



Happy 1st Birthday Victoria Anna

You have filled our lives with love and joy and will always be our little Princess and Madeleine's best friend.

You are our special gift from God.

We love you always and forever...
Mom, Dad and Madeleine Angelina.

SMOKING is it worth it?



Someday, you'll be offered a cigarette or be tempted to smoke. Before you start, think about it: every drag you take screws up your body.

Smoking can cause permanent damage to your body. Once a person starts, it becomes extremely tough to quit. And did we mention all that cash you'll be blowing in the process?

So, if you're tempted to start, ask yourself, "Is it worth it?"



By Cory Soal
R.H.A.D.

... Lend Me Your Ears

You have probably heard recently, there is legislation being passed that will target drivers using cell phones while operating a motor vehicle. We all know that distractions are a dangerous combination and common part of driving on today's congested roadways. Any way to lessen the number of distractions faced daily would greatly help one to focus on the task at hand, and get on with their day. At the Georgetown Hearing Clinic, we do not condone the use of cell phones while driving, but when absolutely necessary, a hands free device, such as a speaker phone, line Onstar™ or a bluetooth connected earpiece can be very useful and help reduce distraction - not to mention allow the driver the use of both hands.

At The Georgetown Hearing Clinic, we provide a wide variety of custom fit and non custom fit bluetooth hands free devices.

The Georgetown HEARING CLINIC

We care about your hearing!

Professional Arts Building
99 Sinclair Ave., Suite 210
Georgetown

(905) 873-6642

Tooth Chatter



CARING FOR OTHERS

As well as cleaning and inspecting dentures, the caregiver should also check mouth tissues. With the other person's permission, look closely inside his or her mouth, check for swelling, red or white patches, colour changes in gums, or sores that don't heal within a few days. If you spot any of these irregularities, contact your dental professional. With moistened gauze, massage and clean inside the mouth, and tongue.

Remember, dentures should be removed at night, in order to give the tissues a rest and your mouth time to breathe.

You do not need a referral; simply call our office direct for an appointment.

Creating confident smiles since 1982.

Alexander Trenton, DD, F.C.A.D. (A)
Denturist
Georgetown Denture Clinic,
18 Church Street,
Georgetown, Ontario
905-877-2359

(Across from the Library and Cultural Centre)



Taylor Belcher (left) and Jennifer Krause (centre) of Georgetown, along with Milton's Rebecca Tjon-Aloi, competed for Gold Medal Gymnastics recently in Oshawa, with Belcher earning a bronze medal on the vault.

Submitted photo

Gold Medal gymnasts perform well at meets

Athletes from the North Halton-based Gold Medal Gymnastics received strong performances from several of their club members at two recent meets.

The second women's provincial qualifier took place at Gemini Gymnastics in Oshawa and Gold Medal individual results included:

Level 5 (age 12-13)

Jennifer Krause— 19th all-around

Level 5 (age 14+)

Taylor Belcher— bronze vault; 4th uneven bars; 6th beam; 7th all-around

The first Gymnastics Ontario qualifier for boys was held at Futures Gymnastics in Mississauga and Georgetown members of Gold Medal turned in the following results:

Level 2 (10 & under)

David Sandro— gold horizontal bar; silver pommel; bronze floor, parallel bars, all-around

Matthew Meneses— 5th pommel; 6th parallel bars; 8th all-around

Lucas Schinkel— bronze parallel bars; 5th vault, horizontal bar; 9th all-around

Joshua Hynes— 6th pommel; 10th all-around

Level 4 (age 13+)

Zachary Brautigam— 14th all-around



Georgetown's David Sandro of Gold Medal Gymnastics earned a gold medal on the horizontal bar and four silver medals at the recent provincial artistic qualifier in Mississauga.

Submitted photo

around

National Open

Marc de Lestard— silver rings; 5th horizontal bar; 6th parallel bars, all-around

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- Baked Ham
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Neil Cotton

79 Main Street South, Georgetown

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ARE YOU STILL SUFFERING?

Our specialists are here to guide you back to PAIN FREE living in our State-of-the-Art facility.

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- recurring headaches
- numbness of arms, legs, hands
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- neck stiffness
- back/neck pain
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Life Chiropractic and Whiplash Injury Centre
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