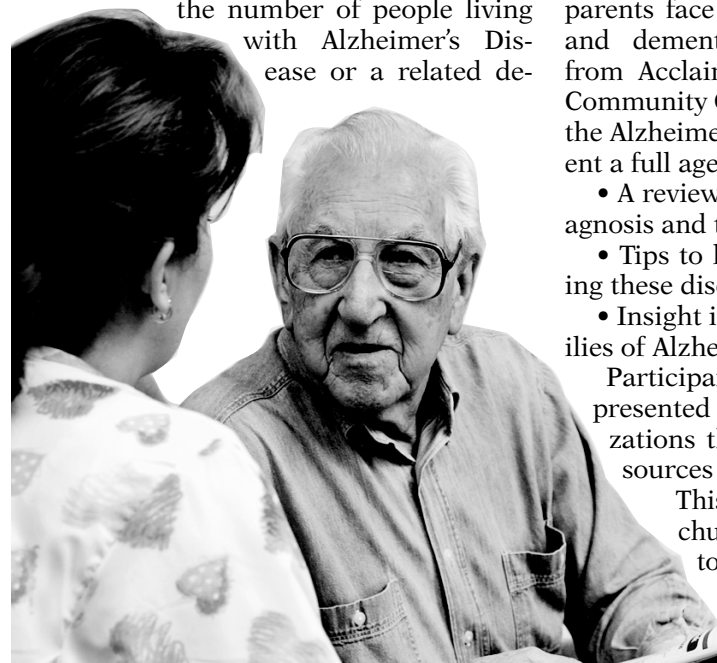


SENIORS LIFESTYLES

Caring For Your Aging Parents seminar puts focus on dementia illnesses

In the report, *Rising Tide—The Impact of Dementia on Canadian Society*, released by the Alzheimer Society of Canada, it was reported that one in 11 Canadians currently has Alzheimer's Disease or a related dementia. If this trend continues, within 25 years the number of people living with Alzheimer's Disease or a related de-



mentia will reach 1.1 million Canadians.

Georgetown Alliance Church will be presenting a seminar, *Caring for Your Aging Parents- Alzheimer's and Dementia*, on Saturday, April 10 at 9 a.m. This seminar will focus on the challenges that adult children and their parents face with the onset of Alzheimer's and dementia. Healthcare professionals from Acclaim Health, Mississauga-Halton Community Care Access Centre (CCAC) and the Alzheimer's Society of Canada will present a full agenda, which will include:

- A review of the early warning signs, diagnosis and treatment of these diseases
- Tips to help a family adjust when facing these diseases
- Insight into resources available to families of Alzheimer's or dementia sufferers

Participants will be able to visit displays presented by non-profit service organizations that offer a wide variety of resources to Halton Hills residents.

This free seminar will be held at the church, 290 Main St., S. in Georgetown. All are welcome. For more information contact Pastor Doug, 905-873-0250, ext. 102 or doug@togetheratgac.com

Floor is fixed— programs to resume at Georgetown Seniors Centre

By FLORENCE RIEHL
Georgetown Seniors Centre

In like a lamb and out like a lamb! That was March 2010. What unbelievable weather.

The floor in the big room is finished and ready for instructed classes to begin the week of April 5. Hope you have registered. Bingo also resumes April 5th.

At 10 a.m. on Wednesday, April 7 the Good Food Box, in conjunction with Mingle & Chat, presents a seminar, *Cooking for One*, using the basic fruits and vegetables from the Food Box. All are welcome.

Our fabulous "All you can eat" Pancake Breakfast has been rescheduled to Saturday, May 1 to avoid conflict with the Lions Breakfast for the food bank on April 10/11.

Young's Pharmacy is coming to the Centre on April 20 to show some of their health and homecare needs and their new adaptive clothing line they have available for seniors.

Doing your spring cleaning?

Consider donating items to the Centre's Yard Sale on Saturday, April 24 from 8 a.m. to noon. Please no clothing, TVs, record players, or large furniture.

Posters are going up around town with news of the "Come Shop With Us" experience to be held at the Centre, Saturday, May 8. Doors open at 9 a.m. Guaranteed something for everyone.

Yes, ladies! It's coming! The eagerly awaited Alia/Tan Jay Fashion Show. On Thursday, May 13 they will be at the Centre to show their fabulous new spring and summer line. Mark the date on your calendar and watch for more information.

The Day Tripper sign-up sheet is ready for a wonderful excursion to Port Dover on June 23. You will have time to shop the main drag and then we will lunch at the famous Erie Beach Hotel and then off to the Lighthouse theatre to catch a play called *Looking*.

Happy Easter to everyone.

Georgetown

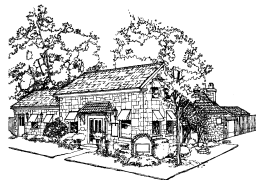
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Contact Patricia Kelly (Owner/Administrator) at 519-833-1033

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