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Best Buy CORRECTION NOTICE

To our valued customers: We apologize for any inconvenience caused by an error in our flyer dated: March 5th - March 11th.

Product: Free Acer Netbook Offer with Rogers Rocket Stick. Please note that this offer found on the front cover of March 5 flyer is NOT valid with any laptop or netbook, as previously advertised. The offer is valid ONLY with the Acer A0532h Netbook (Web Codes: 10137973/69/71). SKU:10137971/69/73 & 10134978/10132210

**Drinking and Driving:
You Can't Have It Both Ways.**



Drinking and driving is a one-way street to disaster. Stay on the right track-if you're drinking, arrange for a ride; if you're driving, stay sober. With so many celebrations during the holiday season, it's especially important to remember your responsibility to yourself, your family, your friends and your community: Keep yourself and fellow motorists out of danger by staying sober behind the wheel.

Wednesday, March 10



Y silent auction fundraiser:

Acton YMCA (located at McKenzie-Smith Bennett School in Acton) is having a silent auction running all week. The last bid is at 6 p.m. on Friday, March 12. Proceeds are for the YMCA Strong Kids Campaign.

Music At One: at Halton Hills Cultural Centre Gallery, 1-2 p.m. featuring jazz vocalist and pianist Fern Lindzon, accompanied on bass by George Koller. No admission however donations are gratefully accepted at the door.

Habitat House info night: Habitat for Humanity Halton has a three-bedroom home in Acton available for a low-income family. Find out if you might qualify for Habitat's Homeownership program, 7 p.m. at the Salvation Army, 114 Mill. Info/register, call 1-866-314-4344 or 905-637-4446. Registration appreciated, but not mandatory.

Esqueuing Historical Society: welcomes Dawn Livingstone who will give a presentation, 150 Years of Enduring Faith, on the history of Georgetown's Knox Presbyterian Church and its congregations from early times to the present, 7:30 p.m. at Knox Church, Main and Church Sts, Georgetown.

Bruce Trail hike: Level 1 slow-paced loop hike on local trails. Depart at 9:30 a.m. from the Georgetown Market Place parking lot between Zellers and the grey medical building. Normally back by noon in time for lunch at a local eatery. Leader: Maureen, 905-873-9757 haltonhillshikers@yahoo.ca

W.I. meeting: Halton Regional Police presents 'How to Keep Yourself Safe' at the March meeting of the Silver-Wood Women's Institute, 7 p.m. at Limehouse Memorial Hall. Visitors welcome. Info: Shirley, 519-853-2604 or Anemarie, 905-873-2519.

Euchre and Games Night: 7:30 p.m. at Huttonville United Church. Admission is \$4.

Website Design Seminar: Need help navigating through the start-up issues of designing a site?

Community Calendar

Halton Hills Library and the Halton Region Business Development Centre host a seminar 6:30 p.m. Register, \$20, 1-866-4HALTON or busdev@halton.ca to register.

Acton/Georgetown La Leche League: For mothers who are breastfeeding or planning to breastfeed, 7:30 p.m. at the Ontario Early Years Centre, Georgetown. Info: Samantha, 905-702-0768.

Thursday, March 11

Euchre: 7:30 at Limehouse Memorial Hall. All welcome.

Halton Hands in Motion Knitting and Crocheting Guild meets 7-9 p.m. at the Georgetown Seniors' Centre, rear entrance. Speaker Cynthia McDougall from the Canadian Knitting Guild will talk on the accreditation process for those who want to pursue knitting professionally, as well as Stitches & Chains info, Show and Tell. All welcome. Info: Diane, 905-877-1521 or Barb, 905-878-5603.

Senior Men's Luncheon: 12 p.m. at St. Andrews United Church, Mountainview Rd. Speaker will be Horticulturist Belinda Gallagher. All retired men are invited, only \$10. Info: Aidan, 905-877-6029.

Lego Contest: at Acton library. Bring in your LEGO creation March 11-18. We'll display them, and then you can come in and vote for your favourites March 19-24. Info: 519-853-0301.

Friday, March 12

Youth Dance: 7:30-10 p.m. at the Acton Community Centre for youth in Grades 6,7 and 8. Well-chaperoned events by paid Recreation and Parks staff and volunteers. Tickets, \$7.

