

# St. John volunteers save man

By **LISA TALLYN**  
Staff Writer



**VINCE CINCERO**

**JOSH TUCKER**

Two St. John Ambulance volunteers saved the life of a Georgetown man who collapsed at a picnic in Halton Hills Sunday afternoon.

The son of the 72-year-old man rushed to St. John Ambulance Medical First Responders Vince Cincero and Josh Tucker at the St. Anthony Picnic at the Queen of Peace Croatian Franciscan Centre on Winston Churchill Blvd. about 1:30 p.m. after believing his father had fainted.

But when the volunteers got to the man, they realized he hadn't just fainted—he didn't have any vital signs.

Cincero and Tucker immediately began CPR and after 13 minutes and three shocks with an Automated External Defibrillator (AED) unit they revived the man.

When EMS personnel arrived, they transported the man to Georgetown Hospital where he is now recovering.

"We are very proud of Vince and Josh," said Tim Bauer, Branch Manager of the Oakville-Milton & Halton Hills St. John Ambulance. "They have trained countless hours in order to be prepared for scenarios like this one. Situations like this really highlight the importance of our services in the community, and how crucial it is for the general public to be trained in first aid. The reality is, you never know when this could happen to you and when you will need the skills necessary to save someone."

Cincero, 38, of Milton said 13 minutes is quite a lengthy time to do CPR and at that point he didn't think it was likely they would be able to revive the man.

"For some reason, we got him back," said Cincero, who accompanied the patient to hospital.

He said when they realized what they were dealing with, "everything I was taught in training just took over."

"We (deal with) a lot of scraped knees," said Cincero. "To get an actual VSA (Vital Signs Absent) is very rare."

This is the first situation like this Cincero has faced in his two years as a volunteer with St. John Ambulance, and also for Tucker, 23, of Burlington who was just recently certified as a Medical First Responder after joining St. John Ambulance last November.

"It was my first real treatment above cuts and scrapes," said Tucker.

He said they got to the man in less than two minutes and were able to immediately start CPR. That, and the AED unit were critical to their success in reviving him, Tucker said. He said without the AED it's doubtful the man would have survived.

Statistics show more than 35,000 Canadians die each year from cardiac arrest. Defibrillation improves survival rates by up to 30 per cent if delivered in the first few minutes. With each passing minute, the probability of survival declines by seven to 10 per cent.

The Medical First Response program is a free volunteer-run service offered by St. John Ambulance in Oakville, Milton and Halton Hills. The volunteers log more than 10,000 event hours each year for the life-saving program and oversee the safety of more than 200,000 residents in those communities each year.

**BUY NOW & SAVE** It Could Cost **\$500 MORE** with HST!!  
**FINAL 13 DAYS TO SAVE!**

REPLACE YOUR OLD FURNACE WITH A **Coleman** 96% HIGH EFFICIENCY GAS FURNACE WITH ENERGY SAVING DC MOTOR FOR AS LOW AS **\$2,150<sup>00</sup>** (AFTER REBATE) INSTALLED\*\*

OR

REPLACE YOUR OLD FURNACE AND AIR CONDITIONER FOR AS LOW AS **\$4,760<sup>00</sup>** (AFTER REBATE) INSTALLED\*!

- 10 YEAR PARTS WARRANTY
- LIFETIME HEAT EXCHANGER WARRANTY

**DON'T PAY 'TIL JAN. 2011!!** \*\*

**COLEMAN** 2010 Readers' Choice

**APPLEBY SYSTEMS** 1967 43 years 2010

\*Limited Time Offer. GST extra. \*\*OAC

**APPLEBY SYSTEMS** 905-877-8990  
Fireplace, Heating & Air Conditioning Sales & Service  
118 Guelph St. Georgetown (at Maple)  
Hours: Monday - Friday 9-5; Saturday 11-4; Appointments available after hours upon request [www.applebysystems.ca](http://www.applebysystems.ca)

FULL PARTS & SERVICE  
6 YEARS IN A ROW Favourite Furnace & Air Conditioner

Check out our **Weekly Specials** in-store or online at **Foodstuffs.ca**

**FOODSTUFFS** Health & Specialty Foods  
89 Main Street South • Downtown Georgetown  
905.877.6569 • [foodstuffs@cogeco.ca](mailto:foodstuffs@cogeco.ca)

**MCM Wildlife Control**  
**905-703-7114**  
Humane removal and prevention  
Raccoons, Squirrels, Skunks, Bats  
Locally owned and operated

Are you ready for a different workout?  
**FREE Circuit WORKOUT**  
**JUNE 15 - 30<sup>TH</sup>**  
The Circuit - Strength, Conditioning & Fat Burning  
Morning, afternoon and evening sessions available  
Space is limited, max 6 participants

**i'm inspired**  
Contact Cydney to reserve your spot today!  
[info@iminspired.ca](mailto:info@iminspired.ca) or 905-965-2211

**Halton Hills Curb Appeal** **SHOP LOCAL**  
Specializing in residential and commercial Asphalt Sealing

- Avoid exposure to harmful ultraviolet rays.
- Protect asphalt from oil and gas leaks
- **INCREASE THE LIFE OF YOUR DRIVEWAY!**

Sealcoat provides instant curb appeal and enhances pavement appearance!

**Free Estimates** **416-574-3996**

**LASER HAIR REMOVAL** Since 1999 **ONLY 4-6 TREATMENTS NEEDED!**

To free you from that unwanted hair.

- Affordable • Safe • Gentle
- Permanent Hair Reduction

For Him: chest, back, shoulders, etc.  
For Her: bikini, facial, underarms, etc.

Call today for a free consultation  
• Certified Electrologist & Laser Technician

**Bare Image Electrolysis & Laser Inc.**  
61 Main St. South, Georgetown 905-873-6388  
[downtowngeorgetown.com](http://downtowngeorgetown.com)