

# GEORGETOWN FITNESS BOOT CAMP

Georgetown's ORIGINAL and #1 fat loss program



Before



After

Expect these RESULTS:

- 3-5% Reduction in Body Fat
- Greatly Improved Posture
- Better Relaxation
- 5-12 Pounds of Weight Loss
- 1-3" decrease in your midsection (minimum)
- 25% improvement in Endurance & Strength
- 100% Gain in Energy + Self Confidence!

The most effective, fun & affordable fitness 'Body Make-Over' Fitness Solution ever crafted.

No matter your age, size or fitness level, you can achieve great results. Whether you are a beginner, an avid fitness enthusiasts or just tired of the same old routine... you will achieve amazing results!



Before



After

You have nothing to lose except the pounds!! No contracts - the most affordable boot camp program!!

\*Now with a location in ACTON  
647-988-4237

www.georgetownfitnessbootcamp.com



## Business of the month

Superior Glove in Acton was chosen as Halton Hills Chamber of Commerce's Business of the Month for June, as representatives from the Chamber dropped by to present the sign. On hand to make the presentation were (in front, from left) Chamber president Helen MacCormack, President-elect Kathleen Dills, Superior Glove vice-president Joe Geng, Lynda Rolfe, Roy Bishop and Jill Whalen. In back, Todd Schonnop, Don Miller, president Tony Geng and Frank MacDonald. Superior Glove is celebrating its 100th year in business.

Photo by Ted Brown

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