



ULTIMATE HOCKEY TRAINING NEW LOCATION

348 Guelph Street, Unit 9, Georgetown Ontario L7G 4B5
905-873-8484 www.ultimatehockeytraining.ca

**WE BRING OFF ICE TRAINING TO A WHOLE NEW LEVEL
FULLY EQUIPPED SPORTS SPECIFIC TRAINING CENTRE**

SKATING TREADMILL:

- Become a more technically sound skater
- Increase skating efficiency
- Increase Speed
- Increase Power
- Increase Acceleration

RAPID SHOT SHOOTING LANE NOW WITH SYNTHETIC ICE:

- Interactive Systematic Shooting System
- Shoot up to 800 puck's per hour
- Instant Feedback
- Private Lessons
- Develops puck reception, reaction time, puck speed as well as accuracy

CONDITIONING EQUIPMENT

Vertimax 8 Plus
Atlantis Functional Trainer
Freemotional Dual Cable Cross

- Half Rack with Olympic Platform
- Reebox Tomahawk Spin Bikes
- Jacobs Ladder



Coming Soon Real Ice Training