

## Lori enjoys a friend's spectacular dinner

Here's a recipe to make for company! We were invited to our good friends'— Jill and Drew Far-

**Lori Gysel & Gerry Kentner**



rington— house for dinner a few weeks ago and had a spectacular dinner (as usual— Jill's a great cook).

But by far the coolest course was this one— she served the Asian Noodle Salad recipe that you see in the column today with seared salmon as an appetizer.

It was so interesting when it came to the table, you really couldn't tell at first glance whether it was a green spaghetti noodle or something else— and it turned out to be cucumber! The flavor was great and how healthy!

Jill says the secret is that she uses her gadget which is a cross between a vegetable peeler and a zester to make the "noodles" out of the cucumber. If you've never seen or heard of a gadget like this before, I'm told that they are available at Golda's Kitchen shop.

Just so you can be totally jealous, I'll tell you the whole menu. We started out with an amuse bouche of seared sea scallops on a bed of mache, followed by the Asian noodle salad with seared salmon as the appetizer.

For the main course there was beef tenderloin, wrapped in spinach and prosciutto and then the whole thing was topped off by this awesome lemon meringue roulade.

We'll have to con the recipe for the roulade out of her soon and get it in the paper as well! We are very lucky to have so many good friends— we're even luckier that all of our friends are good cooks!

Have fun and keep cooking!

Email questions and comments to [whatscookin@independentfreepress.com](mailto:whatscookin@independentfreepress.com)

## Bread Basket is running short on items

Georgetown Bread Basket (food bank) is running short on a few items— cold cereal, canned meat, canned juice. Any items can be placed in the food bank bins at Food Basics, Metro (north and south) and Real Canadian Superstore and food bank volunteers will pick up.

**EVERYONE** This means YOU TOO!  
can pay tribute to their Dad in a "Salute to Dads" in the Big Daddy Festival Special Section June 8th by

Happy Ads for Dads ...!

Happy Dad's Day!

Wish you were here ...

John Elliott  
1923-1978

Love, Lois



Love Zack

Tribute to Dads we miss ...!

Please join in the fun ASAP.

Please contact Amy Sykes 905-873-0301 ext. 237 or e-mail [asykes@independentfreepress.com](mailto:asykes@independentfreepress.com)

# Asian Cucumber Noodles

## Ingredients

- 2 English cucumbers, peeled and seeded
- 1 tsp salt
- 3 tbsp sesame oil
- 2 tbsp lime juice
- 1 tsp fish sauce
- 2 tbsp soy sauce
- 1/4 tsp sambal olek
- 1 tbsp toasted sesame seeds
- 1 green onion, chopped
- 4 red chili peppers, washed and left whole
- fresh cilantro leaves



## Method

Slice cucumber lengthwise into spaghetti-like strips using a zester or mandolin.

Place cucumber in colander and sprinkle with salt. Let stand for 1 hour. Rinse well, drain and pat dry.

Combine sesame oil, lime juice, fish sauce, soy sauce, sambal olek and sesame seeds in a large bowl. Add cucumber and toss. Let marinate for one hour.

To serve, twist cucumber "spaghetti" around a fork and place on serving plates. Garnish with green onion, whole chilis and fresh cilantro. Serves four.

# Kiwanis to host Lobsterfest May 28



It's lobster time! Come enjoy a lobster feast at the annual Kiwanis Lobsterfest on Friday, May 28 at the Gellert Community Centre. This year's event

benefits the Field of Dreams project. Tickets, \$75, are available by calling 905-877-4411 or any Kiwanis members.



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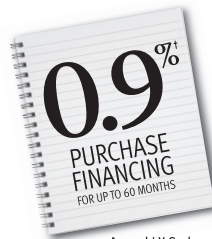
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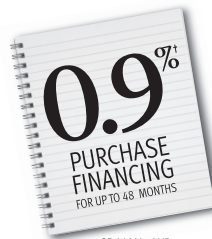
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\*Limited time lease offers based on new 2010 Civic DX Sedan, model FA1E2AE / 2010 Accord LX Sedan, model CP2E3AE / 2010 Odyssey NHL® SE, model RL3H5AE / 2010 CR-V LX 2WD, model RL3H3AE available through Honda Financial Services on approved credit. † Kelley Blue Book. ‡ Car and Driver. \*As reported by Canadian manufacturers for calendar year 2009. †As reported by the National Highway Traffic Safety Administration. ‡As reported by Kelley Blue Book. ©NHL 2010. All rights reserved.