

DASH Sports



LEFT: Two-year-old Will Dunn scoops up a ball while working on his soccer skills.
TOP LEFT: Dario Gaeto practices his goaltending skills.
ABOVE: Three-year-old Ben Dunn tries to catch up to his hula-hoops.

One of the many programs offered by the Town of Halton Hills is DASH Sports, which teaches young kids valuable athletic fundamentals like running, jumping, throwing and catching.
Photos by Ted Brown

The 'essence of love' can be recaptured at...

Downtown Spa & Relaxation Centre

Unifying Body, Mind & Soul

♥♥♥ Sweetheart Escape

- ♥ Tropical Hot Tub Hideaway
- ♥ 60 minute Couples Anti-Stress Massage
- ♥ For Her: Hot Stone Pedicure & Mini Manicure
- ♥ For Him: Hot Stone Sports Pedicure & Paraffin Hand Treatment
- ♥ Champagne and Chocolate Truffles
- ♥ 3 hours ♥ \$240.00/two
- Upgrade to 60 min. Couples Hot Stone Massage \$ 290.00/two

♥♥♥ Spa Delicious

- ♥ Tropical Hot Tub Therapy
- ♥ Cocoa Body Polish
- ♥ Decadent Chocolate Body Wrap with Chocolate Kiss Mini Facial
- ♥ 2.5 hours ♥ \$150.00

♥♥♥ Cupid's Arrow

- ♥ Tropical Hot Tub Therapy
- ♥ 60 min. Soothing Hot Stone Massage
- ♥ 15min. De-Stress Facial Massage ♥ \$95.00

♥♥♥ Luxurious "I Love Me"

- ♥ Hot Stone Manicure & Pedicure ♥ \$75.00
- OR
- ♥ 60 minute Anti-Stress Massage ♥ \$65.00

At Downtown Spa & Relaxation Centre we believe that the elimination of stress and tension is critical to the improvement and maintenance of overall well being.

Treatments are designed to satisfy our clients and are provided and performed by highly trained staff in the field of massage therapy, aesthetics and skincare as well as a full range of body therapies.

Our on going goal is to pamper our clients with spa treatments that are affordable and revitalizing while adhering to the strictest Spa Guidelines of Service and Cleanliness.



Dorri L. Bland
Spa Owner & Director

For Pricing Guidelines and Information on Other Spa Services

905-873-4907

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Winter Hours:
Mon. Closed, Tues.- Fri. 1-9 pm
Sat. 10-6 pm, Sun. Noon-5pm

Check our website for monthly promotions & special events"

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