

golfers never really stop, but does agree that the fundamentals can still be lost over winter. He recommends getting an instructor to iron out any problems that may have emerged in your swing since courses closed in the autumn.

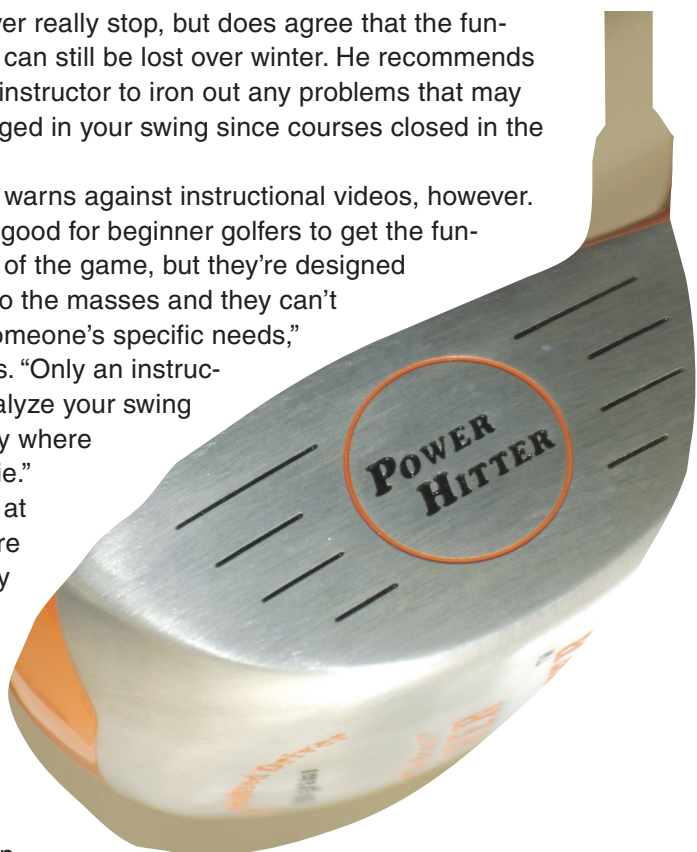
Oliphant warns against instructional videos, however.

“They’re good for beginner golfers to get the fundamentals of the game, but they’re designed to appeal to the masses and they can’t address someone’s specific needs,” he explains. “Only an instructor can analyze your swing and identify where problems lie.”

Lessons at any time are a great way to improve your game and make adjustments to your swing. Even competent golfers might consider a refresher lesson or two; a pro can likely suggest ways to make your game even better.

Once courses open, you’ll obviously be eager to get out onto the greens and begin swinging the clubs. Don’t be too eager. Instead, approach it methodically and slowly, so bad habits don’t emerge and you don’t hurt yourself.

Driving isn’t a touch skill, so it doesn’t fade away as much from months of layoff. The focus should be on putting and pitching.



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