

Be sun safe

As we head into the summer, thoughts of gardening, outdoor recreation and other fun-in-the-sun activities become forefront in our mind.

The Canada Safety Council recently launched its National Summer Safety Week awareness campaign to remind us of the dangers associated with harmful ultra-violet (UV) rays.

Statistics provided by the council indicate that nearly one in five Canadians is likely to develop skin cancer sometime during their lives. Melanoma is the type most likely to be fatal. It is also one of the most common cancers among young people in Canada aged 15 to 29.

There are a few simple tips you can follow to protect you and your family, including:

- Scheduling outdoor physical activities when UV rays are at their weakest, before 11 a.m. and after 4 p.m.;
- Always keep children under the age of one out of the sun;
- Remember that skin doesn't have to be hot to burn, so don't be fooled by cloudy or overcast weather;
- Remember too that water, snow, sand and concrete can reflect and increase the sun's burning rays;
- Cover children's heads, necks and ears with a broad-brimmed hat when outdoors;
- Protect arms and legs with tightly woven, loose fitting, cotton clothing;
- Children should wear a T-shirt over their bathing suit, and long shorts instead of short shorts;
- Wear UVA/UVB protective sunglasses — children can wear them too;
- Apply sunscreen generously before all outdoor physical activities. Remember to apply at least 20 minutes before sun exposure. Re-apply often, as perspiration will reduce the effectiveness.

Letters to the editor policy

Letters must include an address and daytime telephone number. Anonymous letters will not be published. Letters should not exceed 150 words and may be edited for content and/or length. Publication is not guaranteed.

E-mail: jmcghie@independentfreepress.com
Mail or drop off: Independent & Free Press, 280 Guelph St., Unit 29, Georgetown, ON., L7G 4B1.

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Steve Nease

905-873-0301
Publisher: Ken Nugent
General manager: Steve Foreman
 (sforeman@independentfreepress.com)
Retail advertising manager: Cindi Campbell
 (ccampbell@independentfreepress.com)
Managing editor: John McGhie
 (jmcghie@independentfreepress.com)
Distribution manager: Nancy Geissler
 (ngeissler@independentfreepress.com)
Classifieds
 Kristie Pells
 (classified@independentfreepress.com)
Accounting
 Rose Marie Gauthier
Editorial
 Cynthia Gamble: News editor
 (cgamble@independentfreepress.com)
 Ted Brown: Photography
 (tbrown@independentfreepress.com)
 Lisa Tallyn: Staff writer
 (ltallyn@independentfreepress.com)
 Eamonn Maher: Staff writer/sports
 (emaher@independentfreepress.com)

WEB POLL RESULTS

With security costs for the G20 and G8 summits likely to hit nearly \$1 billion, do you support Canada hosting these summits?

- Yes (16%)
- No (84%)

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Letters to the editor

Lack of transit bothers resident

Dear editor,
It never ceases to surprise me to hear that residents in Georgetown, who don't own a car, may be able to get around this town and Halton Region by some kind of public transit by year 2031.

A few weeks ago I was able to travel by GO bus from the mall to Union Station in Toronto for \$8.50 round-trip, seniors discount (regular fare is \$8.50 each way.) To get a taxi in town, you pay \$3.20 just opening the door.

To get from the mall to downtown Georgetown is \$7 each way by taxi. I'm sure it would be cheaper to take the GO bus but what happens if you need to go to Georgetown South, Glen Williams, Stewarttown or anywhere else in Halton Hills that doesn't have GO Transit?

If anyone has a cheaper solution sooner than year 2031, please let me know because by 2031, I may not be able to utilize this.

Please don't suggest we have public transportation available (Activan) because in the eyes of GO

Transit I'm a senior; in the eyes of our public transportation operators, I'm not.

Abby Phillips, Georgetown

More than urn stolen

Dear editor,
We moved to Georgetown more than 12 years ago.

We have come to love and appreciate this community for so many reasons.

We have always bragged to our big city friends about how safe we felt and how trusting we were of our neighbourhood and surrounding area and we can honestly say that we have never had a problem until recently.

The cast iron flower urn (part of a matching set of two) wasn't the only thing stolen right from our front door. What was also stolen was our confidence and pride in this community.

It's hard to believe someone would be able to enjoy planting flowers in a stolen urn, but what's more even more incredible is that they had the audacity to do this in the first place... while we were at home.

Scott and Rose Dorland, Georgetown

Successful campaign

Dear editor,
Thank you Halton Hills. Once again Cancer Assistance Services of Halton Hills (CASHh) has not been disappointed.

During our April Residential Campaign, more than 300 volunteers hit the streets and raised more than \$90,000. I am very proud to be a part of this organization, an organization that fulfills the wishes of cancer clients every day.

As we reflect back on the first decade of existence, more than 1,200 clients have had their lives improved, whether it is by a phone call showing support or by volunteer drivers transporting clients to and from their appointments. As we look forward into the future, with the increase in clients, we will be offering the same level of support because of you.

To all the volunteers, thank you. Your diligence paid off. Your support of CASHh is outstanding.

Cancer's grip is tough, its control is powerful, but united together we can and will help to lessen the anxiety and fears, and replace them with help and hope. Call us, 905-702-8886.

Anna Mae Moore, Residential Campaign Manager