK PUMPING
High Pressure Drain Flushing
2 Trucks to Serve You - Radio Dispatched

P.O. Box 64, Ballinacree, ON N0B 1H0
519-853-0500
Office

905-878-6869 905-877-0514
Answering Service Fax

SIDING

M&D Contracting Ltd.
www.md-contracting.com

Soffit & Fascia
Eavestrough
Vinyl & Wood Siding
Aluminum Railings & Columns
Caulking Repair

Call for **EARLY BOOKING DISCOUNTS!!**

Exterior Specialists
519-853-5035 office
905-208-1191 cell

TREE SERVICE

COLONIAL TREE SERVICE

HALTON'S LONGEST RUNNING TREE COMPANY
OVER 30 YEARS OF EXPERIENCE

Certified Provincial Arborists
Forestry Technicians
• TREE ANALYSIS & DIAGNOSIS
• TREE TRIMMING • TREE REMOVAL
• HEDGE TRIMMING • STUMP REMOVAL
• CRANE SERVICE AVAILABLE
• FULLY INSURED

905-877-8591
www.colonialtree.ca

WINDOWS & DOORS

BR Serving Halton Hills since 1993.

Windows, Bay Windows,
Entrance Doors, Patio Doors

Free Estimates
Fully Insured
905-873-6053

WINDOWS & DOORS

FITZPATRICK Window & Door SYSTEMS

Specializing in:

- Bay & Bow Windows
- Patio & Garden Doors
- Entrance Systems

SPECIAL ON NOW California Shutters

Jim **FREE ESTIMATES**
905.703.6344

WINDOW REPAIR

Georgetown Glass & WINDOW SERVICE

We Fix Broken Windows

- Glass Products
- Custom Mirrors
- Double-Glazed Units
- Shower Enclosures
- Screen Repairs
- Mirror Doors
- Residential, Commercial

Don Foubert
905-691-5176

WOODWORKING

IRISH CABINET MAKER
CUSTOM WOODWORKING

- Kitchen Cabinets
- Vanities
- Fireplace Mantels

Call **905-877-0974**

Don't miss your chance to Congratulate your Graduate!

FULL COLOUR ~ ONLY \$68!

Call or email Special Features to book your Grad Ad today!

905-873-0301, Ext. 237
or e-mail features@independent-freepress.com
(Limited Space Available)