Beauty and the Beast: Globe Production's Youth Company presents *Disney's Beauty and the Beast* at the John Elliott Theatre, March 12 to 21. For details call 905-877-3700 or www.globeproductions.ca

Saturday, March 13

Concert for Haiti: 2 p.m. to 2 a.m. at the McGibbon Hotel, Main St. in Georgetown. Church on Fire, Larry Melton, Neil Cotton, Happy Hour, The Classics and many more to perform. Admission \$5 at the door with proceeds to go to the Salvation Army Haiti Relief Fund. Info: 905-877-3388.

Sweet Maple Syrup: 10-11:30 a.m. and 1-2:30 p.m. at Terra Cotta Conservation Area. Register at 905-670-1615 ext 436. Learn how to tap a tree in this hands-on program.

UCHS kittens: at Pet Valu, 235 Guelph St. Georgetown, 11 a.m. to 2 p.m. to approved homes for \$160 cash, includes spay/neuter, age appropriate vaccinations and microchip. Info: www.uchskittens.blogspot.com or Barb, 905-873-8547.

Hungry Man's Breakfast: at Georgetown Legion, 8-11 a.m. at the branch upstairs (elevator available). Cost is \$5/person (children under 12, \$2.50). Takeout too.

Men's Toonie Breakfast: 8:30-9:30 a.m. at Bethel Church 365 Queen St. E., Acton. Just \$2! All men welcome. Info: www.acton-crc.com

Sunday, March 14

Bruce Trail hike: Level 2, 8 km carpool Pear Tree Loop hike. Wear yaktraks or icers if you have them. Depart at 10 a.m. from the Georgetown Market Place (usual spot). Bring water/snacks. Leader: Heinz 905-877-3298 haltonhillshikers@yahoo.ca.

New church: Koinonia Worship Centre holds a 10:15 a.m. service in the Gellert Centre. Sermon Topic: Being Restored In A Broken World. Info: Robert Legair, lead pastor, 905-703-5882 or www.kwc.org.

Look for an expanded version of Community Calendar at www.independentfreepress.com. Scroll down to Did You See? and click on the Community Calendar tab



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... Lend Me Your Ears

HOW DOES LOUD NOISE CREATE HYPERTENSION?

It appears to affect the nervous system, signalling the peripheral blood vessels to constrict as though under attack/ This triggers a surge of adrenaline and other fight-or-flight chemicals into the bloodstream - a response that carries with it the potential for glandular or cardiovascular changes, in other words, unwanted noise creates the same final results as increased stress (try to avoid)!

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Tooth Chatter

GEORGETOWN
Denture Clinic

ESSENTIALS FOR DENTURE WEARERS

1. **Keep dentures clean.** Bacterial plaque builds up daily in the mouth and on dentures. Unless it's removed, plaque can cause infection, and disease and bad breath.
2. **At night all dentures, full or partial, should soak in lukewarm water.** This takes the pressure off your gums and keeps dentures from drying out and warping.
3. **Imagine how your feet would feel if you never took off your shoes!** Mouth tissue are extremely sensitive. They can shrink and change under the pressure of dentures. Give them time to rest and breathe by removing dentures overnight. Your oral tissue need daily stimulation. Use a soft toothbrush to massage your gums; the top, underside, and edges of your tongue; the roof and floor of your mouth. If a brush is uncomfortable, try moistened gauze.

You do not need a referral; simply call our office direct for an appointment.

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Alexander Trenton, DD, F.C.A.D. (A)
Denturist
Georgetown Denture Clinic,
18 Church Street,
Georgetown, Ontario
905-877-2359

(Across from the Library and Cultural Centre)

Letter carriers to drop off Alert program info

Next week, March 15-19, each resident of Halton Hills, who has a mailbox, will be receiving an envelope marked 'Letter Carriers Alert', containing information about the program with a contract to fill out, sign and return to your letter carrier.

Last year, this service gave reassurance to over 300 residents of Halton Hills.

Letter Carriers Alert is a program sponsored by Acton/George-



town letter carriers, rural route carriers and Links2Care.

The letter carriers do a routine check to those households that have signed up by noting if the mail is not picked up for a few days or

some other unusual appearance at your residence that will signal you may require assistance. This will be reported to Links2Care, who will make sure that you receive help if necessary.

Anyone wanting reassurance in the Acton/Georgetown area, particularly senior citizens, individuals with a disability and those living alone are eligible to sign up.

If you would like more information call Brenda, 905-873-6502.